

Marilyn's Musings

For the first time my 'musings' will be available to all households from the Looe to Fowey rivers and all points in between as, by the time you read them, I will have been licensed as Priest in Charge of Lanteglos-by-Fowey, Lansallos and Talland in addition to Pelynt and Lanreath.

Many have expressed concern for both my welfare and their own lack of 'priestly' cover until an Associate Priest is appointed to live in Polruan.

If we are honest, none of us really like change – we know what we like and we like what we know; yet we accept change in our daily lives – the seasons, our age, our relationships – but when it comes to Church, we expect things to be like in the 'good old days'.

But we are living in changing times, long gone are the days when there was a priest in every parish, but rest assured, as I live in the centre of these five parishes, almost equidistance from Talland as Polruan, I am able to reach those in need in a relatively short time.

We are very blessed that across the five parishes we have three Readers, nine Local Worship Leaders and fifteen Pastoral Ministers – each of whom have God given gifts and talents and are trained to share the ministry of the Church with me.

Interestingly the Bible readings for yesterday (5th July) were Mark 6:1-13 – where Jesus was rejected in his home town; and from Paul's second letter to the Corinthians chapter 12 - verse 9 reads "My grace is sufficient for you, for power is made perfect in weakness".

Yes, things are changing, and some might think we are weaker for it, but God has called a number of people to Minister here and will empower them through His grace to continue His Mission – I would ask that you do not reject them as Jesus was rejected – but rather embrace, encourage and support them and me, in all that we do in His name.

My prayer is that each of you will know the Grace of God in and through those with whom you meet at work, rest and play.

Yours in Christ

Marilyn



Kathleen and David Gula spoke about life in Nigeria at St Wyllow on Sunday 19th July - see article on p 14 Photo: Peter Skellern

From the Editor

Don't you love Fetes and Carnivals? They are all just about to happen so get the jams out of the store cupboard, the cakes in the oven and the costumes out of the dressing up box. You can get the children making head-dresses out of old tights and swords and shields from cereal boxes. So Roll Up, Roll Up and enjoy the parade.

ne

Our title has changed to reflect the addition of the parishes of Pelynt and Lanreath to Lanteglos, Lansallos and Talland.

The Parish News will now be distributed to all five parishes and the Editorial team welcomes our new readers.

> Its your Parish News so lets hear your news. lpn@parica.force9.co.uk susan.shakerley@tiscali.co.uk

CHURCH DIARY

St. Wyllow Lanteglos, St. Saviour Polruan, St. Ildierna Lansallos St. Tallanus Talland, St. John Bodinnick, St. Marnarch Lanreath,

AUGUST

Saturday 1st 12.00 St. Ildierna Wedding

Sunday 2nd Trinity 9 09.00 St. Ildierna Morning Prayer 09.30 St. Marnarch Holy Communion 11.00 St. Saviour Parish Eucharist 11.00 St. Tallanus Morning Prayer 17.00 St. Nun Songs of Praise 18.00 St. John Evening Prayer

Thursday 6th 10.00 St. Saviour Holy Communion

Sunday 9th Trinity 10 10.00 St. Marnarch Tea & Toast 11.00 St. Nun United Village Service 11.00 St. Tallanus Morning Prayer 11.00 St. Wyllow Parish Eucharist 18.30 St. Ildierna Evening Prayer

Thursday 13th 10.00 St. Saviour Morning Prayer

Saturday 15th 11.30 St. Marnarch Wedding

Sunday 16th Trinity 11

- 09.00 St. Ildierna Holv Communion
- 11.00 St. Wyllow Morning Prayer (BCP)
- 11.00 St. Tallanus Parish Eucharist & Baptism
- 17.00 St. Marnarch Informal Communion & Baptism
- Thursday 20th

10.00 St. Saviour Morning Prayer

Sunday 23rd Trinity 12 09.00 St. Wyllow Parish Eucharist 09.30 St. Marnarch Family Service 11.00 St. Nun Holy Communion 18.30 St. Ildierna Evening Prayer

Monday 24th - Thursday 27th POLRUAN HOLIDAY CLUB

Sunday 30th Trinity 13 09.30 St. Saviour Family Service 11.00 St. Nun Benefice Holy Communion 18.30 Coal Wharf Polruan Songs of Praise

SEPTEMBER

Thursday 3rd 10.00 St. Saviour Holy Communion

Saturday 5th 12.00 St. Marnarch Wedding

Sunday 6th Trinity 14 09.00 St. Ildierna Morning Prayer 09.30 St. Marnarch Holy Communion 11.00 St. Saviour Parish Eucharist 11.00 St. Tallanus Morning Prayer 17.00 St. Nun Songs of Praise

Thursday 10th 10.00 St. Saviour Morning Prayer

Saturday 12th 14.30 St. Nun Wedding

Sunday 13th Trinity 15 10.00 St. Marnarch Tea and Toast 11.00 St. Nun United Village Service 11.00 St. Tallanus Morning Prayer 11.00 St. Wyllow Parish Eucharist 18.30 St. Ildierna Evening Prayer

Thursday 17th 10.00 St. Saviour Holy Communion Saturday 19th 14.00 St. Ildierna Wedding Sunday 20th Trinity 16 09.00 St. Ildierna Holy Communion 11.00 St. Wyllow Morning Prayer 11.00 St. Tallanus Parish Eucharist and Harvest Festival 17.00 St. Marnarch Holy Communion Thursday 24th 10.00 St. Saviour Morning Prayer Saturday 26th tba St. Tallanus Wedding Sunday 27th Trinity 17 09.00 St. Wyllow Parish Eucharist 09.30 St. Marnarch Family Service 11.00 St. Nun Holy Communion & Baptism

18.30 St. Ildierna Evening Prayer HARVEST FESTIVAL

From the registers

Baptisms

28th June - Imogen Florence Gilbert - St. Nun, Pelynt

26th July - Elizabeth Rose Libby - St. Marnarch's Lanreath

Weddings

6th June - Kenza May Pollard to Andrew Mark Hooper - St. Nun, Pelynt

27th June - Jacqueline Ann Hawkins to Michael Garnet Rolls - Talland

4th July - Amber Aiden Aldred to Matthew James Parry - Talland

11th July - Claire Jose Libby to Nicholas Mark Choules - St. Wyllow

24th July - Freia May Bladon to Stephen Woolard - St. Ildierna

25th July - Antonia Elizabeth Shakerley to Adam Hilliard - St. Wyllow

Funerals

17th July - Basil Anthony Miller (Spam)



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Lansallos Parish News

by John Feesey, Honorary Treasurer

First, a very warm welcome from us all at St Ildierna to the Reverend Marilyn who, as I write this, has just taken her first service with us as our new Priest-in-Charge. We hope and pray that your ministry in our new, larger benefice will be long and happy.

Mr Peter and Mrs Pat Baldacchino have been gratefully remembered in the Lady Chapel of St Ildierna by a small plaque fixed near the curtain screen which was installed and funded earlier this year, thanks to their generous legacy to the church. The PCC was able to afford not only to commission the screen, to provide a discrete storage space in the chapel, but also to refurbish the church toilets and provide disabled access and facilities. The legacy additionally contributed significantly to the cost of the work to repair the wall at the west end of the Lady Chapel which had suffered from damp for centuries. This is a perfect example of how a gift in your will can benefit a rural church like St Ildierna, with a small congregation that otherwise struggles to maintain such a large and beautiful but ancient building.

And, did you know that a legacy to a charity like your church is exempt from inheritance tax (IHT)? Thus, where an estate is liable to IHT, every £100 left to your church reduces the IHT due by £40. Or, to put it another way, for every £100 left to your church, the cost to other beneficiaries is only £60. Furthermore, following changes to legislation a couple of years ago, a legacy of 10% (or more) of your estate to your church has the benefit of reducing the rate of any IHT payable from 40% to 36%. So, whether you anticipate that your estate will be liable to IHT or not, do please consider leaving a gift in your will to the church you love. It can make such a difference, as Peter and Pat have shown at St Ildierna.

When you read this the Lansallos Fete will have taken place and the PCC would like to thank everyone who contributed in any way, whether by baking, growing plants for sale, making jams, manning stalls, providing cream teas and the bouncy castle or all the other myriad jobs that go into putting on such an event. And a special thank you to all who came and supported us!

The next event is the **Harvest Festival at 6.30pm on Sunday**, **27**th **September**. Featuring by popular demand the lovely Liskeard Ladies Singers, the service will be followed by light refreshments and sale of produce. Looking further ahead, Lansallos Church will be hosting a performance by the famous **Pelynt Male Choir at 7.00pm on Saturday**, **10**th

October, also followed by refreshments and with free entry, donations invited – do put it in your diary now!

Gans gorhemynadow a'n gwella! (With best wishes! - in Cornish)

Changes in the Parish

In the last issue of the Parish News we told you all about the changes at Church. So most of you will know that Rev. Louise has now gone to her new life in France. Sunday June 28th was her last service here in the parish and St. Wyllow was packed with people to give her a good send off. It was a lovely service and the amount of food for the bring and share lunch had to be seen to be believed and made the inadequate number of tables groan.

We wish Rev. Louise a happy and well deserved retirement and we welcome Rev. Marilyn Elliot as our new Priest-in-Charge. As you will see the Church Services section now includes services at Pelynt and Lanreath and our new front cover reflects our new family of Churches. Please do 'try out' some of the other Churches. It's good to get a different slant on worship, community spirit and doing Church differently.

Choir News

The Choir will probably begin rehearsals for Advent and Christmas on Tuesday October 6th (Jill will confirm this nearer the time).

We need more members and would love to welcome you to our practices. We will be singing as usual on Advent Sunday (November 29th) St. Saviour's Carol Service (Sunday December 13th) and of course at Midnight Mass on December 24th at St. Wyllow.

Rehearsals are on Tuesday evenings at St. Saviour, Polruan, at 6pm. You do not have to be able to read music. We do sing from music sheets but if you are new we will stand you next to someone who knows the music and you will soon pick it up. Hope to see you there.

The Churches of Lanteglos by Fowey , Lansallos , Lanreath,Pelynt & Talland				
Priest in Charge	Revd. Marilyn Elliott 01503 221159			
Lanteglos				
Churchwardens	Anthony Ware 01726 870696			
	Colin Payne 01726 870715			
Treasurer	Graham Tyson 01726 870221			
Secretary	Kathryn Hill 01726 870953			
Lansallos				
Churchwardens	Brian Langdon 01503 272269			
	Margaret Phillips 01503 272430			
Treasurer	John Feesey 01503 220884			
Secretary	Glen Feesey 01503 220884			
Pelynt				
Churchwardens	Sheila Morrell-Davies 01513 220976			
	Frank Edwards - Ex Directory			
Treasurer	Graham Whiteley 01503 220688			
Secretary	Sheila Morrell-Davies 01503 220976			
Lanreath				
Churchwardens	Rose Northcott 01503 220475			
	Dawn White 01726 870743			
Treasurer	Peter Bartram 01503 220490			
Secretary	Jenny Bartram 01503 220490			
Talland				
Churchwardens	David Bailey 01503 262890			
	Sheridan Hughes 01503 264948			
Treasurer	Joe Sharples 01503 273466			
Secretary	Jenny Hall 01503 598267			

NEWS FROM LANREATH

As we all now share one Priest in Charge, Reverend Marilyn, we would like to thank you for the privilege of sharing your Parish magazine too.

Lanreath is a thriving village with many new homes being constructed in the past three years. The Village Shop and Post Office is a boon for the parish, and also, for the surrounding areas. The Village Hall has been refurbished with a well equipped kitchen, the hall floor has been renewed and the Rally Club, adjoining, is a popular meeting place. The hall is available for hire and is well patronised by several sporting and social organisations. A recent newcomer is the Lanreath Community Choir, who are performing for the first time at Padstow at the beginning of July. The Parish Council meet at the hall monthly and we have a fledgling Neighbourhood Planning group. Our website www.lanreath.com is updated regularly and many functions and aspects of Lanreath can be easily located there.

There are two groups which support and organise entertainments - the Amenity Group which has a monthly Bingo evening, a summer social event and an amazing Christmas Dinner for the older members of the community. Lanreath Spirit organizes the very successful annual May Day event, Quiz and Curry evenings and events for the community in the Village Hall. We too have a Community bus, which has wheelchair facilities, shortly to be replaced by a brand new vehicle. Trips are organized by volunteers for the benefit of all but particularly appreciated by those without transport.

Lanreath Ladybirds (pre-school) hold sessions twice a week in the village hall (Tuesday and Thursday mornings) and attract families from within the village, Pelynt and wider community.

St Marnarch's Church, in the centre of the village and opposite the Punch Bowl Inn, currently and sadly closed, hosts Soup Lunches once a month at noon during the Autumn, Winter and Spring, (the next Soup Lunch will be held 23 September), and during the summer we serve Afternoon Cream Teas in parishioners' gardens. We have established a Tea, Toast and Tales service on the second Sunday of the month where parents can enjoy refreshments whilst their children are entertained (and also fed).

We organise an annual dinner, this year A Safari Supper, which was greatly enjoyed by all. Next June we have booked The Loveny Choir to perform in Church, and hope to host a Flower Festival. At Christmas we hold Carols on The Green which commences at the Village Hall (many dressed in costume) and progresses down to The Green and subsequently the Church to conclude the service followed by mulled wine and mince pies.

We would be very happy to welcome you to any of these village events and to the services in St Marnarch's Church.

PARISH DIARY

AUGUST

Saturday 1 Fowey Hospital Fete

Polruan Regatta and Childrens Sports. Beach Gala & BBQ & Disco.

Saturday 8 Church Fete. Coal Wharf Polruan 2pm

Sunday 16 Polruan Village Hall BBQ. Coal Wharf

Monday 17 - Sunday 23 Fowey Regatta Week

Monday 24 - Thursday 27 Holiday Club 10am - 3.30pm

Thursday 27 Holiday Club Finale 6.30

Saturday 29 Regatta Crabbing Competition

Polruan Fire Brigade Coffee Morning 10 - 12.30

Sunday 30 Regatta Service am Childrens Sports pm

Monday 31 Polruan Regatta Day

SEPTEMBER

Tuesday 1 Talland Social Committee & Fundraising Meeting 7pm Falaise

Wednesday 2 Octaves WI Hall 12.30 870691

Thursday 3 Poetry Group 2.30 870217/691

Talland PCC Meeting 7pm Listowel House, Listowel Drive, Looe. New Venue.

Friday 11 Art Group 2pm WI Hall

Saturday 12 Age Concern Coffee Morning 10.30 Whitecross Village Hall

Sunday 20 Fowey River Triathlon

Talland Church Bring and Share Lunch After Harvest Festival

Friday 25 Art Group - as above

Sunday 27 McMillan Coffee Morning 10.00 WI Hall

Thanks

The Lanteglos Parochial Church Council would like to thank all those who contributed to Rev Louise's retirement fund. A considerable amount was raised and we are grateful to you all.

Graham Tyson, PCC Treasurer.

PARISH NEWS

Stay in touch anywhere around the globe

The Parish News is now available on the worldwide web at www.lanteglosbyfowey.org.uk

The official website of Lanteglos by Fowey Parish Council

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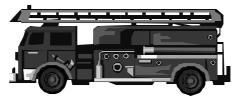
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Lanteglos Community Bus

	Timetable	
	August	September
St Austell	4 & 18	1 & 15
Trago/Liskeard	12	9
Truro	26	23

The bus leaves the main car park at 9.25 then as requested at Furze Park, Corner, Well, Greenbank and Ferris Way To book, please call in at The Lugger or phone 870007 (please do not phone before 9am)

Volunteer bus drivers always required



Polruan Fire Station Coffee Morning

Our annual charity Coffee Morning will be held on Saturday 29th of August 2015, on the Quay and Old Coal Wharf, between 10am and 12.15pm. (If wet the event will take place in the Fire Station, Greenbank) All proceeds will be in aid of the Fire Fighters Charity (reg number 1093387)

Stalls will include Fire Fighters Charity souvenir goods, cake stall, Roast raffle, Fruit Raffle, Tombola, refreshments, games and competitions. Any donations of cakes, raffle prizes and small items for adult and children's Tombola would be greatly appreciated, as would any assistance you may be able to

give on the day. Please contact Steve Stroud on 870712 or Peter Hadley on 870423 to arrange collection, or call into the fire station on Wednesday evening between 6.30 and 9pm.

We look forward to your support on the day, everyone is welcome, please bring some friends too. Fingers crossed for plenty of sunshine.



Local History Exhibition

Isabel Pickering's well known and well loved local history exhibition will again be held between 26th-30th August at Whitecross Village Hall. There will be about 1000 pictures on display plus maps, censuses, diaries, wills, Parish Registers, etc for those wishing to research. Tea and Coffee will be available on request.

Polruan WI News from Chris Cox, Vice President

Our June meeting was held on June 11th at 7pm. The talk was by Paul Reynolds on "The work of the Monkey Sanctuary".

The Sanctuary has been running since 1964, and it's founder was Len Williams. It changed its name to "Wild Futures" for charity reasons. The work it does is restoring natural habitats and the conservation of primates. They also teach others in Europe to do the same. They want to end the trade in primates as much as possible.

When The Monkey Sanctuary started they had only Woolly Monkeys and although they still have a few of these, they now have mainly Capuchines. The monkeys are kept in a huge interlinked cage system which stretches all round the zoo, which gives them much more freedom than the traditional type of cage. And they don't eat only bananas, they have a carefully balanced diet so that they don't end up overweight or with rotten teeth. The Zoo currently has 38 primates of which 29 of them are Capuchines. Monkeys do not make good pets. As they grow older they may turn on the handlers family by biting, showing jealousy and generally being untrustworthy.

At the end of this fascinating talk, Paul asked us to recommend the Zoo and the work it does. To urge people to visit and make a donation so that they can carry on this very worthwhile work.

After Paul had been thanked, we asked him to judge our 'Banana Muffin' competition.

First was Chris and Second was Kathryn.

Our next meeting will be Thursday September 2nd at 7pm. The talk will be by Pam Ward on "Boconnoc - Cornwall's ancient and unique estate. The Competition will be a floral arrangement in a pretty teacup. See you then.

Polruan WI Summer Outing from Chris Cox, Vice Chairman

Polruan WI Summer outing to

Lanhydrock for a garden tour and an afternoon tea could not have been nicer ! The sun shone all afternoon and we had an interesting and colourful walk around the gardens with a guide. The guide explained the history of some of the plants, where they had come from and how the gardens themselves were designed. We didn't go into the house itself, but we were told about the family who lived there.

After the tour we made our way to the tearooms for a well earned cuppa and cake and even had time to browse in the shop on site.

All too soon it was time to go back to the minibus for our journey home. It was a beautiful afternoon and the only sadness was that there weren't more of us. I would personally recommend a visit to this beautiful house and garden. Allow lots of time and soak up the Cornish Heritage.

KOOL KIDZ FUN KLUB

Despite an amber weather warning the 'Hike with Camp Cooking' for the older KKFK members went ahead on July 3^{rd} and was thoroughly enjoyed despite a few spots of rain – fortunately the rain lasted only a minute or two and the weather was warm. Many thanks to Andy Simmons of the National Trust and his family – without them it would be so much harder to hold such activities! By the time you read this we will have had our last meeting of term on 17^{th} July. Dates for September are 11^{th} & 25^{th} but before that we have Holiday Club from August $24^{th} - 27^{th}$ – see below for details.

POLRUAN HOLIDAY CLUB 2015: "He's got the whole world in HIS hands!"

The Kool Kidz Fun Klub Holiday Club will be from Monday 24th to Thursday 27th August from 10 a.m. to 3.30 p.m. daily in St Saviour Church, Polruan Village Hall and out and about in Polruan. It is for children in School Years Reception to Year 7 [including those recently promoted to Year 8 at Fowey River Academy]. The cost is £7 per child per day but £5 for KKFK members. As always visitor's children are welcome to join in. Brochures are available – ask Kathryn [870953] or Bonnie [870436].

Activities will include games, jokes, songs, drama, forfeits, challenges, arts & crafts, the ever popular water fight, and a drumming workshop. Holiday Club is underpinned by Christian values, encouraging good choices, positive social interaction and personal growth.

CHILD PROTECTION: The safety of your children is of prime consideration to us at Holiday Club. We are always careful to adhere to current Child Protection Regulations with correct registration procedures and CRB/DBS in place for Leaders. Our child protection policy is in accordance with the Diocese of Truro; please contact us if you would like to see a copy. Please note that drinks and biscuits are provided but a packed lunch (CLEARLY NAMED PLEASE!) will be needed each day.

Pre-school children with accompanying parent or carer are invited to join us on the Tuesday morning [25th August] for which the cost will be £3 please ask for an invitation if you have a pre-school aged child who might like to come.

Everyone is invited to the exhibition of the children's art and craft work in Polruan Village hall from 5.45 on Thursday $27^{\rm th}$ August; there will be a raffle and refreshments. This will be followed by the 'Holiday Club Finale' in St Saviour Church at 6.30 p.m.

Kathryn Hill, for KKFK leaders and Holider Club Leaders

Au Revoir—Louise

An excerpt from Richard Hews' farewell to Louise following her last service at St. Wyllow on Sunday 28th June.

I'm afraid there's no such thing as a free lunch and I have been asked to say a very few words on your behalf to Louise. So here goes.

You have been here and put up with us for ten years now and some might say, for that achievement alone, you deserve to be made a Saint. I remember well your induction service on 20 September 2005 with Bishop Roy, since when a lot of water has passed under the bridge.

For starters you hand, not one or two or three but five parishes and seven churches to Marilyn who I suspect is already finding out that you are no easy act to follow particularly in terms of the enormous commitment you have given to all of us and our congregations over that period of time.

Your support has embraced a number of organizations that form part of our Parish life - the Theatre Club, RNLI, National Coastwatch, the WI, the Church Choir, Age Concern, the Painting and Stitching Group, the Primary Schools, the Coastguard and Fire Service - and no doubt many others which I have omitted to mention with apologies.

It is also important to give you warm thanks for your inspiration that we have Kidz Club and that you started "Open the Book" teams going into Polruan and Polperro Schools – thereby reaching out to our young. We owe you an enormous debt of gratitude for all that you have given with such a positive attitude.

I recall Archbishop Justin a few months ago on Desert Island Discs talking about his attitude towards life. At the start of each day he said, "attack the day because if you don't attack the day, it will attack you". Good advice indeed. On 10 July, you are going to cross the Channel and attack France and start the next chapter of your journey. All I can say is that you go with our love and prayers and you will always receive a warm welcome, I hope when and not if, you return to visit us.

In the meantime, we are all going to miss you but I think it's a case not of Goodbye but Au Revoir or A Bientot which, to help with your no doubt rapidly improving grasp of the French language means "Until the next time".



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Children's Hospice South West, Little Harbour

- from Lynn Bartlett and bella Tyson.

Our book sales continue to be popular along with our book shelves in the Reading Room. Sales will continue every Tuesday through August. We have a varied selection of children's books for all ages, all at 50p each.

Our funds have received and continue to receive a generous boost thanks to Polruan artist, Jane Walker. Jane curated a pop-up art show during the Fowey Big Gig weekend and nominated Little Harbour along with Motor Neurone Disease Association and The Missions to Seafarers to be the benefiting charities from this continuing event. Thanks go too to Mark and Jeanette Sainsbury for hosting the art show at The Toll Bar in Fowev.

We continue to collect and pass on for recycling used printer cartridges, mobile phones, jewellery and used stamps. Thank you for your support. Lynn Bartlett 870536.

Fowey River Triathlon from Tony Bartlett.

The 30th Fowey River Triathlon will take place on Sunday 20th September with the first competitors entering the water at 9.30.a.m. A nominated charity to benefit from the event will be chosen at the next meeting of the organisers, Fowey River Lions Club.

If anyone feels that they are able to help with marshalling or in any other way please contact me on 870536. Thank you.



Hall Walk

At long last the pathway from Polruan to Pont and Bodinnick along Hall Walk is open again. Sometimes it seemed as it would never re-open after the landslip on the outskirts of Polruan.

However, we have been told that since the path has been re-opened there has been a certain amount of fly tipping. This is totally unacceptable anywhere but especially in an area which is noted for its beauty and recreational use. Will those who are responsible bear in mind that this is an offence which is not only a crime but causes a great deal of upset to those who see the results of this needless action.

Fowey Library & One Stop Shop

Memory Café – Thursdays 13th, 27th August, 10th, 24th September 2-4

Fowey Readers' Group - Fridays 28th August & 25th September 10.30-11.30

Fowey History Group - Fridays 21st August & 18th September 2-4

Sing & Sign -Whilst Caroline is on maternity leave, all mums and dads with 0-2 year olds are welcome to a drop in to a self-run Baby Bounce session on Fridays 9.45-10.30. We have a Rhymetime cd and musical instruments and tea/coffee is provided.

With the Mobile library no longer calling regularly please do contact us if you would have difficulty getting to a library and we shall do our best to provide you with a Home Library Service delivery with the help of a Royal Voluntary Service volunteer. Equally if you know of someone who you think may benefit from this service please do ask them and let us know their details so we can get in touch. We really don't want anyone to miss out on having books to read!

Do call in to see Fowey River Camera Club's collection of stunning photos in the library - most are available for purchase.

The Summer Reading Challenge theme this year is in full swing with the theme being Record Breakers. If you are aged 5-11 (separate mini challenge for 4 year olds) it's still not too late to sign up to discover AMAZING world records as you read your way through your choice of library books, collecting stickers as you go (some are stinky!) to complete your fold-up poster.

We've had visits from Polruan and Fowey Primary schools at Fowey and we spent a hilarious hour with the children seeing how many socks they could fit on to 1 foot in a minute, how many Lego bricks they could pick up with one Lego brick in one hand, how many times a ball can be passed round your waist in 30 seconds and how tall a tower of paper cups can be built in 30 seconds (likewise with toilet rolls although we did have a note from our cleaner in the meantime wondering where all the toilet rolls had gone!!).

The Lego Club for 5-10 year olds at Fowey Library has proved very popular and successful and we now have a waiting list. The Club will restart after the Summer Holidays on alternate Tuesday afternoons 3.30-4.30 so do put your name down if you would like to join.

Latest addition to the Online Reference Library is **PressDisplay digital** newspapers which provide you with instant access to daily newspapers from the UK and around the world, in a variety of languages. All you need is your library card and you could be sat outside with your I-pad, coffee and a croissant reading Le Figaro in no time at all.

Our normal opening hours are: Monday CLOSED, Tuesday 9.30-5.00, Wednesday CLOSED, Thursday & Friday 9.30-5, Saturday CLOSED Tel: 0300 1234111 Email: fowey.library@cornwall.gov.uk



Val and Des after the wedding of their daughter Claire to Nick Choules

Polruan Bloomers

from Andrea Francis

The above group is holding a "Clean-Up Weekend on 5th/6th September 2015. The intention is to weed and clear the edges and corners of the village. Volunteers to help will be very welcome and coffee and cake will be provided! A notice giving details will be in the shop window nearer the time.

ALSO - it is hoped that we can place plant containers at the corner of Fore Street and East Street. We need a couple of old troughs, sinks or heavy pots. If anyone is able to donate any of the above, or appropriate plants to go in them, they would be gratefully received. If you can help in this way please contact Andrea Francis on

Imagine

Imagine there is a bank account that credits your account each morning with \$86,400. It carries over no balance from day to day. Every evening the bank deletes whatever part of the balance you failed to use during the day.

What would you do? Draw out every penny, of course?

Each of us has such a bank. Its name is time. Every morning, it credits you with 86,400 seconds. Every night it writes off as lost, whatever of this you have failed to invest to a good purpose. It carries over no balance. It allows no overdraft. Each day it opens a new account for you. Each night it burns the remains of the day. If you fail to use the day's deposits, the loss is yours. There is no drawing against "tomorrow". You must live in the present on today's deposits. Invest it so as to get from it the utmost in health, happiness and success.

The clock is running. Make the most of today.

Local residents honoured by HM the Queen

Two local residents have been recognised for outstanding community service in the recent Queen's Birthday Honours list. Both Des Libby, our Polruan milkman, and Cdr Tony King of the Polruan Coastwatch station (*see page 19*) were awarded the British Empire Medal in June.

Des Libby BEM

Des received his award in recognition of decades of devotion to the village of Polruan and its surrounds, his many roles providing "exemplary service to the community". Des said, in typically modest fashion: "It all came as a bit of a surprise. When I got the letter, I thought it was somebody trying to wind me up." However, he added: "I am really pleased. It is an honour to be recognised by my countrymen for doing something in my day to day life that I enjoy doing." Des has been doing his milk round since the 1970s, and much more too-delivering Christmas cards, collecting for charity or simply keeping an eye out for all his customers. He has been a member of the Children's Regatta and Sports Committee for over 30 years, organising fun activities for local children and visitors alike. He has also been a volunteer member at the Fire Station for 34 years, putting his local knowledge to good use as a driver. Perhaps most taxing, though, is his position as station leader for the Polruan Coastguard station, mounting cliff rescue operations throughout the year. Des joined this volunteer unit when he was 18 years old—"in those days when you were 18, that's what you did." And despite all these other commitments, he still runs the twice monthly training sessions, adding interest and motivation for other members of the team.

Having lived here all his life, Des's life is truly tied to Polruan and contributing to out lives, wellbeing and safety.

Our heartfelt thanks and congratulations go out to this outstanding member of our community.

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LETTERS TO THE EDITOR

Sue Shakerley, Coombeland, Lanteglos-by-Fowey PL23 1NL. susan.shakerley@tiscali.co.uk PHONE 870211

Or use the letterbox in the porch of St Saviours Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that anonymous contributions are not acceptable. Please give your name & postal address: this will not be published in full unless you specifically request it.

Tinkers Hill Rubbish from Mel Hicks Polruan

I cannot be the only one to be sick and tired of the selfish holiday makers leaving black bags of rubbish at the bottom of Tinkers Hill days too early for collection.

Of course, the result is litter and filth (including dirty babies nappies as I write today) strewn everywhere. This will then sit around getting messier and smellier all weekend long until the poor waste collection men have to clean it up on Monday morning.

How horrible for new arrivals to be greeted with this sight, not to mention all who have their weekend walks marred by this disgusting mess.

One sensible soul has tied a gull proof sack to the pole at the bottom of Tinkers Hill in a bid to alleviate the issue. However, some bright spark subsequently decided to fill it with mixed recycling. This of course, will not be collected unless separated and placed in designated bags.

I myself have put discarded black bags inside the sack on several occasions if there is enough room to do so.

It is hard to ascertain which cottages are the culprits but the owners/agents surely know.

There is currently the same problem occurring directly outside "Smugglers" in West Street! I have no idea whether that property is for let or has a regular occupant. Can anyone name and shame?

The buck stops with the owners and agents! For goodness sake, provide your property with a dustbin or gull proof sack and ensure your guests know to use them. This has to stop!

We agree

We continue our campaign to get owners and their agents to provide seagull proof bins/bags and also to instruct their guests NOT to put out rubbish for collection until early on Monday morning. We intend to name and shame those who do not co-operate—Editor

Speed limit for Highway

from Mrs. Lynn Crotty Trepella, Lanteglos Highway

My husband and I live in Trepela, Lanteglos Highway, and to our great sadness our cat was killed on July 2nd on the road outside our property.

The cars speed past at sixty miles a hour and more rushing to get to and from the ferry . When you come from the ferry there are no signs telling the speeding motorist that there is a village at the top of the hill. Some people may say it was only a cat but what if it had been a child.

Surely there need to be speed restrictions on this road.

What does anyone else think ?

Well done Tricia

Tricia Swiggs from her friends at Lanteglos Age Concern

All your friends just wanted you to know how brave and courageous we think you were during the unfortunate incident at Whitecross last month.

It took a great deal of quick thinking and unselfishness to step in and care for the injured child, summon medical help and generally take charge. Well done Tricia.

Read down under!

from Mary Taylor 3 Warren Street, Cootamundra NSW 2590 Australia

My husband Jim Taylor and his family lived in Polruan and now his sister June Pearson in Yorkshire has arranged for the magazine to be sent to us. I read it from end to end and enjoy the news of Frogmore and Nigeria. Jim's family were all born in Polruan. I lived in Pelynt before we were married 60 years ago. It's nice to get news from home.

for us, this makes the hard work so worthwhile - thank you Mary - Ed



CLOSING DATE OCT-NOV ISSUE

COPY & LETTERS

to Sue Shakerley, Coombeland, Lanteglos-by-Fowey PL23 1NL. susan.shakerley@tiscali.co.uk PHONE 870211

Or use the letterbox in the porch of St Saviours Polruan

> not later than 14th SEPT

from Des Libby BEM

I still can't believe it. I'm still trying to take it in and don't know that I really have, it just feels so unreal that this honour should happen to me, I've gone through a lot of emotions from feeling undeserving and even guilty to a sense of over whelming pride. My family, as I am, are really delighted. The girls keep saying that's really cool dad and Val is looking forward to the presentation and possibly a trip to the Palace.

I'd really like to thank all the people who wrote in and supported the nomination and managed to keep it from me for so long. I've tried to get across that what ever I do I'm part of a team whether its with the Fire Brigade, Coastguards, Regatta Committee or just delivering on my round so I'm accepting this award on behalf of everybody that I've worked with over the many years.

Also many thanks for all the cards and messages of congratulations I've received since the announcement.

PM calls time on Gulls ?

David Cameron called for a big conversation about seagulls after two dogs and a tortoise were killed. Speaking in the West Country the day after a warning that someone could be seriously injured unless steps were taken to control their numbers, the prime minister declined to join calls for a cull. Mr Cameron told BBC Radio Cornwall "It is a dangerous subject for the prime minister to dive into and come up with an instant answer with the issues of the protection of seagulls, whether there is a need for a cull, what should be done about eggs and nests. I think a big conversation needs to happen about this and frankly the people we need to listen to are people who really understand this issue in Cornwall, and the potential effects it is having. Reading the papers this morning about how aggressive the seagulls are now in St Ives, for instance, we do have a problem."

The owner of a yorkshire terrier pecked to death last month in her back garden near Newquay feared her young children were in danger. The gulls have been nesting on Emily Vincent's home: but she was not allowed to remove them. Seagulls also killed a pet tortoise by flipping it over and pecking at his underbelly. Stig's owner Jan Byrne, from Liskeard, Cornwall, said the pet died two days after the attack "They turned him over and were pecking at him. We were devastated," she, said.

Earlier this year nesting gulls were blamed for killing Bella, a Chihuahua, in Devon.

Steve Double, the Tory MP for St Austell & Newquay, has written to Liz Truss, the environment secretary, "to ask what can be done to control the seagull population in Cornwall"

Write to Steve Double MP and Sheryll Murray MP at The House of Commons, London SW1A 0AA

Thank you



Doctors All

Two members of the select band of ladies, who achieved doctoral status while living in the parish, raised a glass of bubbly recently to celebrate the addition of a third. Dr Patricia Moore and Dr Helen Doe toasted Dr Cynthia Lockeyear on her recent award of a PhD.

Pat, who lives at Colquite Farm, Highway, became a Doctor of Education in 2001 and after a 27-year career teaching in Cornwall and Examination Assessment throughout the UK and Overseas, retired in 2002. She is now a Parish Councillor and Chairman of South West Region Conservatives.

Helen is a well-known historian who gained her doctorate at the University of Exeter in 2001, where she is now a teaching Fellow. She lives in Mixtow, having moved from Polruan a few years ago. Her historical interests are wide ranging: from Cornwall, to international insurance and air power. She has published extensively and her research is internationally recognised.

Cynthia was awarded her PhD in International Politics, also at the University of Exeter, in June this year. She has lived in Polruan for 20 years, is a consultant in international governance and is a former journalist and public relations executive, in both the public and private sectors.

"Mr and Mrs Choules (Claire and Nick)

would like to thank everyone for making our wedding day on the 11th July so perfect. A special thanks to all those who helped so much with preparations for the day, and on the day itself. We would also like to thank everyone for the cards, gifts and kind words. We really did have the best day of our lives and it wouldn't have been possible without the help of our family and friends.

Tony and Lynn Bartlett thank everyone for so generously sponsoring them in raising funds for Breast Cancer Care, we have been able to donate an amazing £1580.47. The 10 mile Pink Ribbonwalk in Central London was an emotional and challenging experience. Jo and Jonathan join us to sincerely thank you for your good wishes and messages of support. After nine months of surgery and treatment, Jo is steadily recovering.

In Memorium from Julie Hender

Susan Curtis (Hender) passed away on 21st June, in Cork University Hospital, Cork, Ireland. Private cremation was held at the Island Crematorium on Friday, 26th June.

Joanna and I wish to thank everyone for their kindness and comforting messages during a difficult time. Julie.



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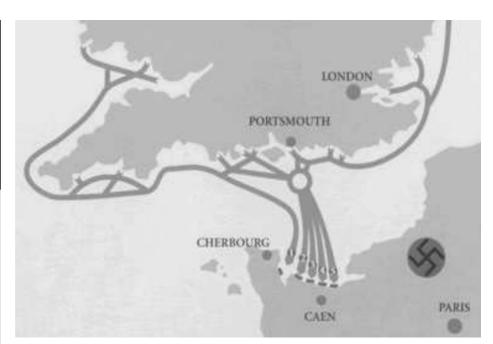
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The Exit from Fowey Harbour-JUNE 1944 **D-Day remembered**

What I remember most is the absolute stillness of everything. In a way we had suffered a small invasion of our own, when all those Americans came over, and quite a large number were in billets in and around Fowey.

We had grown accustomed to a very busy little harbour with the continued hub-bub and noise of their craft being on the go seemingly morning, noon and night! We were also now used to the American drawl and accent, and to seeing large numbers of these friendly, noisy men being around. 1 remember we all surmised something was 'in the offing' because for quite some days they were never very far away from their craft.

Waiting, I suppose, on the weather and the correct weather added to the subsequent stillness.

So, the harbour was full of busy activity one day, and the next all gone and everything so still! I missed, too, seeing the shirts, trousers, socks etc. blowing out on the lines. My father, a docker, brought numerous bags of laundry for Polruan women to do - all were glad to do this - and all of a sudden that came to a halt as well.

We had also got quite used to seeing the numerous empty Camel cigarette packets always around, and the young children my own daughter Janice among them, certainly missed the generosity of these strangers who gave them packets of American sweets, a welcome addition to their sweet ration!

My lasting impression was of the sudden stillness all around us. They left the quietness and went into what must have seemed an absolute bedlam of noise.

N.B. The Americans had taken over the hotels, guest houses etc., all along the sea front and, using his boat, it was from these places that my father collected the laundry bags.

Incidentally, I wonder how many of today's young people realise that the shelter above Whitehouse beach was put there by the Americans to commemorate their stay in Fowey.

Taken from the late Mavis Cocks book Memories of Polruan to obtain your copy see page 15

by Mavis R. Cocks

Illegal netting in the Fowey Estuary

Overnight Wednesday 15th/Thursday 16th July 2015 Officers from the Cornwall Inshore Fisheries Conservation Authority supported by Fisheries Officer Rob Hocking from the Environment Agency and Special Constable Russ Hall and Police RIB conducted a joint operation to detect and prevent illegal netting and marine crime on the River Fowey. This was in part as a result of reports received from the local community expressing concerns about incidents of suspicious activity on the river.

As a result a small unlit vessel was observed in the small hours setting a net in the Polruan area of the river. The vessel was intercepted with two male persons onboard and will be dealt with accordingly. The 500 metre monofilament gill net was seized by the team.

Special Constable Russ Hall said. I hope this will demonstrate that if the local community provides us with information regarding their concerns as to suspicious activity along our coastline and harbours that we will follow it up and take proactive measures to investigate it. So in that respect I'd like to thank Fowey Harbour Commissioners, Fowey & Golant Boatwatches and the local community for their continued support. I hope it will also demonstrate to those who may be considering nefarious activities in the marine environment that enforcement agencies including Harbour Authorities work together and will bring you to justice.

If you see suspicious activity on our Rivers or Coast please phone any of the previously mentioned agencies.

Environment Agency 24 hour incident hotline 0800 807060 Cornwall Inshore Fisheries Conservation Authority 01736 336842 Fowey Harbour Commissioners 01726 832471 Police 101 quote Operation Kraken. In an emergency dial 999 ask for Police or Coastguard as appropriate.

AGE CONCERN VOLUNTEER HOSPITAL DRIVERS

Should anyone need a driver to take them for a hospital appointment could they please make contact with someone from the following list.

DRIVERS	
Michael Davies	870246
Jinny Garrett	870792
Carol Gripton	870407
Eric & Cynthia Lockeyear	870144
Charles & Lesley Steele	870452
Graham & 'bella Tyson	870221
Kathryn Hill	870953
Kevin & Andrea Francis	870405
CHARGES	
Bodmin	£10.00
Plymouth	£16.00
Fowey	£ 4.00
Penrice	£ 8.00
Hayle	£ 25.00
Truro	£16.00
Liskeard	£10.00
Plus – Ferry fares, bridge tolls	and parking costs

A FERVENT PLEA (WITH ABJECT APOLOGIES TO NOEL

COWARD) from Tony Cottrell

Don't put your rubbish in the street, darling visitor Don't put your rubbish in the street. Or else it will be ripped to shreds By our friendly neighbouring gulls! Best cover it up in sacks That will stand up to attacks From our flying rodents, who are safe from culls. The herring gulls have cased the joint, they've go their eyes on you. They'll spread your trash all down the road before you get to Looe. Showing all the world what, last week ,you had to eat So we implore, darling vistor No more, darling visitor Don't put your rubbish in the street,

Don't put your rubbish in the street, darling visitor Don't put your rubbish in the street, And if you have to leave on Friday Then you have a choice You could fill up that black sack And take your garbage back Home in the boot of your Rolls Royce. Or if that prospect palls then perhaps you could well pay Some well-meaning local to put out yours when they do theirs It's up to us to keep the village neat So be sure, darling visitor, Keep it pure, darling visitor, Don't put your rubbish in the street

Don't put your rubbish in the street, darling visitor Don't put your rubbish in the street, And if you own the property And til now have passed the buck, Maybe it's time to think How best to stop this stink And keep the street outside well clear of muck Perhaps provide your paying guests with things to put it in, A trash can or a garbage pail or even a wheelie-bin! When faced with these. the most ferocious gull admits defeat So once more, darling visitors Don't ignore, darling visitors, Don't put your rubbish in the street!

Please see related letter on p 8 - Ed



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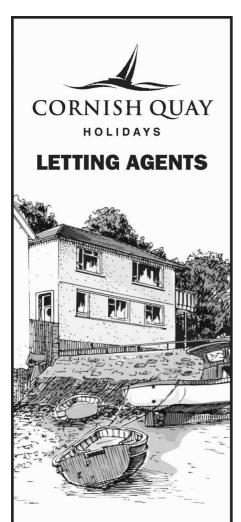
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I AM A QR CODE SCAN ME Lanteglos by Fowey Parish Council Planning Applications July 2015

Planning Applications received by Cornwall Council

PA15/04272 – Castle Green Cottage, West Street, Polruan – Retrospective application for various landscaping works to garden and replacement of shed with summerhouse. Members supported this application, provided that the summer house is no bigger than the current shed. This application is currently pending consideration by Cornwall Council.

PA15/05412-Daws Lombard, Lanteglos-Conversion of redundant barn to dwelling together with construction of garage and installation of septic tank. Members supported this application on the grounds that it would be an improvement. This application is currently pending consideration by Cornwall Council.

PA15/04830- 67 West Street, Polruan – Replacement of steps leading down to beach level from the cliff path, all within ownership of the property. Members objected to this application on the grounds that it exceeds beyond the owners boundary. This application is currently pending consideration by Cornwall Council.

PA15/04203- Chy Vounder, 2 Chapel Lane, Polruan – Proposed bft conversion and general refurbishments – (resubmission of withdrawn application PA15/00618). Members objected to this on the grounds that it invades the privacy of neighbouring properties. This application is currently pending consideration by Cornwall Council but has been resubmitted again with some alterations. Members will consider this again on July 28th.

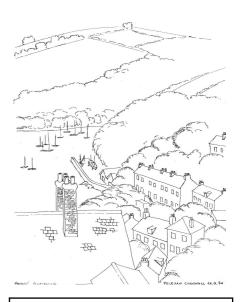
PA15/04720 – Rear of 10 Hockens Lane, Polruan – Outline planning permission with all matters reserved. Two bedroom single storey dwelling (access from St Saviours Hill). This application will be considered by members on July 28th.

Planning Applications approved by Cornwall Council

PA15/03313-31, West Street, Polruan – Installation of new roof, removal of chimney and installation of metal flue, replacement windows and doors, reconstruction of rear annexe, installation of new floors and re render walls. This application was supported by members and has been approved by Cornwall Council.

PA15/04528-Quay Cottage, The Quay, Polruan – Extension to rear of dwelling over existing single storey to create first floor bathroom. This application was supported by members but it was suggested that something more in keeping with neighbouring properties should be used rather that cedar cladding. Cornwall Council have approved this application with the condition that the cedar cladding is replaced with something more suitable.

PA15/04623-Trevarder House, Lanteglos - New replacement side extension and new south west gable window opening. This application was supported by members and has been approved by Cornwall Council.



LANTEGLOS BY FOWEY PARISH COUNCIL

Has 2 VACANCIES for Parish Councillors For further information please contact the clerk – <u>clerklbf@gmail.com</u> 01503 273042

Lanteglos by Fowey Parish Clerk, c/o 37 Carey Park, Killigarth, Polperro, Cornwall, PL13 2JP

LANTEGLOS PARISH COUNCIL

IMPORTANT NOTICE

As local residents know, there is a ongoing problem caused by seagulls ripping open plastic rubbish bags, strewing around the unsanitary contents and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

Early on Monday morning and NOT BEFORE!

It is strongly recommended that householders put bin bags in a dustbin or seagull proof sack obtainable from the Winklepicker

Owners of holiday lets are asked to provide their tenants with dustbins

Lanteglos By Fowey Parish Council

Chairman's Report

Welcome to my bi-monthly report about the work of your Parish Council.

As you will already have read in minutes of the Annual Parish Council Meeting in May Dr Pat Moore stood down as Chairman and I was elected in her place. I am sure that Dr Moore's Chairmanship will be a difficult task to follow and maintain her standards.

Firstly myself and all the Parish Councillors both serving and retired would like to thank Pat for all the hard work and effort during her two years as Chairman. Pat will still be there as a Parish Councillor.

Since that meeting Liz Joliffe has resigned. On behalf of the Council I would like to record our thanks for her hard work as a parish councillor.

The council now has two vacant positions as councillors.

Council Meetings: The Council meets each month, except August, both in Polruan and at Whitecross and we are pleased to see so many members of the public at these meetings. We value your comments and questions so please keep attending, and make any point that concerns you during the time allowed for public participation. Most meetings take place on the last Monday of every month but when we meet at Whitecross this changes to Tuesday.

Planning

As from September Cornwall County Council will no longer be sending out paper planning applications due to costs, therefore the parish council has arranged a link on our website to enable the public to view plans that affect our parish. Combined with our new projector and screen these plans will be displayed at future council meetings.

IT Equipment

The way ahead for future meetings and making the best use of modern technology. Nearly all of our documentation is received by email from various authorities plus communications with all councillors, at our next meeting the council will be discussing the purchase of a new hi-spec laptop to complement the projector and screen this will allow the clerk to store and bring to our meetings all documentation and display the relevant paperwork. This will reduce the need for storage capacity. A back up external hard drive will be required to ensure documents are not lost.

Toilets

During our present term of office the Parish Council has been able to maintain and use four toilets open in the parish which have been kept clean to a high standard by our contract cleaner Miss Fran Garton. Toms Yard provide the toilets free of charge at Bodinnick Ferry Slip.Combined with a grant from the Town Trust we are able to keep open and maintain the Toilet Facility on the quay. Frogmore toilets are leased from the National Trust on very generous terms. So a thank you to all those involved in keeping these facilities open.

Neighbourhood Plan

This plan is to design our parish for the next 20 to 30 years; firstly when you glance at the land available in Polruan area the amount of land available is scarce,

combined with overloading of the main sewage drains.

However land around Bodinnick area could be a discussion item but drainage, rural transport and shops appear to rule these ideas out. Therefore any constructive ideas on this plan would be most welcome at our Neighbourhood Plan Meeting for Monday September 21st at 7pm WI Hall.

Thoughts for discussion so far replacement Village Hall and use of redundant farm buildings Townsend Farm.

Everyone is cordially invited to our next Parish Council Meeting to be held at Whitecross Village Hall on Tuesday 28th July at 7pm.

John Adams Chairman Lantegbs By Fowey Parish Council

Email addresses for the Parish Council: chairman@lanteglosbyfowey.org.uk clerk@lanteglosbyfowey.org.uk

LANTEGLOS BY FOWEY IT'S YOUR PARISH IT'S TIME FOR YOU TO DECIDE ITS FUTURE

A PUBLIC MEETING IS TO BE HELD on Monday the 21st of September in the WI Hall, Polruan at 7pm.

Please come along and give your views and ideas on what you want for your parish. Help to develop the neighbourhood plan to protect the future of your community.

A neighbourhood plan is a legally binding document. It would be drawn up by our community, to give us greater control over development and planning in our parish. It means that no planning and development can take place without reference to our plan.

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NEWS FROM FROGMORE FARM from Gill Palmer

TB is rearing its ugly head again in the parish. It's a nightmare. The farms either side of us have animals that tested positive. This means they have got to be shot!! Why is it ok to shoot cows but not badgers? I have seen so many badgers around this year. Even in the daytime. They are wandering around the roads. This is not normal badger behaviour, They should be asleep in daylight and forage in the dark. It's very worrying.

Every morning all the cattle and sheep are checked before the day's work begins. Last week I had quite a surprise. I was walking through the fields by Lansallos beach counting heifers. I seemed to have some missing. I was wandering through them recounting, when a large black bull stood up. He didn't belong to us. I thought the best thing to do was quietly back away and phone for help. Some kind person had walked through the fields leaving the gates open.

The bull had wandered through to pastures new. Four of our heifers had wandered through the other way. So we had a morning sorting out cattle. Now we are waiting for six weeks before we can have them tested to see if any are pregnant. One of our new little Galloway steers got his leg stuck in a piece of wire. It cut around his leg just above his ankle. He was quite calm as we put healing oil and fly prevention treatment in the wound. Then he had an anti-biotic injection. Hopefully he will soon be better.

The battle of the wrens and swallows in our porch is ongoing. The wren built a huge structure in one swallow nest and has managed to defend it from all comers. When the swallows swoop into the porch to the other nests to feed their chicks the wren flies out really crossly. It's great fun to watch.

It's time to go to market and buy some ewes for breeding. Every year replacements are needed. There are always ewes to be taken from the flock. Some have lost their teeth so would starve in the Winter. Some have udders that wouldn't produce milk. I hope the price of ewes is reasonable this year because the price we are getting for our lambs is appalling, although I have noticed that the price of lamb in the shops has gone up by £1 a kilo. The middle men are making a huge profit and we have to take all the risks and do all the hard work. Is this fair? Although meat in the supermarkets has various logos on the packaging saying British meat, lots is actually imported and only cut up in England. I heard today that there is another huge ship load of lamb arriving from New Zealand this week. This could have been in storage for a very long time!

Beatrice the goose has sat patiently on a nest of eggs for five weeks. Her gander (Lucy) misnamed by Emma has guarded her faithfully, terrifying everyone who passed by their house, Suddenly Beatrice left the nest and wandered off around the farmyard. All her eggs were addled. Poor goose, all that time sitting, waiting for nothing. We haven't managed to find any turkey eggs. They fly all over the place and hide in the hedgerows Unfortunately the fox is cleverer than we are. He managed to find one and kill it.

We are now waiting for the grain harvest. The rain has come just in time to swell the grain before it ripens. The fields are beginning to turn yellow so the combines will soon be roaring around the countryside. The only job left to do is to clean out the grain store - a horrid dirty job.

NEWS FROM NIGERIA

By the time you read this the visit of Kathleen & Daniel Gula [and their daughter Grace and her husband and family who live in Shropshire] will be over. It was a privilege to interview Daniel & Kathleen in the 'sermon slot' at the service on Sunday July 19th. All those present found it most interesting and challenging, especially hearing about several miraculous escapes from Boko Haram and others who escaped from the mountains where they hid.

In the afternoon we held a 'Cream Tea' in St Saviour Church which was well attended and raised the wonderful sum of over £300 which will be used for school fees for some of the refugee children, together with several donations given to Kathleen and Daniel by people who were at the service. Several people took forms to sponsor refugee children's schooling, if you would like to do this, ask Kathryn who has some forms. Many thanks to all who have given and to all who came to, and helped at the 'Cream Tea' especially the hard working group of children without whom we would really have struggled to serve everyone and to keep the clean crockery and cutlery coming to be used again.

You will have heard about the recent attacks including those in Jos which was my 'shopping town' when I lived at Gindiri. In addition to the attacks by Boko Haram there have been attacks by the nomadic Fulani cattle herders on many arable farmers in Plateau and other 'middle belt' states. Sadly there have been instances where the Fulani have attacked local Berom tribe farmers and then the security forces have harassed and attacked and even killed the Berom villagers falsely accusing them of stealing cattle from the Fulani and the Fulani who attacked the villagers have gone free. There have even been killings by the security forces of women peacefully protesting at road blocks following earlier killings in the area.

The Jos plateau is 4-5,000 feet above sea level and therefore has a cooler climate than the lowlands. It has thus been a place that people come to for holidays. When I was there, and until fairly recently, the plateau advertised itself as 'the home of peace and tourism' – sadly those days are now in the past! When I look back on my time in Nigeria and compare it with the present situation it makes me very sad.

Kathryn Hill



Times Past

from Isabel Pickering

1843 Sep 15 Fowey.- The seaners here are paid off, the present prospect of the Pilchard fishery being very gloomy; the Drift Boats take but few fish. The weather has been very fair for the season.

1860 21 Sep (WB) FOUND DROWNED. On Thursday, the 14th inst, a man, supposed to be a fisherman, by fishing lines being in his pocket, was found on the beach under Lansallos drowned. The body is supposed to have been in the water 10 days or a fortnight.

1871 Aug 26 – Harvest Festival held in Lantegbs by Fowey Tuesday. There were two services in the Church – a bazaar in the afternoon and public tea in the evening. A collection was made for Fowey Church Sunday School.

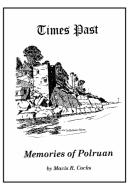
1898 September 1- The Wesleyan chapel at Polruan has been closed for some time for renovation work to be carried out, and on Sunday last it was re-opened. Very impressive services were conducted by Rev J.G. Cocks, of Bodmin. The interior of the chapel is quite transformed. The money for the renovation was raised last Easter by means of a bazaar, and it has been spent in a most judicious manner, so much so that only a very small sum is needed to entirely cover the cost.

1913 Aug 7 – Quiller-Couch addressed a liberal meeting at Lantegbs by Fowey, and said a year or so ago he dared to speak on behalf of farm labourers, in what

seemed to him a very mild and gentle word. He set all fat stock diners going how vocal they all were like a chorus of aeolian harps to try to prove that whatever apparently a labourer's wage might be in Cornwall, it always totalled out at £255 a week if one added in the pig's bucket. That fairy pig's bucket, that silk purse made out of a sow's ear. That pail that could always be counted on at the end of peroration to balance the account! A good deal of water had flowed beneath bridges since then and a good deal of evidence of fact came out, evidence that had pretty well knocked bottom out of pig's bucket. He didn't think there was any economist of standing who could say that of three men whom agriculture supported - landowner, farmer, labourer - the third man had got anything like his reasonable share of profit.

1913 Aug 2– Polruan Regatta took place on Bank Holiday. At the Sports field there was a record gate register. In the evening a public dance and whist drive was held in the Girls' Council School, making a happy conclusion to a delightful day.

Races and sailing included Coastguard gigs, ships' boats, 1 oar sculling, coastguard gigs, single paddling, random, swimming, pony race one mile, flat race horses two miles, flat race schoolboys, open pony race, trotting, pebble picking, two mile hurdle, Galloway, and consolation.



Memories of Polruan by Mavis R. Cocks

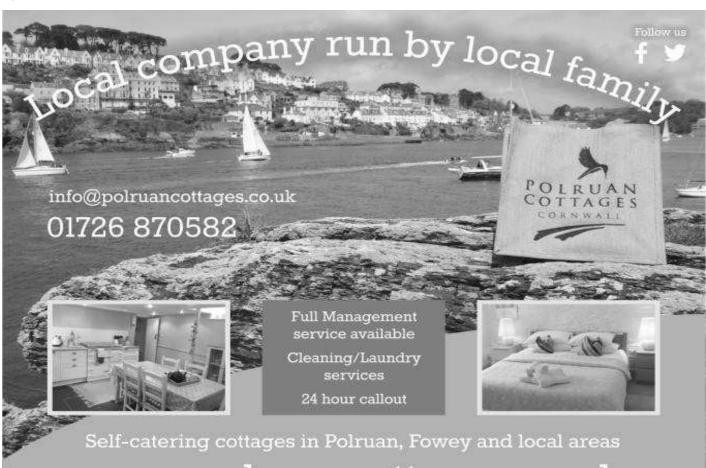
Over the years the late Mavis Cocks provided us with a wonderful insight into life in this Parish before, during and after the second world war through her regular articles in the Lanteglos Parish News.

She contributed to practically every issue of the Lanteglos Parish News for 14 years and this 104 page book collects together her articles forming a unique record of life in this parish.

The perfect gift for anyone who loves Polruan

The last few copies of Memories of Polruan are available- £5.00 incl p&p UK Also at The Winklepicker (Cheques to be made payable to Lanteglos PCC)

From Lanteglos Parish News 1 St Saviours Hill, Polruan, Cornwall PL23 1PR



www.polruancottages.co.uk



A Birthday in Fulaga from Janet Downes

Another email received from yacht Ithaka, sailed by my brother Colin and his wife Ana, currently amongst the islands of Fiji. The name Ithaka was taken from the poem of that name by Constantine P Gavafy which celebrates the experiences of the journey above the target of a destination. This is Ana's report of an unforgettable birthday.

Hello from Fulaga,

I'm writing this in an anchorage located on what could arguably be the most beautiful place on this planet. I know that is a huge statement, but there it is.

Fulaga (pronounced Fulanga) is a C shaped, volcanic atoll, located approximately 150 miles south east from the capital, Suva. There is a very narrow pass on its north east side, and the lagoon is about 5 miles across. The land is hilly, covered with tropical virgin forest. Within the lagoon are hundreds of small islands, many mushroom shaped, and even more coral bommies lurking under the surface. For those unfamiliar with the area, such as ourselves, a lookout on the bow is definitely required when moving about these waters. When the sun shines, the combination of a multitude of sea blues, white sand and the islands is truly beautiful.

There are three villages on the island, and the lagoon and the fertile land provide the majority of the people's needs. The villages are very much commune based. Each evening at 6.30, the village head man proclaims what the plan will be for the following day. Two days ago the project was the replacement of one of the village school's verandahs. 50 men (including Colin!) turned up from the 3 villages and the work was completed in a day.

The villagers love to celebrate, and when they heard that it was going to be my birthday on Wednesday, they organised a work party/picnic BBQ to be held on a beautiful sand spit, near the pass. Forty people travelled in convoy in various boats and yachts to the spit. A clean up and burn of the forest floor by the men was quickly organised. Meanwhile the women separated into small groups, some fishing by net, some crab hunting, and some collecting shell fish. The older women prepared other food, such as bread fruit, casava and yams, and wove plates and mats to sit on from coconut leaves, while the older men prepared cooking pits. Cool, clear, sweet water was provided by the green coconuts taken from the local trees.

By early afternoon we were tucking into a fantastic feast, supplemented by pot luck food from the 6 yachts. The highlight was the birthday chocolate cake made by the

local village baker, who needed Colin to provide the ingredients. I will never forget the wonderful Fijian harmony when they sang Happy Birthday.

Later I heard that the local pastor, Nico, was also celebrating his birthday, and I realised that he had graciously kept quiet about this. Colin and I were invited to celebrate his birthday in the evening by drinking kava with the village people. A locally made kava bowl was given to me as a birthday gift, and a carver offered to decorate it. The memory I will take from that evening is of all of us sitting on woven mats in a loose circle, with one villager holding a torch, while the carver created his magic, between bouts of drinking kava. Later, Colin and I walked back to the anchorage along a grassy track, through tropical forest lit by full moonlight.

What a privilege to have had this experience. Apart from Fulaga being beautiful in itself, the warmth and generosity of these people makes it a very special island.



Blackberry time

Blackberry Compote Cheesecake Serves 8

For the base and cake: 220 digestive biscuits 90g butter melted 1 tsp of vanilla extract 300g soft cheese 90g icing sugar 300ml pot double cream

For the fruit compote: 500g blackberries 120g caster sugar 1 tsp arrow root (optional)

First make the blackberry compote: sprinkle the sugar into a frying pan and place over a high heat until caramelized. Throw in the blackberries and stew in the sugar for 3-4 mins until they soften slightly but still hold their shape. Don't stir too much or it will become mushy. Drain the blackberries and return the juice to the pan. Reduce over a high heat to a sticky syrup or thicken by mixing the arrow root with a little water and then stir into the juice. Combine with the blackberries and leave to cool.

Butter and line a 7" loose-bottomed tin with baking parchment. Crush the biscuits to crumbs, then mix thoroughly with the melted butter. Tip them into the prepared tin and press firmly down into the base to create an even layer. Chill in the fridge for 1 hour to set firmly.



Place the soft cheese, icing sugar and vanilla extract in a bowl and beat with an electric mixer until smooth. Tip in the cream and fold in with a metal spoon until the mixture is completely combined. Do not over beat the cream mixture or it will become too thick and difficult to work on top of the base. Now spoon 1/3 of the cream mixture on to the biscuit base, then spoon the blackberry compote on top of the cream mixture base, and finish the cake with the rest of the cream mixture, making sure there are no air bubbles. Leave to set in the fridge overnight. Bring the cheesecake to room temperature about 20 mins before serving and un-mould carefully.

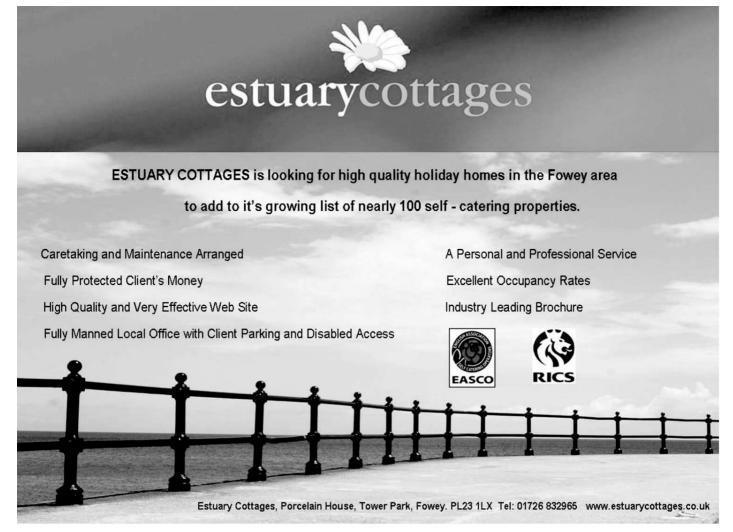
Blackberry Wine

Put 2kg of blackberries in a clean fermenting bucket, pour over 4 litres of boiling water, mash the fruit then cover and leave to cool. Add a teaspoon of pectic enzyme to help it clear, and keep it covered. After one day dissolve in 1.4kg of sugar and add some wine yeast plus a teaspoon of yeast nutrient. Cover and leave for four or five days, stirring every day. Everything is strained, under as sterile conditions as you can manage, through a muslin cloth and put in a demi-john for about six weeks. Rack off into a fresh demi-john and bottle a few weeks after that or when you remember.

Blackberry Whisky

Blackberry whisky is, so to speak, exactly the same as sloe gin but with completely different ingredients. Fill up a kilner or jam jar with clean, dry blackberries, pour in granulated sugar to the two thirds mark, then pour in (cheap!) whisky to the brim. Close the lid and shake. Shake again every day until all the sugar is dissolved. Leave as long as you can (a year is good), keeping the blackberries in the jar – they will make a fantastic dessert served with ice-cream when the time comes.

The flavour of the drink changes remarkably over time with the separate components combining to produce something with a character all its own. If you like a longer drink the obvious combination is with freshly pressed apple juice.



FOWEY ESTUARY N E W S



Clet, the wandering dolphin

In early June we were treated to a return visit by 'Clet' the lone bottlenose dolphin and as I write this I have received reports that he is still in the harbour, that's 10 days now. He displays unusual behaviour in that he regularly interacts with boats, especially ferries and our harbour tugs which cause turbulence in the water. Although I admit this is an amazing sight we must be mindful of our behaviour towards him and other marine species. As well as being a criminal offence, disturbance of marine wildlife can cause many problems, from stress and behaviour change to serious injury and death. Some marine species are now under serious threat from human disturbance. We can all make a difference and safely enjoy observing these beautiful animals by following some simple rules.

To avoid disturbing dolphins;

Boats should always try to stay 100m away from dolphins

□ Of course at times dolphins will actively come over to a boat, as they are curious animals. In this instance boats should switch their engines into neutral and they should not actively pursue the dolphins when they move away

 \Box Always avoid groups with mothers and young

Liz Sandeman and the team at Marine Connection are keen to hear of the whereabouts of this dolphin in particular as it is easily identifiable by its damaged dorsal fin, they have added the following information:

Marine Connection Director, Margaux Dodds, was the first to identify this dolphin in the UK after being interviewed for BBC One Show in October 2011. Having viewed footage of the dolphin, as he has a very distinct dorsal fin, she confirmed that this was a male dolphin known as Clet, first seen and identified in Brittany in Spring/ Summer 2011. Since first being identified, sightings of Clet have been confirmed in Cornwall, Dorset, Isle of Man, Pembrokeshire, Mull, Scilly Isles and Ireland (where he joined a solitary dolphin known as Dusty for a while before moving on again). This shows just how far dolphins can travel in the wild. The link to the BBC One show programme is http://www.bbc.co.uk/programmes/ p00lvqlz

For identification purposes it is vital when the dolphin is photographed, as his dorsal fin is so unique, that he is correctly recognised and reported as Clet, rather than given another name to enable records to be updated correctly. Marine Connection are monitoring and recording the movements of all solitary cetaceans who frequent the UK shores, therefore if any member of the public sees Clet please email



<u>liz@marineconnection.org</u> (if possible with a photograph) in order that this can be logged.

Claire Hoddinott Environment Officer Fowey Harbour Commissioners 01726 832471 www.foweyharbour.co.uk



Friends of the Fowey Estuary

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us. The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Now is the perfect time to join the group to make full use of the events programme Take a bok at our website <u>www.friendsofthefowey.org.uk</u> Or join us on Facebook

Forthcoming Events

Tuesday 18th August **Fowey Estuary Marine Day** Marine talks and crafts in association with Cornwall Wildlife Trust Time: 10am – 4pm On Town Quay, Fowey Free event Come along and see us!

Sunday 6th September **Kayak Birdlife trip**

In association with Encounter Cornwall Time: 11am – 1pm Meet: Golant, main slipway Cost: £15 Adults, £10 under 16's Booking essential contact David 07976 466123

RNLI POLRUAN

Flag Week

Our annual Flag Week, when volunteers conduct bucket collections around the harbour, was held in June. With buckets held out invitingly in Polruan, at the Bodinnick Ferry and at Mixtow, a total of over £800 was collected, which is almost the same as last year. Many thanks to all who offered a few hours of their time and to those who gave generously.

Lifeboat Day

This fun outing for the family will be held on Polruan Town Quay on Thursday, 13th August. Starting at 11 o'clock, there will be stalls selling cakes and home produce; a sausage barbeque and other refreshments; a treasure map and RNLI goodies. The All-Weather Lifeboat from Fowey Station will be alongside the quay and visitors will be welcome to climb aboard. The ex-Loce Lifeboat

Ryder, which was built in 1902, will also be alongside (weather permitting). So come along and browse for an hour or two, see how the RNLI works, grab a tasty bite and you may even snap up a bargain at one of the stalls.

Pig Roast

Providing a fitting finale to Polruan's involvement in Regatta Week, the Coal Wharf (between the Town Quay and Toms Boatyard) will again see the roasting of a whole pig on Saturday, 22^{nd} August. Serving will start at 6.30 p.m., with roast pork in a bun, with all the trimmings, selling for only £3.50. For non-porkers, there will also be beefburgers, as well as a vegetarian option.

Generously sponsored by the Fowey Pilots Association, this event will also have live music provided by the Polperro Wreckers, as well as the Grand Draw of the 2015 Polruan RNLI raffle. There will still be a chance to purchase tickets right up to the draw.

So come along for a fine evening for all the family, and stay on to watch the Fowey Regatta Week Fireworks from the Town Quay or other nearby vantage point.

Bad news on recycling

We have just received news that The Recycling Factory has withdrawn from its partnership with the RNLI.

Therefore, the system of using their recycling envelopes (previously available in the Reading Room) has ceased. While we hope that a new partner can be found soon, there is currently no method of recycling to help the RNLI. Thank you to all who have helped in the past.

Volunteers

We are still looking for volunteers to help with local activities – whether sitting on the local committee, which meets only once a month, or just by mucking in and helping with our events.

Please contact Eric Lockeyear, the local Secretary, on 01726 870144, if you have a few hours to spare and would like to help in Saving Lives at Sea.



Tony King BEM

Another Cornishman through and through, Tony received his award for services to Maritime Safety. "I've been in blue trousers since I was 13 years old," commented Tony, explaining that he joined the Royal Navy as a Cadet and has been involved in maritime affairs ever since

Tony rose through the ranks to Commander, then moved into the Royal Navy Auxiliary Service. On retirement from formal service, he became the Fowey Lifeboat Station Deputy Launching Officer, as well as running a sailing school in Fowey.

But it is through the National Coastwatch Institution that he is best known here. One of its earliest members when it was formed in 1994 following the drowning of two local fishermen, Tony helped to establish the NCI nationally, sitting on the Board of Trustees and acting as national General Secretary for many years.

Tony helped to found the Polruan Station in

1996 and has been a stalwart supporter ever since. In addition to sitting on the local committee, he has, for many years, been training officer and deputy station manager-this in addition to standing regular watches at the station above the Bound. His presence on watch on Wednesday afternoons throughout the year provides reassurance for both trainee Watchkeepers and interested visitors. Tony's cheerful welcome and valuable advice are highly appreciated by one and all.

Tony said of his award: "It has been a very great surprise and I am honoured to receive it. Having been involved in maritime affairs for many years, it is great to have been recognised as having contributed to maritime safety." Few would argue that Tony's contribution to maritime safety and the saving of lives has been inestimable.

Our heartfelt thanks and congratulations go out to this outstanding member of our community.





IN THE GARDEN

General Tasks

There are weeds everywhere, but the ground can be hard and dry, making watering imperative, and much of the early colour will have disappeared.

To maintain a tidy appearance and continuity of flowering with plants like sweet peas, roses, violas and pansies (except the F1 hybrids which are usually sterile), calendulas and nasturtiums, it is essential to stop them from setting seed. A few minutes spent removing dead blooms pays dividends, and if petunias and white alyssums have become tired looking and lanky, cut them back by two-thirds to encourage new growth and further flowers.

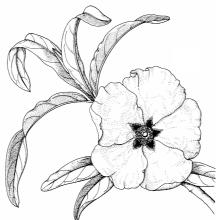
Apart from annuals and tender bedding plants like pelargoniums (geraniums), heliotropes, gazanias and fuchsias - all of which should be at their brightest and best this month -one of the most reliable standbys for mixed and perennial flower borders is the herbaceous phlox.

Propagation August is a good time for propagating bedding plants of all kinds by cuttings. At this season, while there is still plenty of sunshine and natural warmth, cuttings root readily in a cold frame, greenhouse or under cloches. Bedding plants - geraniums, calceolarias, penstemons and heliotropes - should show plenty of sturdy young shoots in August. Gardeners frequently delay taking cuttings until frosty nights are imminent; then they fail to root properly, or rot off during the winter months. The earlier cuttings are taken, the sooner they will root, and the best cuttings come from nonflowering shoots. This is vital with calceolarias as they will not root from flowering stems.

Geranium Cuttings For these I use fat sturdy stems with three or four joints. The lower leaves are removed, together with any buds or flowers, and a straight cut is made with a razor blade or sharp knife immediately below the bottom joint. Opinions differ as to whether the cuttings should be inserted immediately or left on a shady bench for a couple of hours for the wound to dry. Some say drying assists callusing at the cut, others that partial drying can cause cracks in the callus, allowing disease spores easy entry. I have used both methods and found little difference in the final analysis. It is advantageous to root geraniums in small pots of light, friable compost (because they are intolerant of heavy, badly drained soil) where they can remain throughout the winter.

Bamboo Garden Canes Various lengths

Proceeds to WHITECROSS GARDENING CLUB Buyer to collect from 1 St Saviours Hill,Polruan 01726 870273

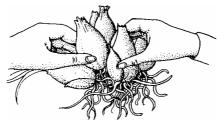


Cistus are small evergreen shrubs native to the Mediterranean region, where the white, pink or purplish-red flowers, which bear some resemblance to wild roses, are much visited by pollen-gathering insects. Although the flowers open very early in the day, they only last a few hours before shedding their petals, littering the ground like confetti. Next morning hundreds of new flowers appear, and this goes on for five or six weeks.

Bulbs

We need to start thinking about next spring !

Daffodils and other spring flowering bulbs which were lifted and stored earlier can be replanted towards the latter half of the month.



Dividing daffodil bulbs before replanting

New bulbs should be ordered for containers, for beds and for forcing.

If you are near the coast flower height is an issue. Broken flower stems in spring gales are always a dissapointment—try some of the minature varieties like Minnow, Tete a tete, Jetfire, Canaliculatus, and Hawera.

WHITECROSS GARDENING CLUB

September 17th Tim Ellis, of Ellis Nurseries "Vegetable growing"

New members are always welcome.

Enquiries: Please telephone Annie Patrick 01208 831041

Weather for Gardeners

`August ripens, September gathers in; August bears the burden, September the fruit' is a saying from Portugal, but is equally true in the British Isles.

Although August weather often follows the pattern set by July, there is always the hope that a dry spell of warm sunshine will set in. In Germany they pin their faith on the 10th:

`If on St Lawrence's Day, the weather be fine, A fair autumn and good wine may be hoped for', but an the other hand `Thunderstorms at the beginning of August, will generally be followed by showers throughout the month.'

August is a wise time to launch a major onslaught on garden weeds to prevent the threat of 'one year's seeding, seven years' weeding'. The rule informing is: 'Cut thistles in June, they 'll come again soon; Cut in July, then they may die; Cut them in August, die they must.'

With the nights rapidly growing longer, surface cooling in calm clear conditions can lead to heavy dewfalls, for example on 24th August. 'St Bartholo mew, comes the cold dew', although the same is said of St Matthew on 21st September. 24th August may also give some useful indication of subsequent weather: 'As St Bartholo mew's Day, so the whole autumn'. and a cold misty start to this day is said to presage a hard winter.

Garden Problems

Mildew on a wide range of plants; spray with a suitable fungicide containing dinocap.

Overwatered house plants indicated by yellowing or drooping leaves and overheavy pots.

Earwigs on dahlias ; trapas recommended

Wormcasts on lawns; apply a chlordane wormkiller. Sweep the casts off with a brush to disperse the soil. Wasps on fruit; locate the nests and destroy them with a carbaryl preparation. Bird pecks on fruit; cover fruits with nylon netting or stockings if trees are small. Honey fungus on trees and bushes evidenced by sudden wilting of leaves, followed by a ring of yellow to adstools round the base in September and lose bark with whitish mould beneath. Remove the trees with as many roots as possible and pour a creosote preparation into the hole.



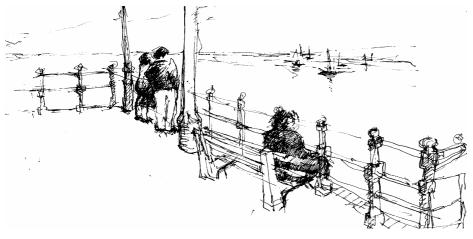
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NEWS FROM THE TOWN TRUST

The clock on the Quay is now working and keeping time - this is the situation as at the time of writing and hopefully will still be the same when you are reading this and thereafter.

There is still no progress about the leases of the Quay areas with South West Water but the Parish Council have made progress and the second light to better illuminate the ferry steps should be in place soon.

The re-lining and lining works of the St Saviours Hill and Vevery Car Parks have been carried out and it is hoped that the yellow boxing in the Vevery Car Park will improve matters and stop parking in the central position blocking access to other parts. It looks as if we will have to wait until the end of the summer season before the re-lining of the Quay Car Park will be done but we will shortly be putting a new sign on the slipway detailing that this is for boat launching only and car parking there is not permitted.

The clearance and then improvement of the Vevery Picnic Area is still planned but we are still looking at the design and implementation of same - if anyone has any particular suggestions on this we would be pleased hear them. We have been advised by South West Water that they will be implementing alterations to pipework in connection with isolating the Reservoir at Vevery to be able to hand same back at some time in the future.

Agreement has been reached with the RNLI whereby they can install lockers on the Quay similar to those that are on Albert Quay at Fowey for use of visiting yachtsmen which will hopefully cause an increase of yachting visitors to the Village.

As usual, if you have any questions, comments or requests regarding own Trust matters please approach the Clerk or any of the Trustees.



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SUBSCRIPTIONS

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK) (£18 Europe / £24 overseas) to have the Lanteglos Parish News sent by post on publication for a year.

To Graham Tyson, Folly Cottage, West Street, Polruan, PL23 1PL.					
Please send me the the next 6 is sues of the Parish News by post on publication. PLEASE PRINT CLEARLY					
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Fowey Harbour News

The highlight of Fowey's year, the Fowey Royal Regatta will soon be upon us, it is not only one of the region's premier sailing events but also full of activities ashore for locals and visitors alike.

As you can imagine the harbour is incredibly busy during this week and during the summer period generally so we would like to remind you of some safety messages:

- Wear a lifejacket whilst on or near the water, as they say, they are 'useless unless wom'.

You can also make use of the free RNLI lifejacket lockers situated at Albert Quay, Berrills Yard and Polruan to leave

them whilst ashore.

- Keep your kit secure, FHC do not take responsibility for your property.

Use a kill cord on your outboard engine.

Keep to the harbour speed limit of 6 knots and remember to minimize your wash.

- Beware of commercial ships, the harbour is a busy area and large ships are not maneuverable, so keep clear.

Listen to Harbour Patrol staff, they are there to keep us all safe.

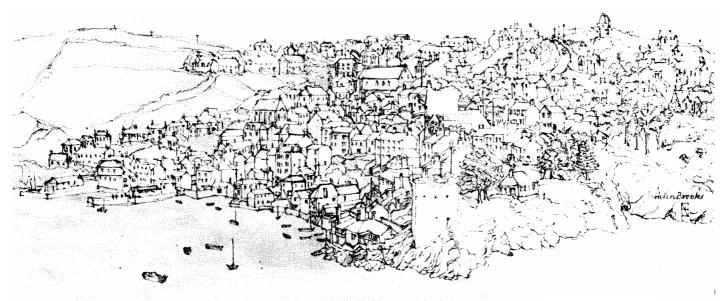
No swimming is allowed in the harbour area, except for the designated swimming area at Readymoney Beach

May I also take this opportunity to recognise the incredible leadership of Graham Jane as Chairman of the Fowey Regatta Committee, his dedication over the last 20 years has seen the event not only go from strength to strength but move with the times. The Fowey Harbour Team would like to thank Graham and Tracey for their efforts over the years and we wish the committee every success in making this fantastic event a success in the future.

We look forward to seeing you on the water and hope you have a safe and enjoyable summer

Capt. Paul Thomas Harbour Master, Fowey Harbour Commissioners

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Polruan Village Hall

Since I last wrote the Lugger Inn have kindly hosted another successful Quiz evening for us which raised £202.20. We are so grateful to Pete and Elaine and their staff and to Ray, our lovely Quizmaster - thank you all so much! Our next planned fund-raising event is our BBQ on the Old Coal Wharf on the evening of Sunday 16th August – we look forward to seeing you there! As usual there will be a raffle and prizes for this would be welcomed.

As mentioned in the previous article there is a low stool to aid small children in reaching the wash-hand basin in the ladies loo, this lives in the cupboard under the wash-hand basin and there is now a key to the Caretaker's Cupboard hanging up in the kitchen which will allow those who hire the hall to 'top-up' paper towels or loo rolls if these are running low. There are normally spare black bags for hirers to use both in a drawer in the kitchen and in the Caretaker's Cupboard. The key to the Kidz Klub Cupboard which lives on the same hook in the kitchen as the keys to the Chair Cupboard and the Caretakers Cupboard seems to have disappeared, if anyone has any clues as to where it is, we would love to have it back.

The application for funding for insulation has now been forwarded, it was supported by an excellent letter from our Cornwall Councillor, Edwina Hanniford. Hopefully by the next issue we will have the result of this application for a grant to carry out improvements which, when complete, will make the Hall much easier to heat and to keep warm!



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