



# The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

## Rectory Ramblings

### Be Confident About Your Future from Rev'd Richard

What does the future hold in store for you? Futurologists predict what will happen in the future. For example, it has been predicted that some babies born today will live to the age of 150. Some of their predictions may come true. Others may not.

For example, in 1962 Decca Recording Company rejected the Beatles. They said, "we don't like their sound and guitar music is on the way out" and amusingly in 1977 Ken Olson, Chairman of Digital Equipment Co, said "there is no reason anyone would want a computer in their home."

There are certain things about the future that we don't know and that we are not supposed to know. However, there are other things that you can know about the future and that make a real difference to your life now.

There are three important reasons if you put your trust in the Lord, you can be confident about your future.

- The plans of the Lord:** The plans of the Lord stand firm forever. God has plans. God has a good plan for your life. He has plans to give you hope and a future Jeremiah 29 v11.
- The power of the resurrection:** The resurrection of Jesus did actually happen. When the women arrived at the tomb, they found the huge stone which had been blocking the entrance rolled back. Jesus had been raised up. He was no longer there. They saw for themselves the tomb was empty. We can be confident about our eternal futures. As Tim Keller writes, 'why is it so hard to do the right thing if you know it's going to cost your money, reputation, maybe even your life? Why is it so hard to face your own death or the death of loved ones?' It's hard because we think this broken world is the only world we are ever going to have . . . But if Jesus is risen then your future is so much more beautiful and so much more certain than that.
- The promises of God:** in the book of Leviticus Chapters 25 and 26 which I was reading recently, God promises that if you obey him you will enjoy fruit, satisfaction, safety, peace, no fear, growth, the presence of the Lord and confidence to walk with heads held high. God says if you live by my decrees, you'll have a place of peace, you'll be able to go to sleep at night without fear.

If you'd like to know more give me a ring or drop me an email and I'd be delighted to pop round and have a chat with you.

Your pastor and friend,

Richard



Water sports for the class of Tregeagle of Polruan Academy

## From the Editor

We have had patchy weather so far this spring and early summer which has led to a sluggish start to the season and to our gardens and allotments. Let's hope that things look up over late July / August as the children break up for the summer and we can all look ahead to some fantastic events organised throughout the Parish. Indeed, the Parish Diary seems to be packed full of interesting events — something for everyone.

If you are heading to the beach and out on the water, there are some helpful hints and tips from the Coastguard and RNLI about keeping safe, and don't forget Emily's Code — all are worth a read.

Whatever you do choose to do over the summer, I hope you have a very enjoyable and happy time and look forward to sharing this in our next edition.

Suzanne

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# Church Diary in the Benefice of Trelawny

St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;  
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt

## August 2024

### Saturday 3<sup>rd</sup>

Polruan Quay 19:00 Church on the Quay

### Sunday 4<sup>th</sup>

St Wyllow 11:00 Holy Communion

St Marnarch,  
Village Green 17:00 Songs of Praise

St Nun 17:00 at St Marnarch

St Ildierna 18:30 Holy Communion

### Saturday 10<sup>th</sup>

Polruan Quay 19:00 Church on the Quay

### Sunday 11<sup>th</sup>

St Marnarch 09:30 Service of the Word

St Nun 11:00 United Village Service

St Tallanus 11:00 Holy Communion

St Wyllow 11:00 Morning Prayer

St Ildierna 18:30 Evening Prayer

### Saturday 17<sup>th</sup>

Polruan Quay 19:00 Church on the Quay

### Sunday 18<sup>th</sup>

St Marnarch 09:30 Holy Communion

St Wyllow 11:00 Holy Communion

St Nun 11:00 at Methodist Chapel

St Ildierna 18:30 Holy Communion

### Sunday 25<sup>th</sup>

St Saviour 09:30 Regatta Service

St Marnarch 09:30 Service of the Word

St Nun 11:00 Holy Communion

St Tallanus 11:00 Public Worship with  
Communion by Extension

Polruan Quay 18:00 Regatta Songs of Praise

St Ildierna 18:30 Evening Prayer

## September 2024

### Sunday 1<sup>st</sup>

St Marnarch 09:30 Holy Communion

St Wyllow 11:00 Holy Communion

St Nun 11:00 at Methodist Chapel

St Nun 16:00 Tractor Service

St Ildierna 18:30 Holy Communion

### Saturday 7<sup>th</sup>

St Wyllow 11:00 Wedding

### Sunday 8<sup>th</sup>

St Marnarch 09:30 Service of the Word

St Nun 11:00 United Village Service

St Wyllow 11:00 Morning Prayer

St Tallanus 11:00 Public Worship with  
Communion by Extension

St Ildierna 18:30 Evening Prayer

### Sunday 15<sup>th</sup>

St Marnarch 09:30 Service of the Word

St Wyllow 11:00 Holy Communion and  
Baptism

St Nun 11:00 at Methodist Church

St Ildierna 18:30 Evening Prayer

### Sunday 22<sup>nd</sup>

St Saviour 11:00 Café Church

St Nun 11:00 Holy Communion

St Tallanus 11:00 Holy Communion

St Marnarch 09:30 Service of the Word

St Ildierna 18:30 Holy Communion

### Sunday 29<sup>th</sup>

Polperro  
Methodist 09:45 Joint Holy Communion

St Nun 11:00 United Village Service

Lanreath

Village Green 15:30 Tractor Service

St Wyllow 17:00 Harvest Evensong

St Ildierna 18:30 Harvest Service

## What different styles of service will you find in the seven churches of Trelawny Benefice?

from Liz Luck

Everyone is welcome, and all our services and teaching are based on the Bible. There's usually tea, coffee and biscuits afterwards, with time to chat.

Please come along and discover what kind of service you like best.

**Lansallos (St Ildierna):** all services follow the ancient and beautiful words of the 1662 Book of Common Prayer, apart from a monthly contemporary service.

**Lanreath (St Marnarch):** evangelical services, with some led by the Lanreath Music Group (musical instruments and choir).

**Pelynt (St Nun):** traditional village church Holy Communion or Service of the Word, in contemporary language, together with a monthly contemporary service, sometimes outdoors.

**Talland (St Tallanus):** traditional village church Holy Communion or Holy Communion-by-extension services, in contemporary language.

**Lanteglos-by-Fowey parish:** has three churches:

**Parish Church of St Wyllow:** traditional services with organist and Lanteglos Choir. Holy Communion in contemporary language, and occasional Evensong with the 1662 Book of Common Prayer.

**Polruan (St Saviour):** friendly Café Church once a month, with round tables, prayers, singing, Bible readings and a chance to talk.

**Bodinnick (St John):** community services every other month, based around major Christian festivals and usually with wine and nibbles.

**Outdoor services:** held in the open air on village greens, farms and quaysides – they're family-friendly and great fun. 'Church on the Quay' in Polruan runs on six weekends in late July and August. Other services dotted around the Benefice include Plough Sunday, Rogation, Harvest, Tractors, Pets, Equestrian and Lambing.





## From the Registers

### Baptism

29 June: *Kit Sethyn Uniacke* at St Tallanus, Talland

### Wedding

18 May: *Jordan Couch to Bethany-Jayne Sommerfeld* of Hampshire at St Wyllow, Lanteglos-by-Fowey

### Wedding Blessing

18 May: *Thomas Jeffery to Sophie Elizabeth Howse* of Kent at St Wyllow, Lanteglos-by-Fowey

### Funerals and burials

3 May: *Angela Rowe* (formerly of this Benefice) at Lewannick

27 June: *John Ede* at St Nun, Pelynt

### Glyn Valley Crematorium Funerals

17 May: *Mary Votier* of Pelynt

25 May: *Leslie Wyatt Couch* of Fowey

25 June: *Michael John Woodward* of Pelynt

### Interment of Ashes

7 June: *Leslie Wyatt Couch* at St Wyllow, Lanteglos-by-Fowey

## Marmalade from Kathryn's Kitchen



All of my marmalade has now been sold and people have been very generous — donations totalled £213.35 plus US\$20. Once I have been to a bank to change the dollars, I will be able to send this to Kathleen in good time for the start of the next school year for the blind students and the children of the IDPs (Internally Displaced People).

Once the Seville oranges are in the shops again, I'll be making more marmalade .

Many thanks to all the locals and visitors who have supported this fund-raising effort, it is very much appreciated.

## Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

### August

**Thursday, 1<sup>st</sup>** AGM Friends of St John's, Bodinnick, 7pm (see page 4)

**Saturday, 3<sup>rd</sup>** Whitecross Local Produce Market, 10am -1pm (see page 18)

**Sunday, 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>** Polruan Craft Market, The Old Coal Wharf, Polruan (see page 13)

**Tuesday, 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>** Hospice Book Sale, East Street Corner (see page 9)

**Tuesday, 6<sup>th</sup>** Quiz Night at Safe Harbour, Fowey in aid of Fowey Lions (see page 14)

**Tuesday, 13<sup>th</sup>, 27<sup>th</sup>** Coffee Cake and Catch up, Polruan Village Hall (see page 11)

**Wednesday, 14<sup>th</sup>** WI Coffee Morning in aid of Breast Cancer Now, Polruan WI Hall (see page 6)

**Sunday, 18<sup>th</sup>** Polruan Village Hall BBQ, The Old Coal Wharf, Polruan, serving from 6.30pm (see page 11)

**Saturday, 24<sup>th</sup>** Regatta Crabbing competition in the morning (see page 7)

**Saturday, 24<sup>th</sup>** Polruan RNLI Pig Roast, serving from 1800 on the Old Coal Wharf, Polruan, Entertainment by The Elderberries (see page 26)

**Sunday, 25<sup>th</sup>** Regatta Church Service in the morning; traditional sports in the sports field in the afternoon (see page 7)

**Monday, 26<sup>th</sup>** The Crowning of Polruan Royalty in the morning, beach games and entertainment, the ball roll, carnival and disco (see page 7)

NB – The Regatta Shop will be open from 9.30am to 12.30pm on the 15<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup>, 22<sup>nd</sup>, 23<sup>rd</sup> and 24<sup>th</sup> August to purchase raffle tickets, ball roll numbers and programme of events. (See page 7)

**Saturday, 31<sup>st</sup>** Polruan Film Club present 'Operation Mincemeat' at Polruan Village Hall, 7pm (see page 20)

### September

**Sunday, 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>** Polruan Craft Market, The Old Coal Wharf, Polruan (see page 13)

**Monday, 2<sup>nd</sup>** Fowey Lions Meeting at the Ship Inn, Polmear, 8pm (see page 14)

**Tuesday, 3<sup>rd</sup>** Hospice Book Sale, East Street Corner (see page 9)

**Tuesday, 3<sup>rd</sup>** Quiz Night at Safe Harbour, Fowey, 8pm in aid of Fowey Lions (see page 14)

**Friday, 6<sup>th</sup>** Open Rehearsal, St Austell Choral Society (see page 7)

**Saturday, 7<sup>th</sup>** Whitecross Local Produce Market, 10am – 1pm (see page 18)

**Monday, 9<sup>th</sup>** Crafty Roosters, Polruan WI Hall, between 10 and 12 noon (see page 12)

**Tuesday, 10<sup>th</sup>, 24<sup>th</sup>** Coffee Cake and Catch up, Polruan Village Hall (see page 11)

**Wednesday, 11<sup>th</sup>** A Talk and demonstration by Simon Barnard 'Bats and Identification using a Bat Detector' (see page 24)

**Wednesday, 11<sup>th</sup>** A talk by Peter Spry 'Leverton on the 1993 Documentary 'Days of Majesty' for the late Queen's 40th Jubilee; Competition: Bake a cake fit for a Queen; WI Hall, 7pm (see page 6)

**Saturday, 14<sup>th</sup>** A Talk by Louis Turner 'Travelers to Tourists', Fowey Town Hall at 2pm (see page 25)

**Thursday, 19<sup>th</sup>** Cornish Chilli Co, a talk and demonstration by Scott at Whitecross Village Hall, 7pm (see page 24)

**Saturday 21<sup>st</sup>** Beach Clean Polridmouth Beach between 1 and 3pm (see page 24)

**Wednesday, 25<sup>th</sup>** Bingo Night at the Havener's, Town Quay, Fowey, eyes down at 7.30pm, in aid of Fowey Festival (see page 25)

**Thursday, 26<sup>th</sup>** Crafty Roosters at Polruan WI Hall, between 2 and 4pm (see page 12)

**Saturday, 28<sup>th</sup>** Polruan Film Club present 'Finding your Feet' at Polruan Village Hall, 7pm (see page 20)

**Sunday, 29<sup>th</sup>** Harvest Festival at St Ildierna, Lansallos, 6.30pm (see page 3)



from Kathryn Hill

Thank you to all who put donations in the collecting boxes in the churches and businesses and who supported the Table Top Sale in support of Lanteglos Christian Aid. We are pleased to report that we were able to send £270 to the Charity this year. The Table Top Sale was well supported by locals and visitors alike and a happy afternoon was enjoyed by all. One group who were having an extended stay in Polruan wrote me a card which said:

*'An enormous thank you to you and all the wonderful Polruan ladies who made us feel so welcome yesterday at the Table Top Sale. The teas and cakes were scrumptious. We feel very lucky not only to have done so well in the raffle[!] but also to have had a little slice of Polruan and your community over the past month – so very special'.*



Trelawny Benefice Events

## CHURCH ON THE QUAY

Our 45 minute service will be followed by a short concert by our visiting musicians

### POLRUAN COAL WHARF

**7pm SATURDAY 20th JULY**  
with the Callington Gospel Choir

**6pm SUNDAY 28th JULY**  
with the Pelynt Male Choir & Lanreath Community Choir

**7pm SATURDAY 3rd AUGUST**  
With Lóvenly Choir

**7pm SATURDAY 10th AUGUST**  
with Looe Valley Ladies Choir

**7pm SATURDAY 17th AUGUST**  
with Noteability Choir

**6pm SUNDAY 25th AUGUST REGATTA**  
with Carclaze Voices

## The Churches of the Benefice of Trelawny

**Rector** Rev Richard Allen 01503 220847  
**Benefice Administrator** Pippa Morrell-Davies 07399 563440  
*Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies*

**Lanteglos — St. Wyllow; Polruan — St. Saviour; Bodinnick — St. John**  
 Churchwarden Norman Mallard 01726 870747  
 Treasurer Graham Tyson 01208 873750  
 Secretary Liz Luck 01503 261582

**Lansallos — St. Ildierna**  
 Churchwardens Margaret Phillips 07493 310816  
 Josie Slade 01503 220513  
 Treasurer John Feeseay 01503 220884  
 Secretary Glen Feeseay 01503 220884

**Pelynt — St. Nun**  
 Treasurer Rosemary Lee 01503 220169  
 Secretary Sheila Morrell-Davies 07971 104798

**Lanreath — St. Marnach**  
 Churchwardens Gill Sanders 01503 220827  
 Peter Hooper 01503 220229  
 Treasurer Peter Bartram 01503 220490  
 Secretary Jenny Bartram 01503 220490

**Talland — St. Tallanus**  
 Churchwarden David Bailey 01503 262890  
 Treasurer Joe Sharples 01503 273466  
 Secretary Jenny Hall 01503 598267



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### Advertisers and organisers

The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

**An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community**

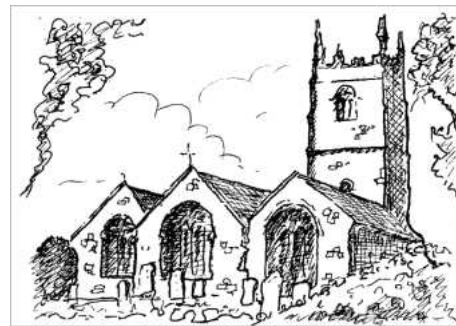
## News from Lansallos from John Feeseay, Lansallos PCC

By the time you read this the famous Lansallos Fete will have been and gone, we hope very successfully as the church relies very much on the income generated that day. The biggest potential problem is, of course, the weather – and the fete lies in the middle of the forty days after St Swithun's Day on 15 July, which every year we pray will be dry (a hope we share with holidaymakers too!). For according to a popular Elizabethan verse:

*"St Swithun's Day if thou dost rain  
 For forty days it will remain  
 St Swithun's day if thou be fair  
 For forty days 'twill remain na mair"*

How did this curious legend come about? A little research reveals that St Swithun was a Saxon bishop, known for his charitable giving, for building churches and for a miracle he performed when he made whole again an old lady's eggs which workmen had accidentally smashed when building a church. He was said also to have performed posthumous miracles. St Swithun had asked with his dying breath to be buried humbly, outside where the rain from the heavens could fall on his grave, and his wishes were met for over 100 years.

But on 15 July 971 his remains were removed from their simple grave and interred in a shrine in Winchester Cathedral, where they remain to this day. St Swithun's feast day is the date of the removal of his remains, not the day of his death. But, according to legend, forty days of terrible weather followed, indicating that the Saint may not have been very pleased with his new resting place! Ever since, it's been said that the presence or absence of rain on 15 July determines the weather for the next forty days (though it must be mentioned that this hypothesis is not generally supported by Met Office data!).



It's also possible that the legend derives from a posthumous appearance that he supposedly made to Queen Emma (also known as Oelgifa), the mother of Edward the confessor. She was accused of adultery with the Bishop of Winchester and had to prove her innocence, or otherwise, by walking barefoot across red-hot ploughshares in the nave of the cathedral. She invoked the help of St Swithun who duly appeared and told her "fear not, the fire shall do you no hurt". The next day she miraculously walked across the hot blades without harm, thus showing her innocence, the achievement being accompanied by a ferocious rainstorm.

Future Event — Harvest Festival at Lansallos will be at 6.30pm on Sunday, 29 September, with the lovely *Just Voices* ladies choir from Looe singing with us. After the service there'll be a pasty supper and other refreshments. Do come and join us in giving thanks for the food we eat and for our hard-working farming community that produces so much of what sustains us.

*Dy'gol deys lowen!  
 - Happy harvest home!*

## St John's, Bodinnick from the Friends of St John's



Our AGM will be held at 7pm on Thursday, 1 August 2024 at St John's Church, Bodinnick. All are welcome and we very much look forward to seeing you then.

The Art at St John's Exhibition during the Fowey Art Trail Week was a great success, both artistically and financially, and we would like to thank everyone who took part in and supported this event.

We are planning a second exhibition at St John's from Thursday, 24 to Sunday, 27 October, and we'll look forward to welcoming you again then.

A Christmas Fair in aid of St John's Church is to be held at Whitecross in November, please look out for publicity nearer the event for more information. Should you be interested in hiring a table please email either Hacker Browning ([hacks.b@hotmail.co.uk](mailto:hacks.b@hotmail.co.uk)) or Mary Esdaile ([esdailemary@gmail.com](mailto:esdailemary@gmail.com)).



**AT LANSALLOS**

**SUNDAY 29<sup>th</sup> SEPTEMBER  
 at 6.30pm**

**Just Voices ladies choir  
 from Looe singing with us**

**After the service there'll be  
 a pasty supper and other  
 refreshments.**

**Put it in your calendar now!**



## Lanreath and Lansallos pet services

from Rev'd Richard

Lanreath Parish Church recently hosted its annual Pet Service on the Village Green. Eight dogs came along with around 25 parishioners. The Rev'd Richard quickly made friends with all the dogs due to his bag of treats! He spoke of all the equipment needed to look after a dog today relating it to how God looks after us from Psalm 23. After the service all the dogs enjoyed a friendly greeting as did the parishioners over a glass of cider.

Lansallos celebrated its annual Pet Service in the church garden with beautiful views across the sea to the Roseland. A goodly number of people came, including some who don't normally come to regular church services. There were 5 very well behaved dogs all of whom made friends. They appreciated the Rev'd's treats and everyone listened attentively to his talk which homed in on the importance of looking after our pets and how God is a good shepherd to us all looking after our lives when we trust in him.



## Pelynt Equestrian Service

from Rev'd Richard

Pelynt hosted its annual Equestrian Service in the Bee Hive Garden Centre. 7 beautiful horses attended along with 35 people. Rev'd Richard paid tribute to the beautiful horses and how we need to reflect on the beauty of God's creation. The Rev'd prayed special prayers of blessing on the horses and riders. He was especially popular with all the horses handing out a plentiful supply of carrots. The service was great fun and even included a 5 minute rain break where the congregation all sheltered in one of the sheds!



## The Biannual award of the Trelawny Plate

from Rev'd Richard

The biannual award of the Trelawny Plate this year went to Edward Richardson of Farm Cornwall. Its a fantastic charity supporting farmers in whatever need they have. He is pictured receiving his award with Colonel Sir Edward Bolitho Lord Lieutenant of Cornwall. The service was conducted by the Rev'd Richard Allen, the Rector of Trelawny, at Pelynt Parish Church which was Bishop Trelawny's Parish. The Bishop of St Germans, the Rt Rev'd Hugh Nelson, was in attendance leading the prayers. The Rector is pictured wearing his Old Breconian tie where he was also chaplain. Following the service attended by nearly 200 people many Lord Mayors and The High Sheriff of Cornwall, everyone retired to the Jubilee Pub for pasties and a well earned glass of good Cornish ale.



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## Dogs on the beach

from the Editor

We have been informed that the notice below will be appearing on Polruan's Back Beach and Front Beach shortly and in turn wanted to share that with readers:

NO DOGS  
ON THIS BEACH

1 JULY - 31 AUGUST  
10am - 6pm

PLEASE KEEP THE  
BEACH CLEAN  
AND PICK UP  
AFTER YOUR DOG



## News from Polruan Village Hall

from Kathryn Hill, Bookings Clerk for PVH Committee



Although most of the major works needed in the Hall have been completed, our Hall Improvement Programme continues. For a very long time the stairs to the mezzanine floor of the Village Hall have been in a poor condition and they have been repaired more than once but recently the old stairs have been removed and new stairs installed by local carpenter, Chris Mylward.

We are grateful for a grant to replace the water heater in the kitchen from the late Councillor Edwina Hannaford's Community Chest and to Cornwall Councillor, Jane Pascoe, for enabling us to obtain this after Edwina's sad death. Edwina had supported the Hall with several grants over the years and was very supportive of this locality.

The hall continues to be well used with a variety of activities – Bowls on Mondays, Coffee and Chat on two Tuesdays a month with lunch on one of them, Yoga on Wednesdays, School PE on Thursday afternoons in the Autumn and Spring terms plus Table Tennis in the evening, Kidz Klub on one Friday evening a month, Film Club on one Saturday evening a month and Parish Council on one Tuesday evening a month in the Autumn and Winter.

We have also seen a number of Cornish Celtic Way Pilgrims sleeping in the hall overnight, mostly in ones or twos but including one group of six from Germany. They have commented on how comfortable they felt in the hall and on the excellent facilities and the lovely view from the balcony.

Polruan Village Hall is an ideal venue for parties and other family gatherings and for fund-raising events like our May Day Cream Tea which was reported on previously and for Table Top Sales like the one for Christian Aid reported in this issue.

Forthcoming events include our BBQ on the Old Coal Wharf on Sunday, 18 August from 6.30pm, plus an Afternoon Tea in the Hall in the Autumn – no date yet fixed for that so look out for posters and for posts on social media. Offers of help at the BBQ would be very welcome!



### from Chris Cox, Vice President

Our talk in June was given by Mike Hayward on 'The Voyage of the Mayflower: the myths and the reality'. Mike has illustrated and written many books on this and other subjects.

The Mayflower took the Pilgrims to North America, they weren't the first to make the voyage, they were preceded by explorers and traders, many of whom sailed past the Americas. Those who did land, spread terrible disease amongst the indigenous people and it's said up to 90% died. The Mayflower was supposed to accompany another ship, the Speedwell, on this voyage, but it was too leaky, never making it past Lands End. Both ships returning to Plymouth where some of the Dutch passengers jumped ship to the Mayflower which finally set sail in September 1620 with 102 on board. It should be noted the Pilgrim fathers would not have survived without the Pilgrim mothers and children, so the 102 were made up of men, together with 28 women, 31 children and a crew of 15 to 20. Strong seas prevented them getting to the planned destination and they ended up at Cape Cod; there was a lot of sickness on board and a lot of strife between the rank and file after ten difficult weeks at sea. To stop the arguing the Pilgrims signed the Mayflower Compact prior to leaving the ship to establish Plymouth Colony, a document which established the first form of democracy. A very interesting and informative talk.

At July's meeting we welcomed Tracy Jones to talk about her role as a 'Guide Dog Midwife and Trainer'. Tracy brought someone along to help her — a lovely, patient

5½ year old dog called Poppy — who loved a fuss. The statistics she referred to were really quite shocking and we learned that every five minutes someone loses their sight, that 2 million people in the UK live with sight loss, including children and 25% of people of working age with sight loss are unemployed. During lockdown all training more or less stopped and after lockdown, like many charities, the Guide Dog Association had lost more than half of their volunteers. Guide dogs began in 1931 and then German Shepherds were the preferred breed. With the help of technology an App has been created called 'be my eyes' and also a group called 'my sighted guides' to help train people to help those who are blind. It costs £34,600 to breed and train a single guide dog and it can cost £54,800 to support guide dogs from birth to retirement. (2019 stats). All puppies are cherry picked to ensure only the best litters go on to training which takes a lot of hard work. Tracy works hard to raise the profile of the Association and funds needed to continue the fabulous work they do. A lovely talk with a dog included!

As you can see, our meetings are varied and interesting, why not come along and give us a try. We meet on the the second Wednesday of each month (except August). For further information, please call Chris Cox (01726 870194).

Our next meeting is on Wednesday, 11 September. The speaker, Peter Spry, the topic - Leverton on the 1993 Documentary *Days of Majesty* for the late Queen's 40<sup>th</sup> Jubilee. The competition will be to bake a cake fit for a Queen.

## Polruan Village Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill  
01726 870953,  
kathrynehill39@gmail.com,  
who will be happy to help with any queries.

The Hall costs £15 per session (i.e.. morning, afternoon, or evening) which includes the use of all facilities including free WiFi, the Audio Visual System, comprehensively fitted kitchen and heating and lighting.

Licensed for music, alcohol, films and entertainment



The **WI Hall** in Fore Street, Polruan is a light, airy space to use for meetings, clubs, etc. with a kitchen and toilets.

The fee is £15 for a morning, afternoon or evening sessions. This includes WiFi plus heating and lighting.

To book please contact  
Claire Mayne  
07980 913934  
wipolruan@gmail.com



**Polruan WI invite you to an afternoon tea!**

**TO RAISE MONEY TO SUPPORT PEOPLE AFFECTED BY BREAST CANCER**

**WHEN: Wednesday 14<sup>th</sup> August**

**WHERE: Polruan WI Hall, Fore Street, Polruan PL23 1PH**

**TIME: 2pm**

All proceeds will go to Breast Cancer Now

Screenshots



## Polruan Regatta and Children's Sports

### from the committee

After all the planning over many months, the Committee are hoping for fair weather to enjoy the traditional Polruan Regatta over the August Bank Holiday weekend.

Although not so many entrants this year, there are scarecrows scattered around the village, this year's theme is Heroes and Heroines, to be interpreted as the entrants like. Hopefully the weather will allow them to last until after Regatta weekend. Location maps are available at the Winkle Picker and Polruan Stores.

Undeterred by last year's failure for the 42 children to catch a single crab, we will try again! The crabbing competition will be held on the Saturday morning, 24 August. Crabbing line and bait will be supplied, just bring a bucket.

On Sunday morning there will be the Regatta Church Service in St Saviour. In the afternoon, there will be traditional sports on the sports field. The community bus will run from the corner of East Street.

As is tradition, our newly chosen royalty, Eloise, Esme, Ava, Ailla, Lizzie and Robbie will be crowned first thing on Monday, 26 August.

The tide is falling all day on Monday so we will be able to hold the treasure hunt competition — a bit later than usual but we will be adding cork bobbing and donut racing. The Lostwithiel Town Band and Fowey Town Crier, Alan Giles, will be in attendance and we will welcome a new entertainer, Carlos Airhead, for his unique show.

At 4pm there will be the famous ball roll down Fore Street, followed by the carnival, prize giving and disco.

The number of entrants in our carnival has been static for a while, however the standard of entry has been first class. Please consider entering this year, get together with family or friends for a group entry, we would love to see an increased entry.

Programmes giving full details and timings will be available from the middle of August as will Ball Roll numbers and Raffle tickets and the 'shop' on the corner of East Street will be held between 9.30am and 12.30pm on the following dates:

Thursdays — 15 and 22 August

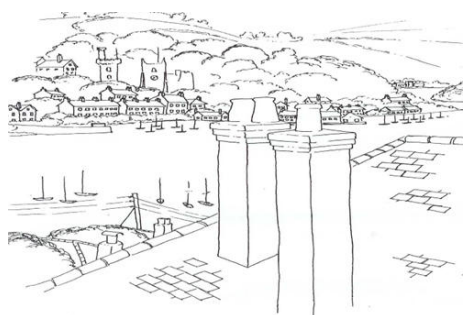
Fridays — 16 and 23 August

Saturdays — 17 and 24 August

from 9.30am to 12.30pm

We thank the generosity of our Patrons and for donations received, which enable us to carry out this programme.

Offers of help are always welcome. Please contact Lynn Bartlett on 01726 870536 or Joanna Sandy on 01726 870671. Thank you.



## Sea Sunday

### from Kathryn Hill

We celebrated Sea Sunday in a suitably decorated St Saviour Church. The service included praise for God's creation, a blessing of the sea, prayers for seafarers and all who help them and appropriate hymns, Bible readings and talk including the *Pilot's Psalm* a paraphrase of the 23<sup>rd</sup> Psalm written by Captain John Roberts in 1874.



*'The Lord is my Pilot, I shall not drift.*

*He lighteth me across the dark waters;  
He steereth me in deep channels; He keepeth  
my log.*

*He guideth me by the Star of Holiness for His  
Name's sake.*

*Yea, though I sail mid the thunders and  
tempests of life,  
I will dread no danger, for Thou art with me;  
Thy love and Thy care, they shelter me.*

*Thou preparest a harbour before me in the  
homeland of Eternity.*

*Thou anointest the waves with oil. My ship  
rideth calmly.*

*Surely sunlight and starlight shall favour me  
on the voyage I take, and I will rest in the  
port of my God for ever'.*

## Harvest of the Sea

### from Kathryn Hill

On the afternoon of Sunday, 23 June more than 150 of us gathered on The Old Coal Wharf, Polruan for a service celebrating the Harvest of the Sea led by the Rev'd Richard and Polperro Fishermen's Choir who led us in congregational hymns and also sang a number of sea related songs. A most enjoyable afternoon to celebrate all things nautical and, especially, to thank God for the harvest our fishermen reap from the sea and to remember the RNLI in this their 200th Anniversary year.

Part of this event was recorded and used by the Rev'd Richard in his Church of England on-line Sunday Service on Sea Sunday. This is available on You Tube and is well worth watching.



## St Austell Choral Society: The buzz of singing together

### from Mrs Robin McCarthy (Vice Chair)



First, excellent news for St Austell Choral Society, which means excellent news for choral music in general, and in mid-Cornwall in particular: our numbers have grown by nearly 50% over the past year, and we have been able to return to performing more ambitious programmes with professional soloists and instrumentalists.

However, there is a long way to go, so we are reaching out, once more, to anyone who might consider joining us. The question is: why would you, especially if you have never sung classical music before, or perhaps don't read music, or aren't sure of your own ability? The answer is not easy to explain, so I defer to my husband, who had only ever sung Irish pub songs after a Guinness or two before I persuaded him to join the very small choir of St Andrew's Scots Kirk in Colombo for an Easter concert. It took a lot of practice, starting

with a search for his vocal range (bass, we decided) and we sang the bass parts of Stainer's 'Crucifixion' over and over again together as we sat in Colombo's endless traffic jams, until at last the concert was upon us. And this is what he said afterwards:

*'I probably got more of a buzz out of that than I got jumping out of an aeroplane at 4000 feet.'*

So – if you're after a buzz, we are offering an Open Rehearsal at 7.30pm on Friday, 6 September, at which we will have a go at some music by Elgar and Stanford, who will form the backbone of our next concert on 9th November. If you'd like to join in, please get in touch via the website (below). New members are invited to join us for 2 or 3 rehearsals before making any commitment, and we can assure you of a friendly welcome. [www.staustellchoralsociety.co.uk](http://www.staustellchoralsociety.co.uk)





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## STEVE STROUD

Mob : 078101 24137

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### POLRUAN SURGERY HOURS


(from Fowey River Practice website)

Polruan Surgery is open from:

**Monday**  
2.30pm until 5.00pm

**Wednesday**  
closed

**Tuesday, Thursday, Friday**  
8.30am until 12.00 noon



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- bags
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- paper towel wraps
- bubble wrap
- thin fruit and veg bags
- LDPE
- see their website

# POLRUAN KIDZ KLUB



### from Angie Mallard, for Polruan Kidz Klub

Polruan Kidz Klub would like to say a big 'Thank You' to all the families who have faithfully supported us during the past year. The team has enjoyed much fun with the children and it has been a great privilege to be trusted with your wonderful young people!

Going forward, we have noticed a drop in attendance since Easter this year, which posed a couple of questions:

- Is this because this coincides with the lighter evenings when families are maybe otherwise occupied?
- Would it be better to just run the sessions between September and April for the 2024/2025 school year?

Your thoughts and suggestions on this would be welcome to enable us to make plans for the future.

We hope you all have a great summer!

### Polruan Kidz Klub

#### from Kathryn Hill for the KK Leaders

We had hoped to go out with a big splash and have our June meeting up at the school field with the National Trust slip'n'slide but, not only was it cold and wet on the day, all the rain we had been having, made the field too soft for the water bowser to get in. Fingers crossed that, weather permitting, we may manage to do this in September!

However, that didn't stop us having fun at the Village Hall with the jungle gym, art and craft table and biscuits to decorate. It was unfortunate that the digestives were a bit fragile, but half biscuits can also be decorated and eaten! Next time we'll go for rich tea biscuits which are less crumbly!





## Little Harbour

from Lynn Bartlett and Bella Tyson

With the changeable weather, we have been very fortunate to hold a couple of our book sales outside and are now hoping for good weather throughout August. We will be manning our book stall, on East Street corner, on the mornings of 6, 13 and 20 August and on 3 September. If the weather is poor, we will be in the Reading Room.

Zoe, Ava and Kaiden took part in the annual Rainbow Run at St. Mawgan in June. Thank you to them and to those who generously sponsored them. They enjoyed the multi-coloured experience for the third year.

Please do not leave books for us in the Reading Room, contact me so I can arrange for a collection. We can accept a limited



Little Harbour

number of books per person, without it causing us storage issues. We regularly add new books to the bookcase in the Reading Room and empty the secure collection box above.

As we approach the school holidays, we would be particularly grateful for children's books as we only have a limited selection.

As before paperbacks are £1, hard backs £2 and children's books 50p.

For further information, please contact Lynn Bartlett (07977 440132).

Thank you for your continued support.



## Summer Bunting 2024

from Mark Pope for Polruan Regatta and Children's Sports Committee

As many of you will have seen, the Bunting for Summer and Polruan Regatta 2024 has now been put up in Fore Street, East Street and West Street.

A very big thank you, to Chris, Sam, Annie, Steve and Jamie for giving up their personal time to achieve this.

I know from the positive comments of support given from passers-by, whilst this was happening, that both the community and visitors alike appreciate the result. It makes a massive difference to the village.

That's it folks, shorts on, BBQs out. Summer is officially here!



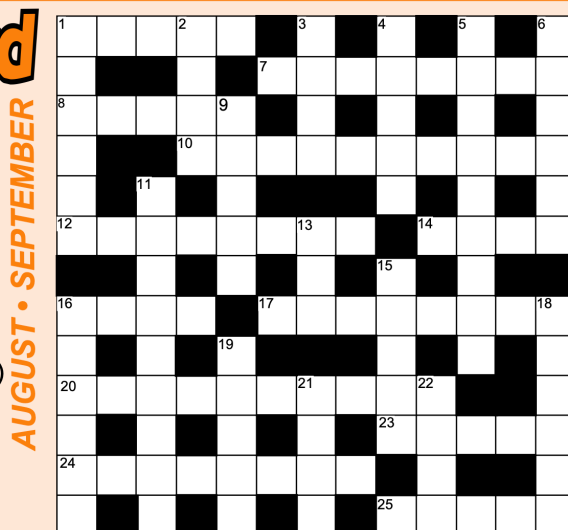
## Crossword

### ACROSS

- 1 Detest (5)
- 7 Keepsakes (8)
- 8 Star (abr.) (5)
- 10 Wildlife expert (10)
- 12 Wide-ranging (8)
- 14 Bundle (4)
- 16 Fire (4)
- 17 Sandal (8)
- 20 Lively movements (10)
- 23 Indian men's loincloth (5)
- 24 Gloomiest (8)
- 25 Friendship (5)

### DOWN

- 1 Consent to (6)
- 2 Portent (4)
- 3 Sweetheart (4)
- 4 Wild (5)
- 5 Patiently (9)
- 6 Unfriendly Fly (6)
- 9 Tobacco (5)



- 11 Calming (9)
- 13 Not well (3)
- 15 Go fast (5)
- 16 Burns (6)
- 18 Calm down (6)
- 19 Keep away from (5)
- 21 Throw (4)
- 22 Pretence (4)

Crossword compiled by John Thomlinson.

AUGUST • SEPTEMBER

## Defibrillators in the Parish



- Whitecross;** Village Hall.  
**Polruan;** Village Hall, School Lane  
 Veverly car park.  
 The Quay,  
 Fire Station, Greenbank,  
**Bodinnick;** The Old Ferry Inn.

The defibrillators are very simple to use, with voice instructions given whenever it is activated.



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### Distribution

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 Mark Pope  
 lindahazell@sky.com

## Lanteglos Community Bus Timetable

	Aug	Sep	Fare
Whitecross Market	3 <sup>rd</sup>	7 <sup>th</sup>	Donation
Par Market and St Austell	7 <sup>th</sup> , 21 <sup>st</sup>	4 <sup>th</sup> , 18 <sup>th</sup>	£3.00
Trago and Bodmin	14 <sup>th</sup>	11 <sup>th</sup>	£3.00 £4.00
Truro	28 <sup>th</sup>	25 <sup>th</sup>	£4.50

All services are now on Wednesdays except for Whitecross Farmers' Market (the first Saturday of every month). The services start from Furze Park at 0925 (1015 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick.

£1 reduction for concessions to all fares.

To book, please call in at The Russell or telephone 01726 870707

(Please do not 'phone before 9 am)

**Service subject to driver availability and, of course, Government Guidelines**

## LETTERS TO THE EDITOR

**Suzanne Goddard**  
**Springhill**  
**Chapel Lane**  
**Polruan PL23 1PG**  
**01726 870818**

**suzanne.goddard@me.com**

**or use the letterbox in the porch**  
**of St Saviour, Polruan**

*The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.*

*We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.*

*Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.*

*Stay in touch anywhere*  
*around the globe*

*The Parish News is*  
*available online at:*

[www.lanteglosbyfowey.org.uk](http://www.lanteglosbyfowey.org.uk)

*The official website of*  
*Lanteglos by Fowey*  
*Parish Council*



**Closing date for the**  
**Oct / Nov 24 issue is**

**Saturday, 14 September 2024**

Please send all copy and letters to  
Suzanne Goddard at  
Springhill  
Chapel Lane  
Polruan PL23 1PG  
suzanne.goddard@me.com  
01726 870818

Or use the letterbox in the porch of  
St Saviour's Church Polruan  
**no later than**  
**Saturday, 14 September 2024**

\*\*\* Thank you \*\*\*

## Can you spare a few hours ?

If so, perhaps you will consider taking over or sharing distribution of the Parish News? Linda and Mark have been doing this for a few years now for which we are very grateful. But with commitments to the Regatta Committee increasing, they would like to stand aside.

The role involves collecting the Parish News from the Printer (normally at either Caffa Mill or Four Turnings), towards the end of the month preceding publication, then delivering these to the outlying areas of the Parish and finally to those who distribute in Polruan.

If you are interested or would like more information, please contact the Editor, Suzanne, for further details. Many thanks

## Bridge Lessons

Several people have expressed an interest in getting together to learn to play bridge. They are looking for someone who would be willing to teach them. Can you help?

Please contact Vicky Brown 07931 212045, if you are able to assist in any way.

Thank you.

## Thank you

**from Angela Couch and Family**

Angela and family wish to thank everyone for the cards, messages, support and generous donations to the Cornwall Air Ambulance and to all who attended the crematorium service following Les's Death on 4 May 2024.

Thank you to Rev'd Richard Allen for his support and finally warmest and grateful thanks to Peter and Margaret Ripley for their caring and guidance with the final arrangements and beyond.

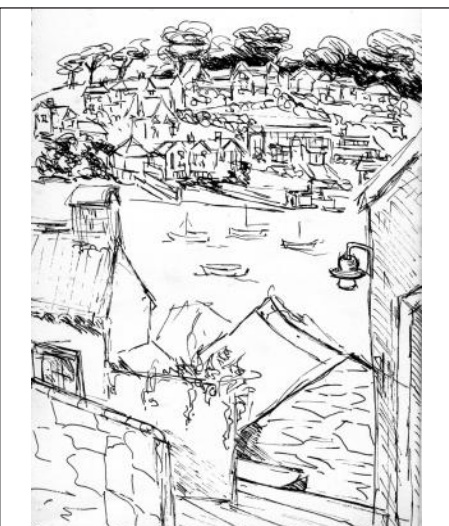
## Thank you

**from the family of Alf Bartlett**

Mary and Philip, Lynn and their families thank everyone who kindly sent cards and messages of condolence on the loss of their Father, Father-in-law, Grandad and Great Grandad, Alf Bartlett.

Thank you to those who attended the funeral service. Your support was much appreciated.

Grateful thanks go to the Rev'd Canon John Halkes for his reassuring guidance and officiation at the funeral.



## Letter from Nigeria

**from Daniel and Kathleen**

Violence has returned to Gwoza again as Boko Haram used 10 suicide bombers, all women, to create havoc in the area and thus allow Boko Haram to swoop in and shoot those fleeing. Unfortunately, 40 people died, including two of our COCIN members, many more injured, but Boko Haram were prevented from entering Gwoza. In the goodness of God, the soldiers saw them coming and were able to stop them. We need to pray for wisdom for the leaders and protection for the people. It was reported that one of the suicide bombers said, "I want to die and go to heaven" and then set off the bomb outside a Muslim wedding. We hear that worldwide Muslims are turning to the Lord and it's happening here too. COCIN is setting up a place at Foron, on the Plateau, renovating the Old Bible School buildings. Once this is ready and they have teachers, Muslims who are being persecuted for wanting to leave Islam can come for teaching and counselling before going back to their area. Do pray for this new outreach.

At the moment the Plateau is quiet, and the Police and Soldiers are successfully catching large numbers of kidnappers, drug dealers and those in possession of guns. Quite a number of folks kidnapped all over Nigeria have been released by the good works of the Soldiers.

Positively, I can confirm that my hospital appointment with the consultant went well and unless there are any complications, I will continue with the same medicine and go and see the consultant again in November. PTL Recently the Gwoza community had a gathering to encourage each other and to recognise the work some of the older Gwoza Christians. Daniel was amongst those recognised. It's lovely to see the younger ones taking leadership, some of whom were our TEE students.

The crops are doing well. Some areas up North have not had any rain and yet in some parts of Nigeria there are floods.

Daniel and I are both well and busy and we continue to be able to help some who need food and supplies. Jason has just finished the Duke of Edinburgh Bronze medal and really enjoyed the challenge. Christabel is acting in a drama and enjoying it and Jessica recently sang a small solo at a Festival commemorating Shakespeare. We had a lovely time with Kumi, Bethany and Lydia when they visited Nigeria recently for a short holiday. They are now back in the UK and were able to take Ella with them for the school holiday, Mark will visit the UK in August and bring her home. Mark and his wife, Peace, recently dedicated their new child at COCIN HQ Church. Yusuf, Grace and all of the grandchildren, except Kumi, hope to be at the Carey Family Conference and look forward to seeing some of you there.

Rifkatu Manasa has now had her mastectomy and waiting for 2 more doses of Chemo in August. Thanks for your prayers.

God bless and encourage you.



## Lanteglos-by-Fowey

### Parish Council

has a vacancy for a

### PARISH COUNCILLOR

Anyone interested in serving their community by joining the Parish Council is asked to contact the Chairman, Cllr. Rob Rooney

Greetwell, Bodinnick, PL23 1LX

Tel: 07960-742090

Email:  
[rob.rooney@lanteglosbyfowey.org.uk](mailto:rob.rooney@lanteglosbyfowey.org.uk)

## Polruan Village Hall Annual BBQ



Sunday, 18 August 2024

From 6.30 pm

On the Coal Wharf

## You're Growing Old, My Dear

By Mavis Cocks

What on earth is the matter with the  
print these days?

Why do they make it so small?  
If I didn't have my spectacles  
I wouldn't be able to read at all.

When I go shopping in the stores  
Things there are just the same  
Some of the labels are so small It's  
like playing a guessing games.

Why are the hills now so steep? Once  
they were climbed with ease. You  
don't do so bad Old Girl, folk say, But  
they don't hear the puffs and the  
wheeze!

Why can't I remember peoples'  
names  
When their faces I know so well I  
have to say that's so-and-so  
When the name I just can't recall.

And why do people mumble so  
Especially when using the phone?  
I have to tell them to speak up  
Or their voices would just be a drone.

People smile when they hear my  
complaints  
The reason they say can be told  
It isn't other folk, my dear, It's simply  
you — getting old!

© Mavis Cocks  
First published here August 2005



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Please contact Graham Tyson, The Old Barn, Polsoe, Lostwithiel, PL22 0HS — providing your full name and address and that of the recipient.

For new subscribers our rates are:  
£15 (UK) / £30 (Europe) / £35 (overseas)  
Please make cheques payable to  
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We love welcoming you to our Community Coffee and Lunch sessions. We're so grateful to the volunteers who bake, serve and look after us so well! Summer plans are a bit different. We will be serving seasonal lunches from 11am to 1pm. There will always be a sandwich and vegetarian option for you. Thanks to Kitty's Koffiji, Jam First and Polruan Village Stores for their support.

## Coffee, Cake & Catch-up

13th and 27th August and 10th and 24th September

Join us on the 2nd Tuesday each month for coffee and cakes from 10am to 12 noon.

On the 4th Tuesday each month we will serve cake and a light seasonal lunch from 11am to 1pm (Vegetarians catered for)

There is no charge but donations always appreciated.



Lunches  
too

Don't forget if you need transport (within Polruan), please phone Sue on 07811 756615 or email us at [polruanccc@gmail.com](mailto:polruanccc@gmail.com)

We would be very pleased if you will mention the Parish News when responding to our advertisers:

It helps the advertisers to know that their advertising is effective;

and it also helps The Parish News which relies on our advertisers' continued support.





**from the Polruan Regatta and Children's Sports Committee**

It was important that our Parish marked the eighty years since the D-Day landings in 1944.

We booked Company B, the jump jive band, to play on the Old Coal Wharf, Polruan on Saturday, 1 June and then registered a beacon as part of the national chain of beacons.

We were fortunate to have a fine, dry evening for Company B, when over a hundred people watched and danced the evening away to the jump jive music, played by one of the most entertaining acts in the South West.

The beacon was lit along with over 1500 others at 9.15pm on Thursday, 6 June. Building the beacon above Penleath Point ensured that the beacon could be seen around the estuary, down the coast and out to sea. Grateful thanks go to Andy Simmons and his team for collecting the wood and building and lighting the beacon safely. Thank you also to Mr and Mrs Shakerley and Mr and Mrs Tolputt for permitting the beacon to be built and lit on their land.

Fitting tributes to those courageous personnel who left from our harbour and elsewhere for the French coast 80 years ago.



*The Beacon*



*Fowey Lifeboat during the D-Day parade*

**Crafty Roosters**  
from Tammy Skinner

Are you interested in learning how to knit, crochet or sew? Do you have an item of clothing that you wish you could tweak to just make it fit better, or maybe a project, like making your own curtains, cushions, or clothes? Would you like to try out different crafts?

This term we have been doing Lino Printing and Indian block printing. Perhaps you just want to carve out some time in a busy schedule to just sit uninterrupted and get on with a craft project, Diamond Art, Cross Stitch



or embroidery for example. If that's so, then this group is perfect for you!

We are a friendly, welcoming group of all ages and abilities. So why don't you come join us in the Autumn!

Our next sessions are:

*Monday, 9 September 10am-12noon;*

*Thursday, 26 September 2-4pm*

In the WI Hall, Polruan and cost £2.



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## News from Polruan Primary Academy

from Jane Wills, Head of School

Thankfully the weather has been a little kinder, so we have avoided extensive disruption to the many exciting on and offsite experiences to enhance learning in our busy summer term. As a whole school, we are focusing on developing resilience in challenging situations and applying the strategies we have all learnt in Decider Skills workshops. To support this, both classes venture outdoors for Wild Tribe and Forest School sessions and despite some fairly unseasonal weather, there was no dampening of spirits to go with the soggy clothes. The children have explored how to whittle and saw wood, cook over a campfire, climb trees, make birds nests and bird feeders and much more. Hopefully the resilience, determination and curiosity fostered will translate to the children's classroom learning.

In June, we held our Sports Week, a week full of sporting endeavours, sportsmanship and fun. Sports activities are always popular with Polruan children; they enjoy being active, being outside, challenging themselves and this fantastic attitude means that Sports Week is one of the best weeks in our school calendar. Throughout the week, the children competed in the Bridge School Games, our Trust inter-school sports competition, challenging themselves in a range of sports which this year had a French theme reflecting the Olympics. Amazingly, POLRUAN WON, beating the other 14 Bridge schools! We have celebrated the win with a special assembly where the children were presented with the Winner's trophy. A big thank you to school staff for organising the games and encouraging the children to be their very best sporting selves.

We have also celebrated the children whose art and writing were awarded prizes in this year's Fowey Festival. A huge congratulations goes to Irina, who won second place in the KS1 Arts category with her beautifully colourful and creative interpretation of the seaside. We are all very impressed with her collage – what a fantastic role model she is for our school community. Further congratulations go to Ava and Mia, who received commendations for their artwork and Liam for his brilliant poem about the Thieves of Polruan (see page 16).

The older children in Tregagle class have been travelling across to Fowey for their SUP/ Kayaking/ sailing sessions with Paddle Cornwall and Gallants Sailing Club. It has been a fantastic experience for all the children and they have thoroughly enjoyed challenging themselves learning how to paddle/navigate and enjoy being on the water while staying safe. We had lots of positive feedback following the sessions both from the children and the instructors, who were super impressed with the children's enthusiasm and willingness to learn. One of the children remarked how lucky we are to learn something so exciting right on our doorstep – we can only agree with that.

The last job will be creating our entry for this year's Scarecrow competition, a reading hero. If you are in the vicinity of the school, pop by and have a look.

We are now ready for the summer break and hoping for sunshine to enjoy our beautiful corner of Cornwall.



HB

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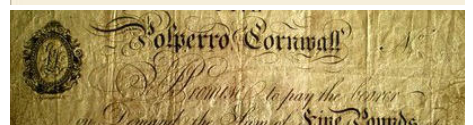
or call/message Rita  
on 07906 724338



## 2024 MARKET DATES

March 31 <sup>st</sup>	August 11 <sup>th</sup>
May 5 <sup>th</sup>	August 18 <sup>th</sup>
May 26 <sup>th</sup>	August 25 <sup>th</sup>
July 7 <sup>th</sup>	September 1 <sup>st</sup>
July 14 <sup>th</sup>	September 8 <sup>th</sup>
July 21 <sup>st</sup>	September 15 <sup>th</sup>
July 28 <sup>th</sup>	September 22 <sup>nd</sup>
August 4 <sup>th</sup>	September 29 <sup>th</sup>

THE OLD COAL WHARF  
(POLRUAN)





# Fowey River Lions

## A new Lions year!

July sees the beginning of a new Lions year. We have had an excellent start to our new year. The Club is pleased that our President, Steve Jones, is willing to continue for 2024 - 2025 and we are equally delighted to welcome Nicole Rowse and Gretchen Viehmann as new Lions members. You too could be part of this Club by joining in. Our next meeting will be on **2 September at 8pm** at the Ship Inn, Polmear. Come and see what we do.



Left to right Lion Nicole Rowse, Lion President Steve Jones, Lion Gretchen Viehmann

## Quiz Nights at Safe Harbour, Fowey

Tuesday, 6 August starting at 8pm

Tuesday, 3 September starting at 8pm

Make a note in your diary to join us for a fun quiz night. There will be plenty of prizes and a raffle as well. Come and join a team or bring some friends to make up a team of your own. Our grateful thanks to Graham and his team at the Safe Harbour for supporting us. We will be raising funds to support Fowey River Lions, our charities and the community in our local area.

## Telephone Box at Safe Harbour Fowey

We are pleased to announce that we have secured this iconic box and very soon it will be reopened as a book exchange. As the transformation takes place, we will be keeping you informed.

## Help for Ukraine –

We are still helping Callington Lions to collect the following items to take to Ukraine. So far, we have had several donations of tents, sleeping bags, medicines, glasses and toiletries. Thank you so much for your support it is appreciated.

### Items Desperately Required:

- Baby clothes, nappies, formula, soap, shampoo, talc, nappy rash creams, Calpol or similar, Toys.
- Sanitary items for ladies, soap, shampoo, conditioner, hairspray, deodorant.
- New and unused cosmetic products.
- Clean sleeping bags, tents, camping equipment.
- Unwanted Prescription spectacles – required by optometrists to pass on to those in need.
- Medical items – Paracetamol or pain relief medications, cough remedies, plasters and bandages.

Ukrainian Hospitals need your unwanted Prescription Medications. Any Unwanted Prescription Medication go Directly to the Ukrainian Medical Services and MUST have a Pharmacy Label attached to the item.

Fowey River Lions are pleased to help support their excellent work, please contact 01726 832580 (leave a message if no reply) and we can give you the nearest collection point.

## Fowey River Lions

We are a local community organisation raising funds and helping our community. We started in 1977 with a large group of like minded people helping their local community by raising funds for local, national and international causes. Over the years we have donated to major charities such as Cancer Care, Motor Neurone Disease, RNLI, local charities such as Children's Hospice SW and helped local people in need as well as encouraging and supporting young people in their development with smaller grants. It is not all hard work; in fact it can be great fun and gives a great feeling of satisfaction. We meet once a month and

discuss what we are going to do and once a month we have a social event. We welcome anyone in the area to come and meet us and see what we do. We meet on the first Monday of the month (except August), upstairs, at the Ship Inn, Polmear at 8pm. We would love to see you.



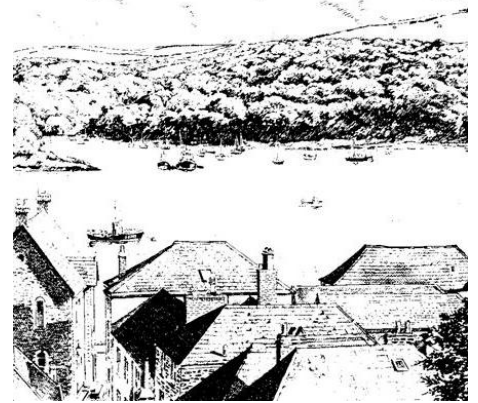
Our social outing this month was on a lovely July evening taking a boat from Fowey to Mevagissey to enjoy a supper of fish and chips. We were delighted to share this with friends and family.

[www.lions105sw.org.uk/foweyriver](http://www.lions105sw.org.uk/foweyriver)

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## To Advertisers and Contributors

from the Editor

We are very grateful for all the fantastic contributions received at The Parish News.

We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14<sup>th</sup> of the month preceding publication, otherwise the content will remain unchanged.



## News from Nigeria

from Kathryn Hill

At the end of June, I half heard something about violence in Nigeria on the BBC World Service and looking it up on the internet read about the Boko Haram attack on Gwoza that Kathleen wrote about. More recent news is that the death toll from that attack is now 40. That news item also stated that 'Borno state has been at the centre of a 15-year insurgency by Boko Haram Islamist militants, which has displaced more than two million people and killed more than 40,000.' Gwoza is where Kathleen and Daniel lived and worked for many years and I spent several very happy holidays there with them. During one holiday I climbed to the top of the Gwoza Hills with Daniel and others to a wedding that he officiated at. It was quite a climb over very rough terrain!

At about the same time as the attack on Gwoza, an armed criminal gang attacked a rural community in Sokoto State in the North West of Nigeria killing six people and capturing nearly 100 people to hold to ransom. The Nigerian economy is in a



dreadful state and this is resulting in many crimes including people stealing crops before their owners can harvest them.

There is some good news from Plateau State where Governor Caleb Mutfwang (who I taught at BSS Gindiri) is doing an excellent job of bringing the different tribal and religious groups in the state together for the common good and in containing the Fulani terrorists. He has stationed security units in a number of rural communities and equipped them with motor bikes so that they can easily pursue and arrest those trying to make terrorist attacks.



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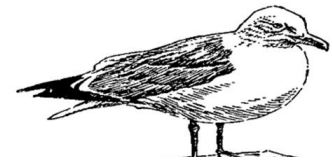
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Please ensure that any rubbish for collection is put out early Monday morning and not before



It is strongly recommended that householders use the wheelie bins or gull proof sacks

Owners of holiday lets are asked to provide their tenants with dustbins

**Please do not  
feed the gulls**

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Please see my work portfolio on Instagram: [jacobs\\_ark](#)



## Notice Inviting Tenders

Lanteglos-by-Fowey Parish Council hereby invites tenders for:

1. Carrying out remedial foul drainage works and general refurbishment of one of its public toilet facilities in Polruan. (Reference LBF2024/004)

2. The operation and cleaning of three public toilet facilities in the area serving Polruan. (Reference LBF2024/005)

Tender packs for each contract, including a schedule of work and terms and conditions, are available from the Parish Clerk (see below) or at [contractsfinder.service.gov.uk](http://contractsfinder.service.gov.uk) quoting the references above.

All queries on any issue relating to these tenders should be made by 14 August 2024.

**Tenders are required to be submitted by midday on 31 August 2024.**

Gillian Thompson (Mrs)  
Parish Clerk  
Lanteglos by Fowey Parish Council  
12 Bonython Drive, Grampound, TR2 4RL

Tel: 01726 884024  
Email: [clerk@lanteglosbyfowey.org.uk](mailto:clerk@lanteglosbyfowey.org.uk)

## Polruan Pups

### A NEW Local Pet sitting and Dog Walking Service

We at Polruan Pups are a family run business providing a loving and caring environment for the special pooch in your life.

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Specialising in solo walks so your furry friend will have undivided attention, we also provide house sitting/stays and cover should you go out for a meal, on a day trip, or for work or business needs.

Please give us a call today to discuss your requirements.

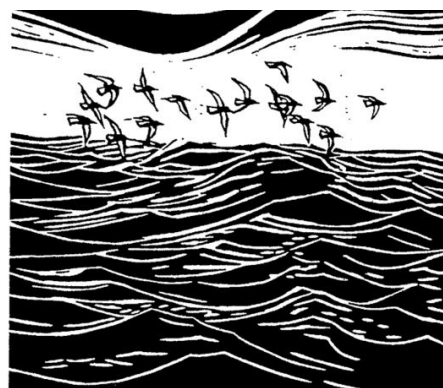
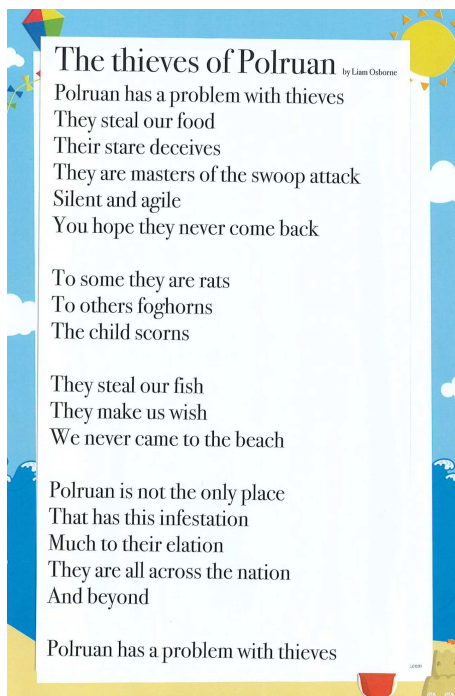
Contact Emma 07442037662 or find us on Facebook



## The thieves of Polruan

By Liam Osborne

[By Ed. This poem is mentioned on page 13 in the News from Polruan Academy. The poem was one of several commended entries from the Academy students in the Fowey Festival Children's Art competition.]



### Havens

By Mavis Cocks

*"Any old port in a storm" we say.  
But to seamen there's no truer words.  
When battered by ferocious gales  
For haven they say, "Thank the Lord".  
To burrows little creatures hastily run.  
Birds swiftly fly to their nests  
Cattle huddle in the lea of a hedge.  
At such times Nature knows best.  
Sudden storms often hit our lives  
Havens we hopefully find.  
Sanctuaries where we can thankfully rest  
Weary bodies and anxious minds,  
Havens.*

© Mavis Cocks

First published here April 2008

## My Cousin Avril

from Kathryn Hill

I've known Avril all her life! We are cousins with just a year and a week between us, and we have been friends since we were toddlers. One of my earliest memories is Avril and I sitting on the steps of the cottage where her Gran, my Great Aunt Rachael, lived and I am pretty sure that it was the summer that Avril was 2 and a bit and I was 3 and a bit!

Avril and I played together throughout our childhood, usually with many others and whether we were doing quiet indoor things like jigsaw puzzles or playing board games, or being out-of-doors running about playing 'chasey', climbing trees or building dens, at the end of it Avril always looked as if she had stepped out of a band-box and I looked as though I had been pulled through a hedge backwards! It was as though she repelled dirt and disorder and I attracted it!

Another happy memory was a group of us teenage girls spending sunny summer days on the rocks above Boys Cove, often joined by lads, including Alan – a good way for Avril and Alan to spend time together as her dad was decidedly over-protective! Once they met, I am quite sure that neither of them ever had eyes for anyone else, they were a truly devoted couple and both were devoted to their children and grandchildren.

I used to say that Avril and I were more like sisters than cousins but, if we had been sisters, we would probably have fought and squabbled, and I can't ever remember us falling out or having cross words.

Avril loved being part of the Polruan community; she served on the Regatta Committee for many years, helped with Play School and, later, Kidz Klub and was involved with fund-raising, especially for Help for Heroes.

Two things that everyone I've spoken to about Avril say is how smart she always was, especially her hair and her high heel shoes, and how much she adored her grandchildren and being a Grandma.

Despite having very different lives and interests Avril and I remained very good friends and I always enjoyed spending time with her. Goodbye dear friend and cousin, I miss you.

### An Amateur Gardener's Heartfelt Prayer by Mavis Cocks

May the good Lord keep cats from my patch.  
Shoo them away to other places to dig and scratch.

May slugs and snails give me a rest,  
then I'll no longer see them as pests.  
May sun and rain be kind to my seeds,  
then I'll raise hardy plants and not weeds.  
May my puny efforts be crowned with success,  
then I'll thankfully sit back and rest.  
And if I smugly start to bore friends, well then  
may they stop me with a fervent amen.

© Mavis Cocks

First published here April 2005



## In the garden

### Top Tips to bring great seasonal colour to your garden this August

August is usually one of the hottest months of the year. The warmth and summer spirit always combine to make August one of the most enjoyable months and where better to enjoy it than in the garden. The following plants will ensure fantastic summer colour.

**Zinnia Elegans** (Common zinnias) is a delightfully colourful, bushy annual in the Asteraceae family whose close cousins



include Sunflowers, Asters and Daisies. They bloom from early summer right through to early

autumn, making them fantastic for summer colour throughout August. They are available in a huge variety of colours from delicate daisy white through to fire cracker yellow and lipstick pink. They enjoy moist well-drained soil in full sun.

**Clematis Viticella**, have beautiful rich purple, deep blue and mesmerising white flowers which renew themselves, time after time, continuing to bloom

throughout the season and providing a wealth of colour all the way into Autumn. It is



incredibly hardy, enduring hot summers and cool winters with ease. For best results, these Clematis should be planted in full sun or partial shade, in moist but well-drained soil of any type. Be careful with the pH though, as this plant does not like very acidic soils.

**Crocosmia 'Lucifer'**, this handsomely devilish perennial is easy to grow and will add fiery intrigue into almost any garden. Crocosmia's profuse, orangey-red flowers



make a vivid contrast against its green sword-like leaves and the plant is perfect for adding colour and

structure to the border. It also gives your garden a welcome burst of late summer colour just as other plants may be starting to fade. It is a clump-forming plant that does not require any pruning and is generally disease free. Crocosmia 'Lucifer' will thrive in a humus-rich soil that is moist but well-drained. It is extremely hardy and prefers a position in full sun or partial shade.

**Agapanthus 'Regal Beauty'**, is a truly mesmerising plant. Throughout August and late summer, it exhibits dramatic violet-blue flower heads measuring up to 30cm in diameter. They grow on upright stems above the strappy evergreen foliage and are perfect for perennial borders or as potted plants. Agapanthus is not fully hardy and will need moving into a sheltered spot over winter. Use

loam-based compost with added grit for drainage and keep the soil fairly moist.



Grow in a sunny, sheltered spot for best results.

### Three top jobs for September

Summer is drawing to a close but there are still a number of gardening jobs that are worth doing. Get outside to catch the last of the summer sunshine, create some additional plants for free and prepare your garden with bulbs to ensure a spectacular spring colour display.

#### Dividing Perennials

Summer-flowering herbaceous perennials can be lifted and divided in September when they've finished flowering, but the soil is still warm enough to aid new root development. In fact, most perennials need to be divided every two to three years, otherwise they get too big for the space they're in and become congested.

To do it, gently dig out the plant you wish to divide. This is often best done with a fork



rather than a spade, as the latter is more likely to sever plant roots.

Once the plant is out, divide it in a way suitable to its type.

Small fibrous-rooted plants like Hosta (Plantain lily), Heuchera (Alum root) and Epimedium (Barrenwort) can be gently teased into two with your fingers, while larger fibrous-rooted varieties, such as hardy Pelargonium (Geranium) and Hemerocallis (Daylily), are best levered apart using two garden forks thrust back to back into the plant's centre. This will separate the plant into two with minimal root damage. If the plant you're dividing is especially big, you will need a good strong fork.

Plants that have woody crowns or fleshy roots, such as Aстранtia (Masterwort), Delphinium (Larkspur) or Helleborus (Hellebore), usually need chopping in two with a spade or saw. So there's no need to be shy with these varieties.

Once the plant has been divided, replant the newly-divided specimens in your chosen spots and remember to water them frequently as they get established.

#### Planting Bulbs

September is the perfect time to plant hardy spring-flowering bulbs such as Narcissus (Daffodil), Hyacinth and Crocus. These bulbs will do best in a warm, sunny spot and they all love good drainage.

If you're planting them in a bed or border, dig a hole about four times the depth of the bulb



and put a layer of sand and grit in the bottom of the hole to aid drainage. Cover this with a little compost, then plant the bulbs under about 2-bulb's worth of depth of soil. Try bunching six to ten bulbs together in one spot, placed one bulb's width apart, or line a path them for an impressive display.

Bulbs are also excellent grown in pots, which can then be brought indoors for a marvellous spring flower display. Since they love good drainage and could rot if kept too wet over winter, plant them three bulbs deep in a good quality compost mixed with horticultural grit from the garden centre at a ratio of 3:1.

#### Taking Cuttings

Tender perennials like Fuchsia, Petunia, Salvia (Sage), Verbena (Vervain), Penstemon and Chrysanthemum can all be propagated with cuttings. This is a brilliant way to grow more plants for nothing, and there's something satisfying about nursing plants through from tender young shoots to fully-fledged plants.

You'll need to find strong, young growth that hasn't flowered this year and snip it off at an angle just beneath a leaf joint, leaving a stem of 5-

10cms in length. Next, strip off the leaves from the lower stem, leaving



just one or two pairs towards the top. This will help to prevent the plant from losing too much water via its leaves while it has no roots to take moisture up from the soil.

Dip the end of the cutting in hormone rooting powder and plant in compost mixed with a little horticultural grit for drainage. This will help to prevent the end from rotting and promote good root growth.

Put the plants in a propagator or push wooden chopsticks into the soil around the cuttings and cover them with a plastic bag to help retain moisture. Place the cuttings somewhere bright and warm, but keep them out of direct sunlight until roots have formed (about six to ten weeks). It's a good idea to mist plants daily to ensure their water needs are met while they are still rootless.

When the cuttings have rooted, pot on into larger containers and overwinter them in a greenhouse or cool conservatory or porch.

*Taken from David Domoney's 'Simple monthly calendar'*





**The first Saturday of every month,  
10am–1pm at Whitecross Village Hall**

**Saturdays: 3<sup>rd</sup> August, 7<sup>th</sup> September,  
5<sup>th</sup> October**

**Summer at Whitecross**

This edition, we're simply celebrating the joy of summer at the market in pictures.

Thank you to all our lovely smiling stallholders.

And big thanks to regular Whitecross shopper Josie Misick from Lerryn for her joyous photos.



- Don't forget:
- You can text your pasty order to Kim on 07402 234386.
  - Community buses run to the market from Fowey and Polruan.
  - Please bring some cash, as not all stallholders can take cards.

Follow the market on Facebook and Instagram (Whitecross local market) – thanks to Charlotte for doing all our social media.

Contact us by email: [whitecrosslocalmarket@gmail.com](mailto:whitecrosslocalmarket@gmail.com) or tel. Liz on 07900 668604.



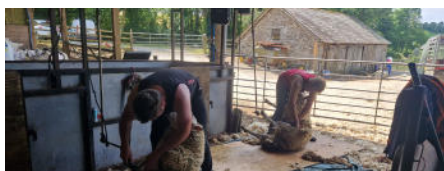


## News from Frogmore Farm

from Gill Palmer

Lorna and Jess had what could be a once in a lifetime experience. One of Jessica's friends phoned her at 1 o'clock in the morning and said, "Get up, the Northern lights are in the sky". She woke Lorna and, in their dressing gowns and wellington boots, jumped into the buggy and went up to the cliff top field. The lights were magnificent, unbelievable, totally beautiful.

The sheep were pleased to get rid of their heavy coats in the hot weather. It was a very noisy morning as lambs were racing around trying to recognise their mothers. The ewes



were eager to get back into the fields as they had been shut in a house for the previous night. It's much safer for the ewe to be shorn on an empty stomach and it also makes sure the wool is completely dry. Sophie was not allowed to touch anything sheep related because she is expecting our fourth Great grandson, so Lorna had to roll all the fleeces and stack them twenty to a sack.

Simon and Ben hosted a visit from the East Cornwall South Devon Herd book society. Thirty or so people turned up one Sunday afternoon to take a tour of the farm and to look at the cattle. Ben carried them on a trailer with straw bales to sit on. Lorna and Sophie provided a barbecue to finish. It was a great success, enjoyed by everyone.



The weather was kind when the silage was cut and gathered into our new silage pit. It was harvested and safely covered down in just one day. Unfortunately, everyone got into a filthy wet mess as they covered the pit with tyres. All the tyres were full of smelly water left over from the Winter rains. I was thankful that I am now retired and considered far too old to help with that job!



In the last newsletter I wrote that the swallows were back and the little wren was in their nest. One afternoon there was a great deal of noise in the porch. A confused swallow was trying to inspect her nest only to find a very cross very tiny wren attacking her. After a couple of days of argument, the swallow gave up the fight and began to build a new nest, making thousands of trips to the boggy patch in the field bringing back a beak full of mud each time to build her new nest.

The wren's eggs hatched and we were very excited to watch the little fledglings taking their first short flights. Since then, the bossy little wren has hatched another brood and some baby swallows are now peeping out of their nest.

Still on the subject of birds, the swifts arrived back at Frogmore announcing their arrival with their shrill shrieks. A few years ago, two birds came and nested in the eaves of the house. This year fourteen have been counted. This is really good news because they are becoming quite rare. They really are quite remarkable birds. They have very tiny feet with four toes which all point forwards so they cannot roost in a tree or wire. For approximately three years they never land at all, then the female flies into a flat surface to lay her eggs.

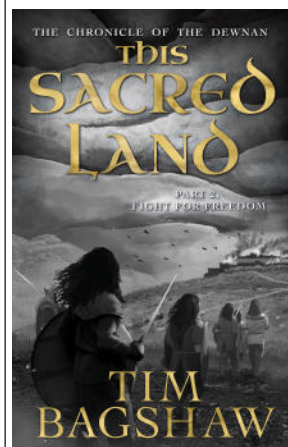
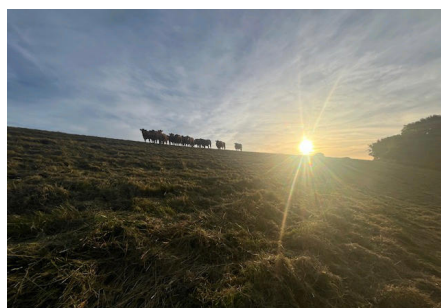
A lone red kite has been spotted gliding around the skies, it's bigger than a buzzard and has a very wedge-shaped tail.

A farmer has to be proficient in so many tasks. Ben was very surprised by a request he received a few weeks ago. A young couple, Matthew and Holly, were getting married at Tredudwell Manor. The new Mrs Dyer wanted to ride in a tractor. She asked Ben if he would drive her to a field overlooking the



sea so she could have some photographs taken. There is a passenger seat in the tractor so Ben said he would. A working tractor can get quite dusty and dirty, so the first job was to clean it. The second problem was how to get Holly in her beautiful wedding dress up into the tractor. Luckily Ben had helped Sophie to climb aboard in her wedding dress on their wedding day, so he had done it before. Matthew, the bridegroom, and the photographer had to ride with Simon in the buggy. It was a beautiful day and the sea was an amazing blue colour, so some wonderful photographs were taken. On arriving back at Tredudwell, the bride drove the tractor along the drive to the cheers of all their guests. Has she started a new trend for country weddings – I wonder?

To the person who dumped grass in our gateway, please don't do it again. Lawn cuttings can be poisonous to animals due to the residues of weed killers and lawn treatments. I'm sure you wouldn't like to be responsible for the death of a lovely animal.



Following the success of local author Tim Bagshaw's *This Sacred Land: The Return of the Prince*, the first in the *Chronicle of the Dewnan* series, his highly anticipated sequel, *This Sacred Land: Fight for*

*Freedom* is welcome news for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. *This Sacred Land, Parts 1 and 2* combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: [www.twitter.com/@bagshaw\\_tim](http://www.twitter.com/@bagshaw_tim) and [www.facebook.com/dewnanchronicle](http://www.facebook.com/dewnanchronicle)



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.



**MEMBERSHIP:**

Polruan residents, local residents and visitors are all welcome!

**BOOKINGS:**

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fylm community film clubs



by phone on 01726 870505  
or through the  
website: [www.polruanfilmclub.co.uk](http://www.polruanfilmclub.co.uk)  
or email: [bookings@polruanfilmclub.co.uk](mailto:bookings@polruanfilmclub.co.uk)

**Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend. Occasionally due to non-availability we may have to substitute a film at the last minute. Films start at 7pm Bar open from 6:30pm**

On **SATURDAY 31st August at 7pm** we are showing **OPERATION MINCEMEAT** starring Colin Firth and Penelope Wilton. (12)



1943. Having driven the Germans and Italians out of North Africa, the Allies are planning to invade Sicily. Resistance is expected to be very stiff. In order to divert enemy forces away from Sicily, British Intelligence is aiming to convince the Germans that the invasion will occur in Greece instead. As part of this they intend to leak false information on the Greek invasion to the Germans through having a dead body wash up in Spain.....

On **SATURDAY 28th SEPTEMBER at 7pm** our film will be **FINDING YOUR FEET** starring Joanna Lumley, Imelda Staunton, Celia Imrie & Timothy Spall (12)



When "Lady" Sandra Abbott discovers that her husband of 40 years is having an affair with her best friend, she seeks refuge in London with her estranged, older sister Bif. The two could not be more different - Sandra is a fish out of water next to her outspoken, serial dating, free-spirited sibling. But different is just what Sandra needs at the moment, and she reluctantly lets Bif drag her along to a community dance class, where she starts finding her feet.

**MEMBERSHIP RENEWALS** If your membership has expired you can renew this online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

**TICKETS: ANNUAL MEMBERSHIP INCLUDING ENTRANCE TO FIRST FILM : Adults £6 - Youth (12-15) £3**  
**SUBSEQUENT FILM TICKET PRICES: ADULTS: £4 YOUTH (12-15): £2**  
There is no membership fee for children under 12 but a £1 ticket charge per suitable film



# POLRUAN STORE



The small shop with the big range.

Orders for dairy products, fruit and vegetables and meat from Kittow's Butchers are now being taken.

Please direct any enquiries via our email address or phone the store.

We are open 08.00 - 17.00 Monday to Saturday,  
08.00 - 11.30 Sunday.

Tel: 01726 870477 [office@polruanstore.co.uk](mailto:office@polruanstore.co.uk)

Find us on Instagram at [polruanstorecornwall](https://www.instagram.com/polruanstorecornwall)

Polruan Store, 14 Fore Street, Polruan, Cornwall, PL23 1PQ

Thank you for supporting local businesses





**National Coastwatch**  
EYES ALONG THE COAST



**Polruan NCI**

from Ray Rigg, Station Manager

This year is the NCI's 30th Anniversary, our first station at Bass Point was opened in 1994. To celebrate the anniversary, the NCI has commissioned a special flag with all of the station names on it. The flag is currently being relayed around the UK, having started at Fleetwood on 3 June; when it reaches Filey in September it will then be taken to Trinity House for permanent display.

Each station has tried to find an innovative way of carrying the flag to the next station. On 5 June it was carried from the station at Portscatho to Charlestown aboard a sail training ship. On 6 June Charlestown station dispatched it to us by bicycle through the Pinnock Tunnel to Fowey, where one of the Polruan watch keepers, Salvador Potter, brought the flag and its courier across the river in his classic rowing boat which was built in Fowey.

On 7 June it was Polruan's turn to carry the flag to our colleagues at Rame Head. So Ray Rigg, the Station Manager, along with his deputy, Grant Sharpe, travelled aboard watch keeper Mark Duffy's splendid Fairy Swordsman, Liberty. Going out was very enjoyable but coming back was a little more challenging as the wind and the tide were against us and we got somewhat wet. We met our colleagues from Rame Head in Cawsand bay for the handover to Robert Hillman, the Rame Head Station Manager.

We have now had three incidents this year the latest was on 13 July. A vessel had engine failure a mile offshore between Fowey and Lantic Bay. They called us on Channel 65 to ask for assistance and Jonathan Yeldham, who was on watch, relayed the information through to Falmouth Coastguard who issued a PAN PAN. A tow with Katie (FY 124) was organised and the casualty was safely returned to Fowey Harbour.

We are always on the lookout for new members to join our happy band of volunteers, who we train up to a standard similar to the RYA Day Skipper qualification. If you are interested in joining us do pop into the lookout and talk to the duty watch keeper or contact Ray Rigg, the station Manager, on 07956 286270.



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# Lanteglos-by-Fowey Parish Council Report July 2024

from Rob Rooney, Chair Lanteglos-by-Fowey Parish Council

## from Rob Rooney, Chair Lanteglos-by-Fowey Parish Council

In its 400-year history, Bodinnick's Old Ferry Inn has probably never been more loved as during the last couple of months.

A community sprang into action once word spread that the current owners wanted to convert the river-facing third of the building into a private dwelling. Lanteglos-by-Fowey Parish Council's May meeting was the first rallying point, with over 30 people crowding into Whitecross Village Hall to object. With community group, Bodinnick United, conjured into being, over 200 objections lodged with Cornwall Council's planning department, window posters and banners appearing overnight, it was clear that a hornet's nest had been stirred.

The Parish Council unanimously objected to the proposal and then, on 3 July, Cornwall's Planning Department rejected the application. That prompted a huge sigh of relief but the battle to preserve a priceless heritage is far from over.

The Inn is now for sale. It remains to be seen whether the planning decision will be appealed or if the prized outside terrace will be restored.

One objector, speaking at the May Parish Council meeting, said the planned conversion was an attempted 'privatisation of public space'. I was impressed with that at the time but, on reflection, it is factually incorrect. The Old Ferry Inn has always been in private hands and has always been subject to a mixture of owners' whims and economic pressures.

But the first part of that equation could be neutralised if a bold initiative by Bodinnick United succeeds. It is a sad fact that, all over the country, pubs and clubs have closed their doors forever. And whenever that happens, the community dies a little.

But communities can and do rally to step in and take ownership of the former business as a community asset. That is what Bodinnick United hopes to do with the Old Ferry Inn. There are many obstacles to overcome, not least meeting the asking price. But restoring this iconic, world-famous Inn to its former glory and ending uncertainty over its future could be the glue that binds together the community on the east side of the River Fowey.

[www.lanteglosbyfowey.org.uk](http://www.lanteglosbyfowey.org.uk)



## Planning applications

**PA24/02746, Ro-Dew 17 Road from Pol-tec Lane to Old Road Lanteglos** – application for extension and re-modelling to include removal of existing conservatory and provision for roof mounted solar panels.

Members requested: Confirmation on whether the existing property will be kept or demolished; a condition that any future development would require a planning application and would not be 'permitted development'

**PA24/02889, Polruan Holiday Centre Townsend** – application for a Lawful Development Certificate for an Existing use of the land as a caravan site and camping site. Members SUPPORTED the declaration and confirmed the area had been used as a campsite for over 50 years.

**PA24/02874, Restormel Chapel Lane Polruan** – erection of rear ground floor porch extension, with associated works. Members SUPPORTED this application.

**PA24/03053, Rock Bottom West Street Polruan** – application for Non-Material Amendment to PA23/01876 for Renovation and extension of an existing dwelling including changes to levels and layout, an air-source heat pump and work on windows and voids. The case officer was unable to grant an extension and a response of "NO COMMENT" was agreed by the Planning Working Group.

**PA24/03148, Ferry Climb Townsend** – proposed installation of stone cladding on the lower ground floor elevations, vertical timber board cladding on the existing dormer and a full-size gable end window. Works to be carried out to lower the existing dormer to match the original height of the main roof under permitted development right. Members made "NO COMMENT" as the work is already in progress and there is no significant change to the original planning application.

**PA24/02582, Land Adjacent to Vevery Car Park Townsend** – change of use of land to storage compound, and the creation of a new access. Cllr. Kelly left the meeting for this discussion. Members OBJECTED to this application. Their full response can be seen on Cornwall Council's website, or you may obtain a copy from the Clerk.

**PA24/00516, Land North of Frogmore Farm Lanteglos** – erection of new agricultural barn for livestock purposes. Members commented this was similar to the application discussed before and recognised this as a specialist issue.

**PA24/02259, Old Ferry Inn Old Road Bodinnick** – change of Use of Part of the Old Ferry Inn into Dwelling with additional balcony to West Elevation. Members OBJECTED for several reasons, specifically because it Contravenes NDP Policy1.1 and CLP Policy 24 Historic Environment – harm / removal of a heritage asset in a conservation area. Their full response can be seen on Cornwall Council's website, or you may obtain a copy from the Clerk.

**Proposed Telecommunications Base Station at New Hill Road, Fowey** – there was insufficient time allowed for Members to consider this proposal at a formal PC meeting.

Members comments were sent to the applicant, Galliford Try with concerns about; the increase in height, siting of the mast close to schools and housing, preference for siting on higher ground such as near near Four Turnings garage.

**PA24/03863, 7 Fore Street Polruan** – single storey side extension to fill in existing courtyard. Members noted the deadline only allowed consideration via email and a response of "NO COMMENT" was submitted to Cornwall Council.

**PA24/00622/PREAPP, Pink Cottage 18 Old Road Bodinnick** – pre-application advice for additional storey to the existing property to create an additional bedroom and bathroom. plus adding an additional story to the detached garage to create a self-contained 1 bed flat. Members made "NO COMMENT" as there is insufficient information provided to make any sensible comment.

**PA24/04174, 58 West Street, Polruan** – extension to incorporate a small courtyard into the main house. Members made "NO COMMENT" as this looks to be a simple infill and extension of roof line all to be painted in the same colour.

## Planning Applications Approved by Cornwall Council

**PA24/01208, Highfields Lanteglos Fowey** – new detached outbuilding and new detached garage.

**PA24/01791, 22 Meadow Close** – Balcony to Front of Dwelling.

**PA24/01599, Hoe Cottage Battery Lane Polruan** – proposed renovation and reconfiguration of existing ancillary accommodation, Hoe Cottage.

**PA24/03053, Rock Bottom West Street Polruan** – application for Non-Material Amendment to PA23/01876 for Renovation and extension of an existing dwelling.

**PA24/02874, Restormel Chapel Lane Polruan** – erection of rear ground floor porch extension, with associated works.

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**PA24/02889, Polruan Holiday Centre Townsend** – application for a Lawful Development Certificate for an Existing use of the land as a caravan site and camping site. Granted (CAADs, PIPs and LUs only)

[clerk@lanteglosbyfowey.org.uk](mailto:clerk@lanteglosbyfowey.org.uk)



# Polruan Town Trust Report

from Brian Cook, Chairman

The Trust has recently been undertaking its routine maintenance tasks, particularly grass cutting . . . a wet spring, more grass to cut! We will shortly be weed killing the reservoir area at Veverly and tidying up the carpark there.

Agreement has been reached this summer with the Parish Council that it funds the installation of security cameras on the Quay and Coal Wharf. The need for this arose out of the vandalism to parked vehicles on the Quay and at St Saviour's Car Park earlier in the



year. The Town Trust has long maintained security cameras in St Saviour's Car Park and will take on the future maintenance of the new cameras as well.

Earlier in July we held our delayed Annual Public meeting. The year was reviewed and a number of questions raised and discussed. As mentioned in the last report, we currently have a vacancy for a Trustee. It was suggested that this be publicised on Facebook, as well as in the Parish News and on the Town Trust notice board. There was also discussion about the Trust's future projects, their relative priority and the means of funding them . . . the Winkle Picker apartment, public toilet refurbishment on the Quay and roof repairs to the Reading Room and Surgery.

[www.polruantowntrust.org](http://www.polruantowntrust.org)

## Lanreath Parish Council

### Summary of draft Minutes

#### Meeting 21 May

Annual Meeting. Attendance by 5 of 8 Councillors and County Cllr Colin Martin. Chairman - Cllr Peter Seaman, Clerk Mrs R Warren. Election of Chairman (Cllr Seaman) and Vice-Chairman (Cllr Heard).

PCSO Cocks reported via email that there had been no crimes reported in the Parish throughout April.

County Cllr Colin Martin provided a full report, a copy of which can be accessed on the Parish website.

Considering matters arising, Councillors expressed their disappointment at the lack of progress by Cornwall Council Planning Enforcement after reports were made a year ago of unauthorised building around the Parish. The Chairman will continue to actively pursue this.

Concerns were raised about the continuing issue of safety on the B3359 which is regularly flooded. Some works have been carried out, but their efficacy is yet to be tested.

Cornwall Council and other correspondence was then dealt with, after which the meeting reviewed Lanreath Parish Council's Policies and Procedures. Thereafter Councillor representatives reported to the meeting regarding Lanreath Village Hall, Parish Council assets, and Climate Change. The meeting then discussed the Councillor vacancies, which it was agreed should now be advertised.

Finances were reviewed following the completion of the year end, and payments approved including the annual insurance premium and the purchase of two replacement benches for the Millennium Green - from the Contingency General Reserve.

After a brief review of the annual RoSPA playground inspection report, Councillors discussed Parish problems and the meeting concluded.



#### Meeting 18 June

Attendance by 5 Councillors. Chairman - Cllr Peter Seaman, Vice Chairman - Cllr David Heard, Clerk - Mrs R Warren. Apologies from County Cllr Colin Martin.

Members of the public addressed the meeting voicing their concerns about unauthorised building in the Parish and lack of action from Planning Enforcement.

The Meeting considered matters arising including, amongst others, planning enforcement delays, parking problems in the village, flooding on B3359, and Cornwall Council proposed safety works on the lane to Bocaddon.

Reports were given to the meeting by Cllr Honeyman (Asset Inspection), Cllr Vickery (Village Hall), Chairman (Community Area Partnership), Cllr Cave (Climate Change), and the Clerk (financial updates and anticipated expenditure before July meeting).

The meeting agreed to consider co-option at the next meeting, to fill Councillor vacancies. Also, the next meeting will consider the possible alteration to the Community Garden access.

Cllr Vickery reported that there had been enquiries in the Parish about creating allotments. To be considered in more detail at the next meeting.

The next Lanreath Parish Council meeting to be held on 16 July at Lanreath Village Hall, 7.30 pm.

Full details of dates of all meetings on <https://www.lanreathparishcouncil.co.uk>

## Useful numbers

	Emergency - not life threatening	111
	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Store	01726 870477
	Winkle Picker Post Office and shop	01726 870134
	Kitty's Koffiji	
	Jam First Coffee shop	07875 293364
	The Russell Inn	01726 870707
	The Luger Inn	01726 870567
	Travel Cornwall Bus service	
	Polruan Community Bus	01726 870707
	Citizen's Advice, St Austell	0344 411 1444
	Lanteglos by Fowey Parish Council	01726 884024
	Rob Rooney, Chair of Parish Councillor	
	County Councillor Jim Candy	
	Trelawny Benefice Administrator	07399 563440
	The Foodbank, Liskeard and Looe	
	The Trussell Trust	07512 011452
Anyone needing any assistance can message Polruan Isolation page - this will be seen by the administrator who will maintain discretion.		

	<a href="http://www.cornwall.gov.uk/reportit">www.cornwall.gov.uk/reportit</a> Use this link to view a full list of things you can report online
	<a href="http://www.cornwall.gov.uk/reportroad">www.cornwall.gov.uk/reportroad</a> Report a pothole, street works, electrical or highway problem
	<a href="http://www.cornwall.gov.uk/misshedcollection">www.cornwall.gov.uk/misshedcollection</a> Report a missed waste collection
	<a href="http://www.cornwall.gov.uk/reportdog">www.cornwall.gov.uk/reportdog</a> Report dog fouling
	<a href="http://www.cornwall.gov.uk/reportvehicle">www.cornwall.gov.uk/reportvehicle</a> Report abandoned vehicle
	<a href="http://www.cornwall.gov.uk/reportgraffiti">www.cornwall.gov.uk/reportgraffiti</a> Report graffiti
	<a href="http://www.cornwall.gov.uk/flytipping">www.cornwall.gov.uk/flytipping</a> Report flytipping
	<a href="http://www.cornwall.gov.uk/reportbreach">www.cornwall.gov.uk/reportbreach</a> Report breach of planning control
	<a href="http://www.cornwall.gov.uk/reportchange">www.cornwall.gov.uk/reportchange</a> Report a change of circumstance



## Friends of the Fowey Estuary

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at the website [www.friendsofthefowey.org.uk](http://www.friendsofthefowey.org.uk) or follow their Facebook Group.

### Bats and identification using a Bat Detector, a talk and demonstration

with *Simon Barnard,*  
*Wheal Grey Ecology*

**Wednesday, 11<sup>th</sup> September 7pm**

Meet at Lerryn Memorial Hall

Simon Barnard is an experienced ecologist who has worked as an ecological consultant for nearly 15 years. His expertise covers a wide range of ecological areas, with a particular focus on protected mammals, especially bats. Simon has extensive experience conducting professional bat survey work and holds Natural England and Natural Resources Wales survey licenses for bats, as well as licenses for Hazel Dormice and Barn Owls. Simon will illustrate the use of detectors to record bat calls and use this information to determine the frequency of activity, the species of bat and the timing of any peaks in the activity recorded.

### Beach Clean at Polridmouth

**Saturday, 21<sup>st</sup> September  
between 1 and 3pm**

Meet at Polridmouth Beach by the Lake

Come and help keep this lovely beach clear of the rubbish that either arrives from the sea or is left on the beach.

Equipment will be provided. Please wear sensible footwear

Events are open to all unless otherwise stated, and you are welcome to bring your friends and family along.

Events are FREE to members and £2.50 to non members unless otherwise stated

Field trips – please bring appropriate footwear, clothing, waterproofs, a packed lunch or money for lunch.

Children under the age of 18 must be accompanied by an adult.



## Higher Windmill Allotments

from **Brian Cook**

So far this year hasn't been kind to us, whether we are gardening or simply seeking sunshine to sit out in. The very cool wet spring delayed seed sowing and when we got onto the ground, germination wasn't great. The result is a quite delayed season and late produce. Early potato harvesting has been going on and the first peas, broad beans and beetroot have arrived . . . but so late!

Notwithstanding this we have been sowing seeds and planting out runner and French beans, parsnips, carrots, leeks and various brassicas. They will all be valuable between now and the winter.

This year fruit production has been quite successful. We have had good crops of strawberries, gooseberries and raspberries and we will shortly be picking blackcurrants and blackberries. These will be followed on a number of our allotments by apples.

We recently had a society general meeting when we discussed a number of projects and arranged an open day and barbecue for the end of July. We have a small number of plots available and anyone interested in joining us is welcome to visit and be shown around the field. Ask Graham Palmer, our chairman, or any committee member.



## Whitecross and district Gardening club

**Meets 7.30pm on the third Thursday of every month from September to April  
at Whitecross Village Hall, Lanteglos-by-Fowey PL23 1NF**

**Membership: £10**

**Visitors welcome to a meeting: £3 - deducted from fee if you become a member**

The current year drew to an enjoyable close with a bring and share lunch held at Whitecross Village Hall.

Our 2024/25 programme is off to an interesting start with a talk on 19th September from the Cornish Chilli Company.

Throughout the year we have many interesting speakers covering topics such as: An Autumn Wreath by Fawen; Bees and Butterflies; Wild Flowers; The Humble Potato and a talk from Gary Long from Trewithen.

There are also visits to Gardens during the Spring/Summer and of course our Annual Plant Sale. This year we were short of vegetable plants to sell but we hope to work hard during the year to rectify this.

We are a friendly group of gardeners trying our best for our gardens and would welcome new members whether gardeners or not. We finish every meeting with a social cup of tea or coffee and often speakers bring plants or other items for sale. We have a few new ideas up our sleeves to enliven meetings in the coming year.

Come along and see if you like us, you would be very welcome.

If you would like to share a lift or for further information, please contact Angela Flynn 07711 821429

**19 September, 7.30pm**

**Cornish Chilli Company – A talk and tasting by Scott**

Scott runs the Cornish Chilli Company based near Grampond where he grows and sells chillies and makes a range of sauces, chutneys and relishes. Scott will be offering tasting as part of the talk and will bring along fresh chillies also. Water will be available! He will bring along items for sale also.

Chris

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9 - 17 May 2025

# Bingo Night

Wednesday, 25 September 2024

Havener's  
 Town Quay, Fowey

Eyes down 7.30pm

£10 per person payable in cash  
 on the night

PLEASE book your space in  
 advance by contacting Havener's  
 01726 834591

Come and join us and Lee at Havener's for a fun night of Bingo with lots of good prizes. There will also be a raffle with even more lovely prizes. Please book your place in advance to avoid disappointment. Thank you to all the businesses who have kindly donated a raffle prize, we are very grateful to you for your support. We look forward to you joining us.

## Sponsorship

We have a variety of bespoke Festival sponsorship opportunities. If you are interested in promoting your business to a wide and varied audience, whilst supporting the Festival, please do get in touch. We would be delighted to discuss your business objectives and how sponsoring the Festival can help you achieve those. Please contact us at [sponsorship@foweyfestival.com](mailto:sponsorship@foweyfestival.com)

## Friends

Becoming a Friend of the Festival is easy, simply head to: [www.foweyfestival.com/friends](http://www.foweyfestival.com/friends) where you can read about the different memberships and sign up online. By becoming a Friend, you will receive advance notice of the Festival programme, exclusive Friend's early bird ticket booking in addition to discounted tickets. A membership starts from as little as £30 and is a great way to support the Festival. The 2025 programme of events will be published in March 2025, so start planning your break now. We look forward to you joining us.

You can also support Fowey Festival by making a donation at:



You can keep in touch with us as follows:

[www.foweyfestival.com](http://www.foweyfestival.com)

[info@foweyfestival.com](mailto:info@foweyfestival.com)

Twitter: [fowey\\_festival](https://twitter.com/fowey_festival)

Facebook: [@FoweyFestival](https://www.facebook.com/FoweyFestival)



Saturday, 14 September 2024

Fowey Town Hall, 2pm

**From Travelers to Tourists,  
 the Story of Pre-1914 Visitors to  
 Cornwall**

A talk by Louis Turner



Louis Turner will tell the story of the early travellers passing through Cornwall, including an intrepid lady adventurer in the 1690s, Daniel Defoe, Charles Dickens and Queen Victoria. With the coming of the railway, Cornwall began to see the arrival of families for long summer holidays, for example, the family of Virginia Woolf. Travellers had turned into tourists and Louis will discuss the places they visited, how they

travelled, where they stayed, what they saw and what they thought of the Cornish. Louis who lives in Falmouth, is a trustee of the Poly (Royal Cornwall Polytechnic Society). In the 1970s he wrote a book on the international tourist industry 'Golden Hordes'. After retiring to Cornwall (his wife is Cornish born) he discovered there is no proper history of this Cornish industry which is so important, technically successful, yet controversial. He has other lectures which cover the more recent story and is happy to debate those who see the industry as a force which has destroyed Cornish culture.

Bookings can be made at Ticket Tailor [buytickets.at/foweyharbourheritagesociety](http://buytickets.at/foweyharbourheritagesociety)

[kathpearce@gmail.com](mailto:kathpearce@gmail.com)

[www.foweyharbourheritage.org.uk](http://www.foweyharbourheritage.org.uk)

Members free; Non-members £10;  
 complementary tea and coffee

FHHS Annual Membership £18; £30 for two adults at the same address

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&

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CONTACT PETER RIPLEY

PENLEATH CLIFF RISE POLRUAN

01726 870380



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[juliemoutinho123@gmail.com](mailto:juliemoutinho123@gmail.com)



[www.hcpc-uk.org](http://www.hcpc-uk.org)



Food donations to Kitty's Koffiji, Fore Street.

Please contact Norman and Angie on 01726 870747 regarding any cash donations

Many thanks to those who continue to contribute so generously during this time of great need for many families.

Please contact the Foodbank if you would benefit from their services or know of someone else who might need to:

[liskeardlooe.foodbank.org.uk](http://liskeardlooe.foodbank.org.uk)

[liskeard.foodbank@gmail.com](mailto:liskeard.foodbank@gmail.com)

Tel: 07512 011452





**from Eric Lockyear**

As we move into the peak summer season for leisure activities in the estuary, both on and off the water, so too the volunteer crew of the Fowey lifeboat crews are called upon for those in trouble.

On the afternoon of Sunday, 12 May, Fowey's volunteer lifeboat crew launched their All-weather lifeboat, the Maurice and Joyce Hardy, to assist a 17ft Dory, which was reported to have broken down in the vicinity of Lantivet Bay. When the lifeboat arrived at the scene the vessel was empty and anchored while the three recent occupants were spotted on a nearby beach. As the beach was only accessible from the sea, the onboard XP inflatable was launched. On reaching the shore, crew members James Dowrick and Graham Middlewood found the three marooned boaters safe and unharmed. They were transferred to the All-weather lifeboat and then the lifeboat crew boarded the anchored Dory. They were able to restart its engine and, escorted by the lifeboat, returned the Dory to Fowey where it was handed over.

On Sunday, 19 May, a phone call was received by the duty Launch Authority (LA) at Fowey lifeboat station, reporting a man immobile and with a serious head injury on Little Coombe Hawne beach, to the west of the harbour entrance. Fortunately, both the All-weather lifeboat and the D-Class inshore lifeboat were manned for their regular Sunday morning training sessions, and in view of the nature of the emergency, both were tasked to the scene. A request was also sent for assistance from St Austell Coastguard. On arrival at the scene, casualty-care trained personnel were landed, while further crew followed, using the D-Class lifeboat. The casualty, who had fallen from the cliff, was triaged, given oxygen and bandaged. He was then placed in a stretcher and, using the inshore lifeboat, transferred to the All-weather lifeboat, along with a family member and their dog. The lifeboat then sped to Fowey station, where the injured man was passed into the care of a waiting ambulance team.

Fortunately, someone was at the lifeboat station to take the phone call reporting the injury. However, Fowey station, like many others is not always manned. In the event of an emergency, the caller should first dial 999 and ask for the Coastguard. The Coastguard has direct contact with both lifeboat crew and station personnel and can request lifeboat launches, as well as coordinating with other emergency services such as the ambulance service and rescue helicopters.

As a happy footnote to this emergency, the casualty, his companion and their dog Brodie called into the station to thank the crew and to donate £1,000 to express their gratitude for everything the crew had done, even looking after Brodie! The casualty had needed 21 staples in his head, and had cuts and bruising, but after tests and scans, had not needed to stay in hospital.

On the afternoon of Saturday, 25 May, Fowey's All-weather lifeboat was launched to assist with the rescue of a woman swimmer in difficulties in the sea below Carlyon Bay Hotel, whilst participating in a local swimming event. The Carlyon Bay Lifesaving Club were able to get the swimmer to nearby Crinnis Beach, which can only be accessed from the sea, while teams from St Austell and Mevagissey Coastguard had descended the cliff by rope to assist. The casualty was exhausted and suffering from hypothermia. The crew on the All-weather lifeboat launched their small inflatable XP boat, to ferry the woman off the beach and bring her safely onboard. Onshore conditions prevented the lifeboat landing at Charlestown so, while the casualty was managed for hypothermia, she was taken back to Fowey, given dry clothes and warmed up. She then returned home with her husband.

The next day the woman sent a message to the crew: 'Hello! I just wanted to pass on my sincerest thanks to James, Will, Harry and the crew who rescued me from near Charlestown yesterday, when I got into trouble swimming. You were all so kind and truly amazing. So sorry to have interrupted your Saturdays. Thank you.' An excellent outcome and teamwork by all the rescue services involved.

On Bank Holiday Monday, 27 May, Fowey's inshore lifeboat was again launched. A 13-year-old boy had fallen down a cliff on his bike, on the east side of Spit Beach, Par. Due to conditions and reducing visibility the crew on the inshore boat requested back-up from the All-weather lifeboat. When they reached the scene, the local Coastguard teams had located the casualty and an ambulance had arrived. Both lifeboats were stood down as no further assistance was required.

On Sunday, 2 June, at 6.42pm, Fowey RNLI crew launched their D-Class inshore lifeboat after the Coastguard requested assistance for three paddle boarders. They had been spotted by the National Coastwatch Institute watch-keeper and there was concern that two adults and one child appeared to be in difficulty on two paddle boards, about a mile off Par Beach. With the strong offshore wind, they

were struggling to reach the shore. The inshore lifeboat crew located the paddle boarders who had made their way to the shoreline. They confirmed that they had got into difficulty earlier but were now fine and did not require assistance.

Fowey Lifeboat Operations Manager, Chris Ogg, said: 'It's important to check weather conditions before going out paddle boarding. Avoid offshore winds because they will tire you quickly when trying to return to shore. Always wear a personal floatation device and a leash and hold onto your board if you get into trouble. Try to choose a lifeguarded beach and always carry a means of calling for help. If you do get into trouble, call 999 and ask for the Coastguard.'

On Sunday, 9 June, the Fowey All-weather lifeboat was launched to assist in the search for a missing diver off the Eddystone Lighthouse. The search was co-ordinated by Falmouth Coastguard and involved the local lifeboat, Plymouth All-weather and inshore lifeboats, Coastguard Rescue Helicopter 94 and the MOD aircrew training vessel, the Smit Yare. The Smit Yare had reported that all but one of its divers had returned to the vessel and a coordinated search was established for the missing diver. The Plymouth inshore lifeboat crew located the diver floating on the sea surface and transferred him to their All-weather lifeboat. A paramedic from the rescue helicopter was winched down onto the Plymouth boat and carried out a full assessment of the casualty. He was found to be well, required no further medical support and was returned to his vessel.

On a happier note, don't forget the Polruan RNLI Pig Roast and Barbecue, to be held on the Coal Wharf on the evening of Saturday, 24 August. The Elderberries will be providing the entertainment.

The RNLI is the charity that saves lives at sea.

**POLRUAN RNLI  
Pig Roast**



**Saturday, 24 August 2024  
The Old Coal Wharf  
Polruan**

**Music by The Elderberries  
Serving at 1800**





# Polruan Coastguard

from Des Libby, Coastguard Rescue Officer (CRO)

As we move into July you can tell its summer, the wind is blowing, the rain beating against the window and the Cornish lanes are filled with drivers who can't reverse! But whatever the conditions, the Team carry on with their training in readiness for whatever situation they are likely to be tasked to assist. It's not only the traditional cliff rescue work, with all its dangers, but in the more modern era they are trained in different search techniques which could include working with many other organisations such as the Lifeboats, Cornwall Search and Rescue, Police, South West Ambulance Service, Fire Brigade and local authorities. Good communications and local knowledge are essential assets for everyone. Water rescue and safety also plays a large part in the Teams' regular training, being able to carry out rescues not only from around our coastline but also being able to assist further inland on our many rivers. First Aid, or as it is now called 'Casualty Care', is another skill that the Team have and practice regularly with the ever growing list of equipment, including a defibrillator, which is now available to the Team to work with in some remote areas that they could find themselves in.

Recruiting is ongoing and with two members of the Team on long term sick, we need more people to step forward, so if you would like to join a great Team and give something back by helping other people in their hour of need, then the Coastguards could be for you. Contact any member of the Team for more details, visit our facebook page or call into the

station on a training night which is the second and fourth Thursday of the month.

Please take care when going to the beaches or coastline:

- Know your limitations and don't take risks
- Have a means of communication and know where you are
- Check the tide timetable and local weather forecast
- Keep a close eye on children, especially those with inflatables
- Do not enter the water after drinking or a large meal.

### From Station Record

Team tasked to assist person ill on coastline path near Blackbottle, person quickly found and given casualty care before being handed over to family member for transport to next level of care.

9th July, 0827; Team tasked to support Looe CRT (Coastguard Rescue Team) in search for missing person, Looe area. Stood down 2202.

10th July, 1258; Team tasked again to join in search for missing person, Looe area. Stood down 2211.

12th July, 0911; Team tasked for the third time to assist with search for same missing person. Stood down 1856.

Well done to the Team for their efforts in the major search for a missing person from Looe Valley Holiday Park, putting in many hours



and working with many other CRT's and other agencies over a four day period and covering a large area of difficult terrain, as yet without a satisfactory outcome.

**Remember if you see anybody in difficulty along the coastline call 999 and ask for the Coastguard**

22. Sham	AUG • SEPT
21. Toss	
19. Avoid	
18. Pacify	25. Amity
16. Scalds	24. Dingiest
15. Speed	23. Dhoti
13. Ill	20. Activities
11. Placating	17. Flipflop
9. Baccy	16. Sack
6. Tsetse	14. Bale
5. Stocially	12. Ectectic
4. Feral	10. Naturalist
3. Beau	8. Celeb
2. Omen	7. Mementos
1. Accede	1. Abhor
<b>DOWN</b>	<b>ACROSS</b>
<b>ANSWERS TO CROSSWORD</b>	



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## Emily's Code

WEAR A SUITABLE LIFEJACKET OR BUOYANCY AID  
SERVICE EQUIPMENT  
GET TRAINED  
MAKE A PLAN  
KNOW YOUR LIMITS  
CARRY DISTRESS SIGNALS  
USE THE KILL CORD  
KNOW YOUR BOAT  
HAVE A RADIO  
CHECK THE WEATHER



Launched by Emily Gardner's family, this simple code highlights factors that are essential for safe boating. Emily's Code aims to prevent accidents at sea by highlighting key safety messages and leaves a legacy in memory of 14-year old Emily Gardner.

On 2nd May 2015, Emily drowned in a boating accident due to an ill-fitting buoyancy aid snagging on the cleat of a capsized speedboat. Emily's Code Highlights some of the hazards that contributed to Emily's accident.

Emily's Code comes about as the result of close work by her parents Clive and Debbie Gardner, their campaign supporter Cheryl Brown, Richard Graham MP and the Royal Yachting Association.



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