



The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Rectory Ramblings

from Rev'd Richard

I believe there are two types of mindsets: A fixed mindset or a growth mindset.

A fixed mindset says this is how I am, I am never going to change, grow or try new things.

A growth mindset looks at life from a different angle, a new and fresh perspective — I can change for the good and better, I can improve, I can learn and do new things.

Jesus of course changed the course of many different peoples' lives when they received his touch, from the blind, to the lepers, to the tax collector and to the disciples who left everything and followed him.

I believe to that he gives us an intellect and a mindset, so that is why I always want to have a growth mindset.

At the beginning of each year many of us make resolutions. I have 3 simple ones this year which I will be working on. It is my plan to not only stay spiritually fit, but to recognise it is equally important to stay physically fit too. Life has been so hectic for me recently, but I am determined to spend more time on my bike each week with a 20-miler clocked up. Of course, I ate and drank too much over Christmas. I have been focusing on my 5 a day and it is now 18 months since I have had a beer! I am also determined to read more.

Yes, in a sense you could say I read for a living, but I am wanting to read for pleasure and sit down and read something fresh and new where I might actually learn something. How are you going to try to grow in 2025?

Remember many of us feel we have mountains to climb, but Jesus helped a diverse group of people and together, with him, we can be unstoppable.

Your pastor and friend.

The Rev

Trelawny Benefice

www.youtube.com/watch?v=J3kW4xYJn8o



Frogmore Farm flock building up some energy. Photo by Ben Palmer

From the Editor

Hopefully a wonderful festive season was had by all and the New Year brings health and happiness to you and yours.

We are really grateful for such wonderful contributors and some interesting insights and debate on topics close to our heart, I have enjoyed the content and the new perspectives while I have edited.

Thanks also to our wonderful advertisers, without whom we would not be able to publish The Parish News in such a format. Please use them and mention The Parish News when you do.

Inside there is lots of news about events around the Parish over the festive period together with plenty of plans for activities as we move into a new year and begin to look forward to longer days and brighter, drier weather.

Don't miss out on film screenings, talks, clubs, markets, church services, lunches, bingo evenings and of course the ever popular Pantomime brought to you by Polruan Theatre Club.

Whatever you choose to do, have a lovely few months.

Suzanne

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Church Diary in the Benefice of Trelawny

**St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt**

What different styles of service will you find in the seven churches of Trelawny Benefice?

Everyone is welcome, and all our services and teaching are based on the Bible. There's usually tea, coffee and biscuits afterwards, with time to chat.

Please come along and discover what kind of service you like best.

Lansallos (St Ildierna): all services follow the ancient and beautiful words of the 1662 Book of Common Prayer, apart from a monthly contemporary service.

Lanreath (St Marnarch): evangelical services, with some led by the Lanreath Music Group (musical instruments and choir).

Pelynt (St Nun): traditional village church Holy Communion or Service of the Word, in contemporary language, together with a monthly contemporary service, sometimes outdoors.

Talland (St Tallanus): traditional village church Holy Communion or Holy Communion-by-extension services, in contemporary language.

Lanteglos-by-Fowey parish: has three churches:

Parish Church of St Wyllow: traditional services with organist and Lanteglos Choir. Holy Communion in contemporary language, and occasional Evensong with the 1662 Book of Common Prayer.

Polruan (St Saviour): friendly Café Church once a month, with round tables, prayers, singing, Bible readings and a chance to talk.

Bodinnick (St John): community services every other month, based around major Christian festivals and usually with wine and nibbles.

Outdoor services: held in the open air on village greens, farms and quaysides — they are family friendly and great fun. 'Church on the Quay' in Polruan runs on six weekends in late July and August. Other services dotted around the Benefice include Plough Sunday, Rogation, Harvest, Tractors, Pets, Equestrian and Lambing.

February 2025

Sunday 2nd	Candlemas
St Marnarch 09:30	Candlemas Service
St Wyllow 11:00	Candlemas Service with Communion
St Nun 11:00	with Methodist Church
West 15:00	Pelynt Plough Service
Wayland Farm	
St Ildierna 18:30	Holy Communion
Sunday 9th	Fourth before Lent
St Wyllow 11:00	Morning prayer
St Nun 11:00	United Village Service
St Marnarch 09:30	Service of the Word
St Saviour 16:00	Sing a New Song
St Ildierna 18:30	Evening Prayer
Sunday 16th	Third before Lent
St Marnach 09:30	Service of the Word
St Wyllow 11:00	Holy Communion (tbc)
St Nun 11:00	at Methodist Church
St Ildierna 18:30	Evening Prayer
Sunday 23rd	Second before Lent
St Marnarch 09:30	Holy Communion
St Nun 11:00	Holy Communion
St Saviour 11:00	Café Church
Talland 12:30	At Sclerder Abbey
St Ildierna 15:00	Plough Service

March 2025

Sunday 2nd	First before Lent
St Marnarch 09:30	Holy Communion
St Wyllow 11:00	Holy Communion
St Nun 11:00	at Methodist Church
St Ildierna 18:30	Holy Communion
Wednesday 5th	Ash Wednesday
St Nun 10:00	Holy Communion
Sunday 9th	First of Lent
St Marnarch 09:30	Service of the Word
St Tallanus 09:45	Holy Communion at Polperro Methodists
St Wyllow 11:00	Morning Prayer
St Nun 11:00	United Village Service
St Saviour 16:00	Sing a New Song (tbc)
St Ildierna 18:30	Evening Prayer
Sunday 16th	Second of Lent
St Marnach 09:30	Service of the Word
St Wyllow 11:00	Holy Communion
St Nun 11:00	at Methodist Church
St Ildierna 18:30	Evening Prayer
Sunday 23rd	Third of Lent
St Marnarch 09:30	Service of the Word
St Saviour 11:00	Café Church
St Nun 11:00	Holy Communion
St Tallanus 12:30	Holy Communion at Sclerder
St Ildierna 18:30	Holy Communion
Sunday 30th	Mothering Sunday
St Marnarch 09:30	Mother's Day Service
St Tallanus 09:45	Mother's Day Service with Polperro Methodists
St Nun 11:00	Mother's Day Service
St Ildierna 16:00	Mother's Day Service
St Wyllow 18:30	Evensong

From the Registers

Baptism

17 December: Jude Christopher Richard McNair at St Tallanus, Talland

Funerals and burials

18 November: Sheilagh Ann 'Flu' Ram of Camden, London at St Wyllow, Lanteglos by Fowey

21 December: Paul Jonathan Orsen Knight of Kent (formerly of the parish) at St Wyllow, Lanteglos by Fowey

Graveside Service

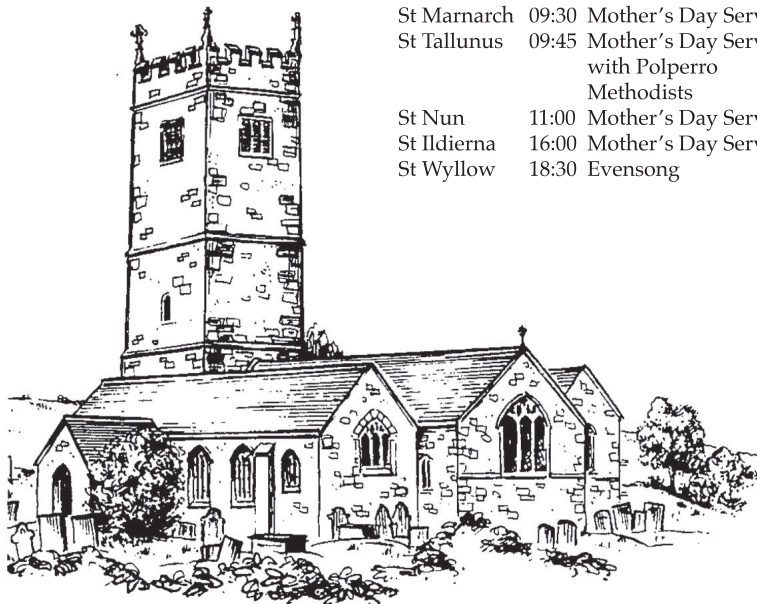
12 December: Andrew Godfrey Vivian of Polruan at St Wyllow, Lanteglos by Fowey

Interment of Ashes

17 December: Kathleen Joyce Ford from Liskeard (formerly of the parish) at St Nun, Pelynt

Memorial Service

1 November: Harvey John Jackson of Polruan at St Wyllow, Lanteglos by Fowey



Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

February

Saturday, 1st Whitecross Local Produce Market, at Whitecross Village Hall, between 10am and 12.30pm (see page 16)

Saturday, 1st Skittles at Polruan Village Hall, 7pm (see page 12)

Thursday, 6th Church Electoral Role forms available (see page 3)

Friday, 7th Kidz Klub at Polruan Village Hall between 6 and 7.30pm (see page 6)

Saturday, 8th Talk by Jason Semmens 'Tammy Blee's Cabalistic Agency' — Cornish Witches and Folklore' at Fowey Town Hall, 2pm (see page 12)

Sunday, 9th Sing a New Song at St Saviour, Polruan, 4pm (see page 3)

Sunday, 9th Feast of St Ildierna at Lansallos, 6.30pm (see page 4)

Tuesday, 11th Coffee Cake and Catchup coffee morning at Polruan Village Hall, 10 am until 12 noon (see page 13)

Wednesday, 12th WI Meeting at Polruan WI Hall, 7pm (see page 7)

Saturday, 15th Love your Beach Day, Readymoney, 12 noon (see page 20)

Tuesday, 18th Polruan Theatre Club present 'Puss in Boots' a new Pantomime written and directed by Tony Cottrell at Polruan Village Hall, 7.30pm (see pages 10 and 24)

Wednesday, 19th Bingo Night at the Haveners, Town Quay, Fowey, eyes down at 7.30pm (see page 21)

Thursday, 20th Whitecross and District Garden Club AGM and Talk at Whitecross Village Hall, 7pm (see page 13)

Thursday, 20th to Saturday, 22nd Polruan Theatre Club present 'Puss in Boots' a new Pantomime written and directed by Tony Cottrell at Polruan Village Hall, 7.30pm (see pages 10 and 24)

Sunday, 23rd Café Church at St Saviour Church, Polruan, 11am (see page 7)

Sunday, 23rd Plough Sunday, with Tractors at Lansallos, 3pm (see page 4)

Tuesday, 25th Coffee Cake and Catchup lunch at Polruan Village Hall, 11am until 1pm (see page 13)

Wednesday, 26th Talk by Rob Wells 'Ten Years of Seals in St Austell Bay, Gallants Sailing Club, 7.30pm (see page 20)

Thursday, 27th Lerryn Film Club presents Allelujah at The Lerryn Memorial Hall, 7pm (see page 11)

March

Fowey Lions Easter Egg draw from early March (see page 20)

Saturday, 1st Whitecross Local Produce Market, at Whitecross Village Hall, between 10am and 12.30pm (see page 16)

Tuesday, 4th Polruan Regatta and Children's Sports AGM at the Reading Room, Polruan, 7pm (see page 10)

Saturday, 8th Church Electoral Forms must be submitted (see page 3)

Saturday, 8th Talk by Joanna Mattingly 'Cornish Church Buildings' at Fowey Town Hall, 2pm (see page 21)

Sunday, 9th Sing a New Song at St Saviour, Polruan, 4pm (see page 3)

Tuesday, 11th Coffee Cake and Catchup coffee morning at Polruan Village Hall, 10am until 12 noon (see page 13)

Wednesday, 12th WI Meeting at Polruan WI Hall, 7pm (see page 7)

Wednesday, 12th Bingo Night at the Haveners, Town Quay, Fowey (see page 20)

Friday, 14th Kidz Klub at Polruan Village Hall, between 6 and 7.30pm (see page 6)

Thursday, 20th Talk by Stephanie Knights of the Eden Project 'Creating Space for Nature with Wild Flowers', 7pm (see page 13)

Saturday, 22nd Pollinator Talk and Bug Building Workshop at Golant Village Hall, 11am (see page 20)

Sunday, 23rd Café Church at St Saviour Church, Polruan, 11am (see page 7)

Tuesday, 25th Coffee Cake and Catchup lunch at Polruan Village Hall, 11am until 1pm (see page 13)

Wednesday, 26th Friends of Fowey Estuary AGM and Talks at Golant Village Hall, 7.30pm (see page 20)

Thursday, 27th Lerryn Film Club present Oppenheimer at The Lerryn Memorial Hall, 7pm (see page 11)

Saturday, 29th Polruan Film Club presents 'Wicked Little Letters' at Polruan Village Hall, 7pm (see page 14)

Sunday, 30th Mothering Sunday at Lansallos, 4pm (see page 4)

New Electoral Roll

from Janet Downes, Church Electoral Officer

Every year at this time, the Church Electoral Roll for the three churches in our Parish is updated, but this year a completely new roll has to be prepared. This means that everybody who wishes to be on it, must complete and submit a form, whether or not they've been on it in the past. Notices about this will be posted in the porches of each Church in the Parish by 6 February and paper copies of the application forms will be available at each Church. If I have your email

address, I will send you a form. Please return your completed forms to me before 8 March.

Now you may be wondering 'What is the Church Electoral Roll and why would you want to be on it'?

It is the Parish Churches' Register of lay electors and no Clergy may be on it. In the same way that being on the Civic Electoral Roll allows you to vote in Parliamentary and Local Elections and Referenda, joining the Church Electoral Roll means that you can vote on Church matters, attend the Annual Parochial Church Meeting and ask questions and stand for election to the Parochial Church Council or the Deanery Synod.

Being on the Electoral Roll does not make you a 'member' of the Church; simply regarding one of the Churches in Lanteglos Parish as your spiritual home does that. You can, of course, be a full and active member of one or all of the Churches in Lanteglos Parish without joining the Roll. Being on the Electoral Roll does not involve any additional commitments, and costs nothing.

So why be on the Electoral Roll? Joining the Electoral Roll indicates your commitment to the Lanteglos Parish Churches' community and to the vision of the Church. The Electoral Roll is one indicator of the strength of the Church in our local area, and more widely.

Covenant Service

from Kathryn Hill

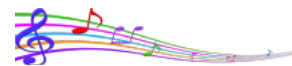
John Wesley, the founder of Methodism, started an annual Covenant Service to be held annually at the beginning of the year in Methodist Churches. Some years ago, Lanteglos-by-Fowey Parish decided to hold this service annually. As we celebrate Epiphany on the first Sunday of the New Year, the Covenant Service is usually held on the second Sunday of January, as it was this year.

As a teenager, newly 'received into church membership' (the Methodist equivalent of confirmation), I remember being very challenged by the Covenant Promise and I still find it challenging today! In the service we pray:

"I am no longer my own but yours. Your will, not mine, be done in all things, wherever you may place me, in all that I do and in all that I may endure; when there is work for me and when there is none; when I am troubled and when I am at Peace. Your will be done when I am valued and when I am disregarded; when I find fulfilment and when it is lacking; when I have all things, and when I have nothing. I willingly offer all I have and am to serve you, as and where you choose.

Glorious and blessed God, Father, Son and Holy Spirit, you are mine and I am yours. May it be so for ever. Let this covenant now made on earth be fulfilled in heaven."

Amen.



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Rector Rev Richard Allen 01503 220847

Benefice

Administrator Pippa Morrell-Davies 07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

Lanteglos — St. Wyllow; Polruan — St. Saviour; Bodinnick — St. John

Churchwarden Norman Mallard 01726 870747

Book-keeper Shanie Herbert 07816 316178

Secretary Liz Luck 01503 261582

Lansallos — St. Ildierna

Churchwardens Margaret Phillips 07493 310816

Josie Slade 01503 220513

Treasurer John Feeseay 01503 220884

Secretary Glen Feeseay 01503 220884

Pelynt — St. Nun

Treasurer Rosemary Lee 01503 220169

Secretary Sheila Morrell-Davies 07971 104798

Lanreath — St. Marnach

Churchwardens Gill Sanders 01503 220827

Peter Hooper 01503 220229

Treasurer Peter Bartram 01503 220490

Secretary Jenny Bartram 01503 220490

Talland — St. Tallunus

Churchwarden David Bailey 01503 262890

Treasurer Joe Sharples 01503 273466

Secretary Jenny Hall 01503 598267



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The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

News from Lansallos
from John Feeseay, Lansallos PCC

Church Improvements

Recent visitors to the Church of St Ildierna may have noticed a few changes. The first is the laying of new carpets around the two altars and on the platform and steps leading up to the vestry. Due to rising damp in the walls the old carpets, which were made of wool and easily absorbed moisture, were not only very stained in places but had also started to smell unpleasantly. After taking advice from local carpet fitter, Mr Matt Rollings, it was decided to replace them with new, polystyrene carpeting in the same colour but which it is hoped will be more moisture resistant; time will tell!

The second change is the replacement of the previous, hand-drawn, churchyard map with an updated digital version, a useful by-product of the National Burial Grounds Survey (NBGS), sponsored by the Church of England in conjunction with English Heritage and which is nearing completion. This national project aims to record photographically all visible churchyard memorials and digitise current and archived Parish Registers at no cost to PCCs. Anyone interested in this survey can obtain more information online at www.agintl.org.

Lastly, churchyard visitors may notice the absence of a large ash tree which was growing on the wall marking the boundary with the Old Rectory next door. The tree had to be taken down as it was in a potentially dangerous state having sadly succumbed to "ash die back", a fungal disease that can be lethal to trees of the Fraxinus species like this example. The work was skilfully done by local tree surgeon, Mr Callum Dack.

Church Bench Ends

Artist Gabby Schooling and historian Jenny Wallis related in the last edition of the Parish News how they had explored the history behind the 500 year old images carved into the bench ends of the pews at Lansallos Church, many of them depicting people in profile. Using her imagination Gabby has produced these six wonderful portraits showing frontal views of some of these carvings in full colour. Jenny has meanwhile continued her research into Margery Buttothead's (nee Smith) slab portrait mounted on the inside south wall of the church. Both ladies are expected to return for a few days at Easter for further research and to hold an exhibition in the church of their findings.

Future Events at Lansallos

- The Feast of St Ildierna (Patronal Sunday) will be celebrated at Evensong at **6.30pm on Sunday, 9 February**, followed by a slice of birthday cake and a glass of wine to mark the 704th anniversary since the dedication of the present building (there were at least two earlier places of worship on the same site).
- At **3pm on Sunday, 23 February**, a service to mark Plough Sunday will be held when it's hoped that local farmers will bring their tractors and ploughs for a blessing.
- A Mothering Sunday service will take place at **4pm on Sunday, 30 March**, when all ladies will be given a posy of spring flowers.



*Benath Dew Genough Why!
(God be with you!)*

Frogmore Nativity

from Rev'd Richard

A barn nativity service at Frogmore Farm, near Polruan was held in early December with around 100 people in attendance. It was a real community event with lots of local farmers, their friends, members of the community and their children all supporting the service. Plenty of nativity outfits were provided and we managed with lots of fun to create a nativity tableau, with real donkeys and lambs in the stable. Everyone was able to gain a glimpse of what Christmas is all about.



Carols on the Quay, Polruan and Midnight Communion at St Wyllow, Lanteglos-by-Fowey

from Rev'd Richard

Around 50 people gathered on the Quay at Polruan for a short outdoor Carol service. The Rev preached on the importance of the gifts of the wise men. Gold fit for the king of kings, frankincense reflected it was burnt in the temple as a sign of prayer knowing that we can pray to Jesus and be in relationship with him. Myrrh reflecting that the dead were embalmed with it knowing Jesus would die for us.

It was even more encouraging to see some familiar faces return on the following evening to join in our midnight communion at Lanteglos-by-Fowey, where around 80 people were in attendance, more than had been seen at this particular service for many years.

www.youtube.com/watch?v=J3kW4xYJn8o



Crib and Christingle at St Saviour

from Kathryn Hill

After many years of separate Christingle and Nativity services we decided to recombine the two on Christmas Eve 2024. As people arrived from 2.30pm, they were invited to make a Christingle, enjoy some seasonal refreshments and to choose a costume for the nativity.

At about 3pm we started our informal service with carols, prayers and a re-telling of the nativity story by the 'dynamic duo' of Rev'd Richard and Norm. As the story unfolded the various characters were invited to gather around the manger.

The characters then went back to their tables and we lit the Christingles and prayed the Christingle prayer and after a final song and prayer, we enjoyed more refreshments while having a chat.

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POLRUAN KIDZ KLUB

from Angie Mallard, for Polruan Kidz Klub

On Friday, 29 November Kidz klub held a family Christmas Craft event and it was wonderful to have some new 'crafty helpers' visiting us. Children of all ages enjoyed card making, clay modelling, Christmas Tree biscuit decorating, and bauble making. The Musical Parcel was also a big hit as well as Christmas drinks and nibbles for us all. We would like to thank everyone who came along and helped to make it such a lovely event!

We are aware that recently several new families have moved into the village and would like to welcome you, and to warmly invite you to come along and find out all about us by 'trying out' Kidz Klub at a taster session with your child/children. Our spring session dates are as follows:

24 January, 7 February and 14 March
between 6 and 7.30pm in Polruan Village Hall

Regular sessions are for children of reception age up to year 6. Please feel free should you need to bring a younger child with you to the taster session.

Kidz Klub has been holding regular sessions for children over the past 20 years. We aim to provide a mixture of crafts, games, cooking and other fun activities to suit the ages of the children who are attending, within a safe environment, encouraging positive social interaction and behaviours. We are a local church & community project and safeguarding is of primary importance to us. As such, all our leaders hold current enhanced DBS certification.

Bearing in mind the continuing changes of ages and diversities in family backgrounds in our village, we will soon be distributing a short survey to parents and carers. We shall be grateful if you will help us by completing it, to help us to be as relevant and inclusive as possible to all the families in our village.



Crossword

ACROSS:

- Attempts (5)
- Defence (5)
- Governess (5)
- More tasteless (7)
- Jack of all trades (8)
- Sweetheart (4)
- Catch fire (6)
- ___ and Hyde (6)
- Press (4)
- Gives out (8)
- Pushing (7)
- Poison (5)
- Sequence (5)
- Begs (5)

DOWN:

- Pick-me-up (5)
- Avoids (8)
- Destiny (4)
- Hush money (7)
- Useless (11)
- Guide (5)
- Unruly (11)
- Follower (8)
- Twelve o'clock (7)
- Shipment (5)
- Acidic (5)
- Draft Law (4)

FEBRUARY • MARCH 25

Compiled by John Thomlinson

News from Polruan Village Hall

from PVH Management Committee

Over a year ago, when we were in urgent need of a new Chair and Secretary, Henry Rowe and Claire Palmer stepped into the breach on a temporary basis (as Chair and Secretary respectively) and they have both done a great job, for which we thank them very much.

We are pleased to announce that Fern Hext has agreed to become our new Chair and Louise Kidd has agreed to be our new Secretary. The Committee are delighted about this and are looking forward to working with them.

Our County Councillor, Jim Candy, has been supportive of our wish to upgrade our Fire and Smoke Warning Set-up with a new Automatic Fire and Smoke Warning System and thanks to his support from his Community Fund and support from the Norman Family Trust, we are now able to progress this upgraded installation.

In addition we are pleased to report that since Christmas, we have gratefully received two large, individual personal donations. Thank you.

Going forward, there are three dates for your diary:

May Day Cream Tea — *Monday, 5 May*

Village Hall BBQ on The Coal Wharf — *Sunday, 17 August*

Autumn Afternoon Tea — *Sunday, 26 October.*

If you would like to hear more about Village Hall operations or make a booking, please contact Kathryn Hill at 01726 870953 or email kathrynehill39@gmail.com



theWI
INSPIRING WOMEN

Polruan WI

from Karen Windsor, President

Firstly, may I wish you all a very Happy New Year and secondly, thank Chris Cox for her many years of reporting for the WI in this publication. Chris has retired as our press secretary but is still very much an active and respected member of our group.

In October we were visited by Eve Hall, Port Welfare Officer for the Mission to Seafarers, Fowey. Eve gave an interesting talk about the history and work of this charity. She described how she meets crew on board and on shore to offer support. This ranges from providing company at the mission in Fowey and helping with shopping trips, to more serious situations such as injury and repatriation assistance.

Also in October, the ladies who won the Baker Cup, together with our Secretary and President, went to the Cornwall Federation of Women's Institutes AGM, where the Polruan ladies finally got their hands on the County Baker Cup trophy! It was a memorable and enjoyable day.

Lots of fun and games were had at November's meeting where we played various board games after business was complete. It really was quite a noisy affair, 'pass the bomb', being a particular highlight if I remember correctly!

On Sunday, 1 December we kicked off the Festive Season with a very well attended afternoon tea where those who attended could view Polruan WI's award-winning 'Women,



Cornwall and the Sea'. A big thank you to all who attended, baked and made donations to the raffle with all proceeds going towards supporting your local WI.

We are busily putting together our programme of events for the coming year and hope to have many varied and interesting contributors. Please, please do remember that visitors are more than welcome to attend the presentations. We would love to see gentlemen too as the talks we provide are not just aimed at women - they are for everyone! It is also very affordable at just £3.50 for an hour's entertainment!

Ladies, we really would love to see more of you come to our meetings to see if you would like to give us a try, we are looking for young at heart women of all ages, who want to do lots of different things, make suggestions about what we do and who want to be involved with organising events and social gatherings. We meet every second Wednesday of the month at 7pm in the WI hall, which is a bright, airy and welcoming space. We look forward to seeing you soon; please don't hesitate to contact me should you need further information (07800954770).



Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill
01726 870953,

kathrynehill39@gmail.com,
who will be happy to help
with any queries.

The Hall costs £15 per session (i.e. morning, afternoon, or evening) which includes the use of all facilities including free WiFi, the Audio Visual System, comprehensively fitted kitchen and heating and lighting.

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To book please contact

Claire Mayne
07980 913934

wipolruan@gmail.com



**Every 4th Sunday
of the month**

**St Saviour Church
at 11 am**

**You are welcome to join us for
an informal, all - age service
With coffee and cake**

LETTERS TO THE EDITOR

Suzanne Goddard
Springhill
Chapel Lane
Polruan PL23 1PG
01726 870818

suzanne.goddard@me.com

or use the letterbox in the porch
of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

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*The Parish News is
available online at:*

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Parish Council*



**Closing date for the
1 April 2025 issue is**

Friday, 14 March 2025

Please send all copy and letters to
Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG
suzanne.goddard@me.com
01726 870818

Or use the letterbox in the porch of
St Saviour's Church Polruan
no later than

Friday, 14 March 2025

*** Thank you ***

Don't tar us all with the same brush!

from Kathryn Hill

In the run-up to Christmas there was a letter in the Daily Mail asking: 'Is there anyone in the Church of England who is not linked to historical child abuse?' In the light of recent news about both child abuse in the Church and the failure of those who knew about it to take the appropriate action to bring the perpetrators to justice, I wrote saying that I could understand the reason for the letter. I also wrote:

"As a Christian who has been involved in Church Children's work all my adult life in several denominations including Anglican, I am broken hearted both by the abuse done by people who claimed to be Christians and by the failures of Church authorities of all denominations when dealing with it. What is more I know that the Jesus I love and serve and who welcomed children, will deal very severely with those who have harmed children".

I was pleased that my letter was published as I hope it might reassure people that most of us in the Anglican (and in all other churches) care very much about the harm that has been done both by perpetrators and by those who failed to deal with the issue. So, please don't tar us all with the same brush.

Fowey River Lions Christmas Lunch

from Kathryn Hill

We had a lovely time at the Fowey River Lions Christmas lunch — once we got there! It all started off fine, as the Community bus was driven down the hill, we saw the ferry was on its way and said, "good timing"! It was, however, a very windy day and the wind was so strong that the ferry was unable to land at Bodinnick slip and had to stop operating for the rest of the day!

Nothing daunted our lovely bus driver however, who drove us to Fowey by the long route; this was not easy as the wind blew fiercely and buffeted the bus quite strongly on exposed parts of the road. The lengthy journey resulted in us arriving rather late, but we were not the only latecomers, and people were only just getting seated for lunch as we arrived.

The food and drink was delicious, the entertainment was most enjoyable, the prizes in the free raffle were amazing and it was also lovely to chat to both people we knew and people we had only just met that day.

Thank you, Fowey River Lions, your hard work and generosity is much appreciated. It was a pity that there were only five of us from Polruan at the lunch; I certainly plan to take up the invitation next year and hopefully more eligible Polruan folk will do the same.

Help Needed

from Kathryn Hill

The number of people on the St Saviour Flower and Cleaning Rota is rather small. So, I was wondering whether there is anyone who would like to help with either or both?

For further information or if you feel able to help, please contact me and I will be happy to discuss what is involved (01726 870953, kathrynehill39@gmail.com, 39 Fore Street, Polruan). Thank you.

Apologies

from the Editor

Apologies for the error in the bus timetable in the last edition and any inconvenience this may have caused.

The end of an Era

from Tony Cottrell



Monday, 6 January saw the end of an era at the Russell Inn which had lasted, on and off, for more than 34 years, when Robin Sainsbury retired from the pub. Walter and Linda Olsen (Sue's parents and Rob's in-laws) had taken over in October 1991 and stayed for eight years after which Sue and Rob moved in for 3 years in 2014, Rob returning in November 2017.

Built in 1832 and named after the then Prime Minister, Lord Russell, the pub, like the Luggar, is an integral part of Polruan life, hosting darts, quizzes, bingo, race nights and euchre, the arcane card game that is particular to the Cornish. While spiralling costs and less demand have meant that they recently stopped serving food, they had a reputation for excellent catering, the Friday night treat of fish and chips being especially popular, as Rob used to deliver to elderly customers at the top of the village who could not get down. Those who have sampled Sue's outstanding buffets for special occasions will vouch for this and we are delighted to see that Ellie, their daughter, is continuing this service from 'Jam First', next door.

They have recently taken over the cafe at Penmarlam Quay and we wish them all the best in this new enterprise.

Thank you

from Kathryn Hill



Thank you so much to all who were party to organising the lovely Christmas lunch we enjoyed at Polruan Village Hall in December. The Hall looked lovely, the food was delicious, the service was superb and the entertainment by the children from Polruan School was simply 'the icing on the cake'!

Thank you so much to all for such a lovely time.

Thank you from Janet Vivian

Janet would like to thank everyone who kindly sent cards and messages of condolence on the passing of Andrew, at the end of November.

Grateful thanks too, for those prepared to brave the weather for his funeral, so that we could honour his request for a simple outdoor interment. Your support was a source of strength and was greatly appreciated, as were your generous donations to CAAT, a charity close to his heart.

Special thanks go to Kathryn Hill for leading us, to Peter Ripley for his care and guidance through the necessary arrangements and to Margaret Ripley for dealing with the donations.

Letter from Nigeria

"My soul glorifies the Lord and my spirit rejoices in God my saviour" Luke 1:46-47

As we look back over the year, Daniel and I can praise God for His great goodness to us. The joy of being a Christian increases yearly.

We trust all of you reading this know Jesus Christ as your Saviour who came to this world to forgive us our sins and give us peace with God and grace sufficient during times of pains and troubles and then when we die a home with Him in heaven.

Looking back over the year it's been busy. In early December Hannatu and two other internally displaced persons (IDPs) were baptised. Pray that all of the youth amongst the internally displaced people will come to know the Lord.

In November we had the Vom Christian Hospital Centenary which went well and we enjoyed spending time with our Visitors from the UK and our Indian friend, Roop who conducted many church meetings during his visit.

We received a large sum of money for the KKU library which enabled the librarian to set up the library properly for the students. This is wonderful and we praise God.

The farms have been doing quite well thanks to the donation of money for the fertilisers and thanks to donations for the widows, we have been able to continue to sponsor their children's education.



We are pleased to report that Rifkatu, Manasa's wife, is so much better following her cancer treatment the cost of which was sponsored by the organisation who donated money for the fertilisers.

Daniel had his 85th Birthday in December. Mark and family are in the UK for Christmas and Grace and family are settling well into their new home and are always busy. Ken and Valerie and Jean and their families are all well.

It has been a wonderful year and we praise God for it. Thank you for your prayers and support.

May God bless and encourage you.

Thank you from Debbie Jolliff

Debbie and family would like to thank everyone who attended Nigel's funeral, for all your messages, cards and flowers and for the love and support you have given to us during this very difficult time.

Rest in Peace Nigel.

[By Ed; apologies, this was not published in the last issue.]

The Lanreath Senior Citizens Christmas Dinner

from Henry Hayward



For many years now, the senior citizens (now those over 67 years qualify) who live within the civil Parish of Lanreath have been entertained to a four-course home prepared meal, accompanied by wine, at the Village Hall every December. This is only achievable through the huge community effort that is needed to organise the evening and the great generosity of the Looe Lions.

What an evening it was . . . we started with sherry and other drinks on arrival from the generous bar manned by sometime local councillor Richard, then the calling together with grace by our Vicar, Richard Allen.

Prawn salad had been set before everyone on the tables with bottles of red and white wine to help oneself, after which a posse of folk, (mainly ladies, including Sue, Janet, Rose, Derek, Stewart, Jess and Jo) descended with plates of freshly carved slices of turkey, local potatoes, vegetables from Lanreath Community Shop, all the trimmings of gravy, stuffing and such like, after which the diners were invited to make their way to the serving tables laden with gorgeous puds – trifles, fools, tarts and a cheese board. Then the results of the raffle, supervised by Marion and aided by Brian that diners had very kindly wholeheartedly supported, were announced. All this was masterminded by the Lanreath Amenities Group under the watchful eye of Sandra. We were pleased to welcome Tim Johnson, the representative from the Looe Lions. Finally, we moved onto the entertainment, The James Brothers, singing songs that we all remembered from years back.

A big thank you must be given to the Village Hall team who decorated the room; we show it before the invitees arrived, so lovely and cleverly done. Lastly, a very big thank you to Jon, Sandra, Catherine, Christina, one Jane and another Jane imported from Lerryn, who sportingly volunteered to wash up.

An excellent evening. Well done all round.



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**Polruan Regatta and
Children's Sports**

from the Committee

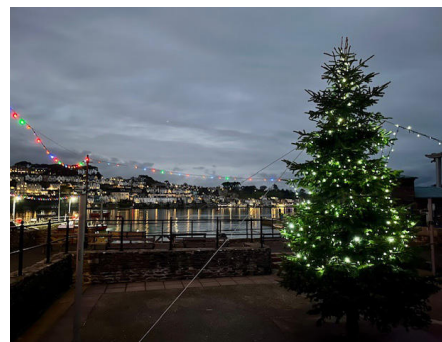
Our Coal Wharf Christmas tree was a couple of feet taller than last years, so we were very grateful to the manpower from the men at the Boatyard who ensured it stood tall, safely. Thank you to the Palmer family for transporting the tree into Polruan and to those volunteers who helped illuminate the tree and take it down.

The youngest children bounced and played happily with soft play equipment at their Christmas party, which was well attended. The parents and carers enjoyed a coffee and after lunch, Father Christmas arrived bringing gifts of books for all.

We were disappointed with the low uptake by the older children for the pantomime trip to the Theatre Royal, Plymouth. However, we were able to fill all the seats which had been paid for last May. It was an exceptionally good pantomime, fast paced with Rob Rinder and Lesley Joseph starring as the man in the mirror and Snow White's wicked stepmother. The scenery, costumes, lighting and clever use of technology, all led to a wonderful afternoon's entertainment.

We have reserved a few less seats for next years' pantomime, Dick Whittington, on 4 January 2006.

Our Annual General Meeting will be held in the Reading Room at 7pm on Tuesday, 4 March. All are welcome to join us as we record and review our year's events and look to the future. There will be no pressure to join the committee! We welcome new Committee members from student members aged 16 and above; there's no upper age limit! At the AGM there will be a change of Chairman, as



Mark Pope steps into this role having shared it with Lynn for the last 12 months. With Mark at the helm and supported by a great committee, the future of the organisation is in safe hands.

After being Chairman for the last 28 years, Lynn will become a back bencher! Newly married, she joined the committee in 1976 to join Tony. Lynn had a break from the Committee (but not from helping) when their sons were young. Lynn feels it has been a privilege to lead the Committee of this organisation which has such a long tradition of providing entertainment for children and families and giving opportunities to children who may not have had access to otherwise. Like all Organisations, it has evolved over the years, but has always had the best interests of our Parish children foremost in mind. She thanks past and present Committee members, volunteers, families and children who have made her time as Chairman such a happy and enjoyable experience.

Mark can be contacted via email at mark@polruan-regatta.co.uk and our Secretary, Joanna Sandy, at jsandy8311@btinternet.com



POLRUAN THEATRE CLUB PRESENTS

The Polruan Panto 2025 – *Puss in Boots*



18th, 20th - 22nd February

The classic fairy tale, 'Puss in Boots,' will be coming to Polruan. Not the Puss of the 'Shrek' films but a wily feline out to help his poor master up to the top of the social ladder and all he asks in return is a pair of boots, to be provided by Dame Hilda Boot, cobbler to kings. En route, he overcomes a shape-shifting ogre (again, nothing like Shrek) and his creepy assistant, Igor. With a dozen songs and a cast of Polruan favourites, this will be an event not to be missed.

Tickets Adult £9.50 Child £4.50 from 01726 870666 and the Reading Room (17 to 21 February).

See back page and website for further details and payment options

polruantheatreclub.co.uk



News from Polruan Academy

from Jane Wills, Headteacher

The building is bursting with learning and it is a real pleasure to see how the children are embracing this with enthusiasm and positive attitudes. Teachers have planned exciting irresistible learning which is varied, broad and all encompassing. We are fortunate enough to have the excellent Mrs Butlin back with us for this term and the children are absolutely delighted with learning how to read musical notation to play ukulele and flute. It makes for a bustling afternoon with excitement, dedication and noise, which cannot always be classed as musical, however all children are learning new skills, applying prior knowledge and they are thoroughly enjoying the opportunity to play an instrument.

In Tregeagle class, the children will be studying the National Census from archives and finding out what this can tell us about our local area. They will focus on Victorian times, building on their learning from earlier this year about how children's lives have changed from Tudor to modern times. In science, they will explore skeletons and muscles and use this learning to write a scientific report about an animal of their choice.

Our youngest children in Canute class are studying 'Who can be Royal?' They will look at our monarchy, find out about coronations, and study the ascent of William the Conqueror to the English throne. They will study how castles were built to defend territory and become engineers when they design and build their own fortified castle in Design Technology. They will study chronology and support their understanding of change by looking at how toys have changed over time. In English, they are learning the story George and the Dragon and will use this to write their own royal quest story.

Casting a look back to Autumn term and the Christmas performances, we were delighted to celebrate another resounding success. Having the opportunity to perform their plays in the Village Hall adds a sense of occasion with the stage, sound and lighting. The

children were amazing as always and I can safely claim that we have quite a few very accomplished performers in school. Standing on a stage in front of lots of people can be scary and exhilarating in equal measure, however it is a very valuable experience for the children to have. What a group of confident children we have in our school!

Thank you for supporting our Christmas events, any money raised will be spent on resources to enhance learning experiences for all the children in school. A huge thank you to parent volunteers for helping with refreshments and the gift room, to staff for organising and delegating and to the many of you who donated gifts. Thank you to the organisers of Poly Swish clothes swap, who again this year donated part of their fundraising to the school. A special thank you to Suzanne, our Governor, who devotes many hours to supporting the school by helping out with fundraising, listening to children read weekly, supporting staff with her kindness and perceptive observations and always championing our school.

Last year, we were invited to the Aladdin musical at Theatre Royal, courtesy of the Regatta Committee, which was a fantastic experience for our children. This year, we decided to take the children to the cinema to watch the quintessentially British institution that is Paddington. The children enjoyed the film and were mesmerised and absorbed in equal measure — the popcorn and drink helped too. A really lovely experience for all the staff to share with the children.

We continue to develop the children's digital skills and all the children now use a digital platform to record their maths and wider curriculum learning, even our very youngest pupils can navigate the iPads and record their learning. This has supported the children's independence in learning and significantly enhanced their understanding of the benefits of technology as learning tools.

We are now looking forward to the lighter warmer days.

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LERRYN FILM CLUB

in The Lerryn Memorial Hall



Our next screenings will be:

Thursday, 27 February: **Allelujah**

Thursday, 27 March: **Oppenheimer**
Doors open at 7pm for a chat with friends

Films are screened at 7.30pm
(except for the March film which will start at 7pm)

To join the Lerryn Film Club or to come as a guest

**Please contact Sue on —
01208 871513**

News from Nigeria

from Kathryn Hill

Although there has been some improvement in the security situation with the military and the police being more effective in arresting bandits and terrorists, Nigeria is still a dangerous place to live and especially to travel. This is made worse by the fact that the economy is getting worse. The exchange rate is very high, so the cost of imported goods is prohibitive. People struggle to afford basic necessities and school fees are very difficult for people to afford. As a result, many people are suffering from stress and high blood pressure with a number of deaths attributed to this.

Despite these problems COCIN (Church of Christ in Nations, formerly Church of Christ in Nigeria) the church I worked for and which Daniel and Kathleen still work for, has started an outreach programme to a number of *unreached people groups* on the Nigeria / Cameroon and Nigeria / Niger borders.



However, supporting the church workers sent to these remote areas is quite costly, so it is a real step of faith in times of severe economic hardship.

An *unreached people group* is a community or tribe who have not yet heard the good news about Jesus. This can be because their country as a whole has not heard the Christian message or, as in this case, despite there being many churches in their country, there are none in the remote area where they live.



**Skittles
are coming
home again!**

Polruan WI is pleased to announce that **Skittles** are once again being held at the Polruan Village Hall on **Saturday, 1st February at 7pm**

Everyone is welcome

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Higher Windmill Allotments

from Brian Cook

A recent tour around the allotments demonstrates the gardeners' efforts to prepare for the new season. Most plots are well tilled and waiting for planting and seed sowing . . . another exciting season is expected and we are all assessing what seeds to buy in readiness.

During the winter we have been weeding, tilling the ground and spreading manures. This year a number of gardeners have bought in green manure, others are continuing to rely on traditional farmyard manure to improve their soil. Most gardeners have a compost heap on which they have disposed of weeds through last season. Now is the time to assess whether the compost is ready to spread on the plot. Another winter activity is pruning fruit bushes to maximise next season's fruit crop.

We are still harvesting the last of last season's crops. There have been good crops of Brussels sprouts which still continue as well as of kale, cabbage and other brassicas. There are parsnips to find and dig up and we are waiting for purple sprouting broccoli to flower over the next month or so. The broccoli is probably the final crop of the last season.

If you fancy getting into allotment gardening, please do not hesitate to contact our chair, Graham Palmer, or secretary, Lis Taylor, to ask about any vacant plots.

Whitecross and district Gardening club

from Angela Flynn

We are a friendly group of gardeners who meet on the third Thursday of every month from September to April at 7.30pm in Whitecross Village Hall (PL23 1NF). We have an exciting programme of events and our next meeting will include our AGM, followed by a talk by Gary Long, Head Gardener at Trewithen. Why not come along and give us a try, you would be very welcome.

7pm, Thursday, 20 February

AGM

followed by our speaker Gary Long, Head Gardener at Trewithen who will talk about 'The Chinese Connection - in the footsteps of the plant hunters'.

As a matter of note, Gary is only the third person who has held this position at Trewithen in over 100 years! Trewithen has, of course, many connections with the famous plant hunters of yesteryear which will feature in this talk. Please note 7pm start.

Thursday, 20 March

Creating Space for Nature with wild flowers

a talk by Stephanie Knights - Eden Project

Stephanie Knights is the National Wildflower Centre Projects Manager at the Eden Project where she makes use of her background in environmental awareness, wildlife conservation and biodiversity.

Meetings start at 7.30pm unless otherwise stated.

For further information, please contact Angela Flynn (07711 821429)

Membership £10

Visitors welcome to meetings £3 (deducted from fee should you become a member)



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Coffee, Cake & Catch-up Lunches too

Held at Polruan Village Hall

We'd love you to join us at our community sessions of

Coffee mornings on 11th February and 11th March from 10am to 12 noon.
and our **Lunches** which will be **25th February and 25th March from 11am to 1pm**

Community Outings: We plan on starting our outings again in March when the weather will hopefully be a bit warmer. In the meantime you can keep up with our plans on our **Facebook Page** (Coffee, Cake & Catch-up) or by checking Facebook Polruan Support Group.

Christmas Lunch and Party: We are delighted to report that we served 64 at our first Christmas extravaganza! We all had great fun and thanks to your generosity raised a total of £83 for **Crisis at Christmas**.

Don't forget if you need transport (within Polruan), please phone Sue on 07811 756615 or email us at polruanccc@gmail.com. No charges but donations always appreciated.



Polruan Pups

from Emma De Riso

What a busy time it has been! 72 Separate bookings over the Month of December! Thank you everyone.

Dog Sitting

I had a referral from a Dog Walker over the river for a weekend sit and so I had the pleasure of 3 beautiful dogs, 5 chickens and 3 cats! That was a definitely an interesting entry onto my Dog Sitting CV!

Barny came to stay too — so plenty of walks, sniffs and toys thrown, not to mention a potential romance with my dog Tallie — watch this space!

I had an enquiry from a lady on Facebook asking for her Airdale, Monty, to have a Christmas sleepover; with 2 separate medical issues, we needed to take things slowly and have lots of cuddles. He definitely made some very interesting noises in the middle of the night!

Miss Flea and Miss Kerra came for a sleepover and as usual they kept us entertained and on our toes, especially Kerra who scavenges food whenever she can, but we love her so much we can overlook this behaviour!!

Dog Walking

I walked Mila on a regular basis for her elderly owner and she never failed to make me laugh as she would tear off towards home at the end of her walk. (I think she would give Usain Bolt a run for his money in the 100m!). Together with my regular weekly Walks with Smudge & Missy who enjoyed Coastal Cliff path walks off lead and fortnightly walks with Salt and Pepper at Par Duck Pond.

I also had a few days checking in on Bessie and Dubhi whilst their owner was working away. Bessie is a very nervous dog and it took a bit of coaxing for her to stop growling and let me stroke her but she soon came round with treats.

Lots of time was spent with Bowser too at Readymoney Beach and Fowey Woods whilst his owner was selling his Cornish Tartan towels at Christmas markets.

Also I had an emergency call from a client who urgently needed her dogs walked after a fall on Christmas Day, so off to Pelynt Kennels we went, where I spent an hour of Tennis Ball throwing for two untireable Border Collies!

Why not contact me today and let your dog join in the fun! One to one attention, Dog-led sniff time, plenty of Ball games and games to keep them mentally stimulated.

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I specialise in Solo / family group walks. I don't do mixed group walks so a great alternative if you want one to one attention for your dog.

2025 looks like it's going to be a very busy one — so why not call now.

Contact Emma on 07442037662;
polruanpupspetsitting@gmail.com

MEMBERSHIP:

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fylm community film clubs

Polruan residents, local residents and visitors are all welcome!



BOOKINGS:

by phone on 01726 870505
or through the
website: www.polruanfilmclub.co.uk
or email: boxoffice@polruanfilmclub.co.uk

Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend. Occasionally due to non-availability we may have to substitute a film at the last minute.

We have no film in February as it's the Theatre Club's Pantomime and we haven't been able to find another suitable date. All films are held in Polruan Village Hall at 7pm (doors 6:30pm with licensed bar)

MARCH 29th our film is WICKED LITTLE LETTERS - A 1920s English seaside town bears witness to a farcical and occasionally sinister scandal in this riotous mystery comedy. Based on a stranger than fiction true story, the film follows two neighbours: deeply conservative local Edith Swan (Olivia Colman) and rowdy Irish migrant Rose Gooding (Jessie Buckley). When Edith and fellow residents begin to receive wicked letters full of unintentionally hilarious profanities, foul-mouthed Rose is charged with the crime. The anonymous letters prompt a national uproar, and a trial ensues. However, as the town's women — led by Police Officer Gladys Moss (Anjana Vasan) — begin to investigate the crime themselves, they suspect that something is amiss, and Rose may not be the culprit after all. **Rated: 15**



APRIL 26th our film will be PRIDE - It's the summer of 1984 Margaret Thatcher is in power and the National Union of Mineworkers (NUM) is on strike. At the Gay Pride March in London, a group of gay and lesbian activists decides to raise money to support the families of the striking miners. But there is a problem. The Union seems embarrassed to receive their support. But the activists are not deterred. They decide to ignore the Union and go direct to the miners. They identify a mining village in deepest Wales and set off in a minibus to make their donation in person. And so begins the extraordinary story of two seemingly alien communities who form a surprising and ultimately triumphant partnership. **Rated: 15**



MEMBERSHIP RENEWALS If your membership has expired you can renew this online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

**TICKETS: ANNUAL MEMBERSHIP INCLUDING ENTRANCE TO FIRST FILM : Adults £6 - Youth (12-15) £3
SUBSEQUENT FILM TICKET PRICES: ADULTS: £4 YOUTH (12-15): £2
There is no membership fee for children under 12 but a £1 ticket charge per suitable film**

Little Harbour

from Lynn Bartlett and Bella Tyson

We have been well supported with our sales of Christmas cards again this year. A special thank you to Ellie and the team at Jam First for again providing a safe outlet for our Christmas card sales.

Thanks to the generosity and the thoughtfulness of several people in the Parish we have also received over £100 in Christmas donations. Thank you.

Thank you too to Robin at the Russell Inn for facilitating a collection tin on the bar over the years. We wish you and Sue well in your Penmarlam venture.

The books in the Reading Room will have been refreshed by the end of January. The price remains the same; £1 for paperbacks, £2 for hardbacks and 50p for childrens' books. There are also jigsaws available in exchange for a small donation to be placed in the secure box on the wall. I hope you enjoy a browse in the Reading Room in the coming weeks.

I'm afraid we cannot take any donations of books at present and as always, please do not leave any in the Reading Room.

In these challenging economic times, especially as a charity, we are very grateful for your continued support. For further information, please contact Lynn Bartlett (07977 440132).

Marmalade from Kathryn's Kitchen



Available in St Saviour's porch and at the back of St Willow.

Help yourself in exchange for a donation to school fees for Nigerian students – blind students at Gindiri Boys Secondary School where Kathryn used to teach and for the children of *Internally Displaced People* who are the victims of sectarian violence.

Christmas Parish Post from Des and Val Libby

Many Thanks to everyone who supported the



Parish Post at Christmas, especially Ellie and the team at the Winkle Picker, Morley and Lorna Tubbs at Highway and all the little Elves who helped with deliveries.

A fantastic amount of £178 was raised and donated to the Motor Neurone Disease Association, Cornwall Branch.

Polruan Open Gardens 2025

from Sue Rowe



Polruan Open Gardens will be held next year on the afternoons of 14 and 15 June. We will be doing this through the National Garden Scheme Charity and will be covered under their public liability insurance. This was always a worry previously. The intention is to sell tickets at the Polruan Village Hall and possibly on The Quay for £6.00 to obtain a map to see all the gardens. There will also be afternoon teas run at the Village Hall on both afternoons with the proceeds going to whoever runs the teas for a charity of their choice. We have about 8 gardens interested already and if you would like to be included or wish to know a bit more, please do get in touch either by email sjsherwood2@gmail.com or phone 01726 870505.

Let's showcase what a wonderful village we have in Polruan!



Janreath Ladybirds Parent Baby/Toddler group 0 to 4 years

Tuesday and Thursday
09.15 until 11.30am
during term time

Janreath Village Hall

Get to know local parents and chat over a cup of tea or coffee. We have plenty of toys, books and craft activities for little ones and a quiet section for babies.

We have been established for over 20 years and the group has helped new parents and their children through the difficult early months and years.

Cost: £3 per child and £1.50 for siblings (including a snack); £1 without a snack

For more information, please join our Facebook page:

Janreath Ladybirds Playgroup or contact Sandra on 01503 220860

Defibrillators in the Parish



Whitecross: Whitecross Village Hall
Polruan: Polruan Village Hall,
School Lane
Vevery car park
The Quay, Polruan
Fire Station, Greenbank
Bodinnick: The Old Ferry Inn

The defibrillators are very simple to use, with voice instructions given whenever it is activated.



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Lanteglos Community Bus Timetable

	Feb	Mar	Fare
Whitecross Market	1 st	1 st	Donation
Par Market and St Austell	5 th , 19 th	5 th , 19 th	£3.00
Trago and Bodmin	12 th	12 th	£3.00 £4.00
Truro	26 th	26 th	£4.50

All services are on Wednesdays except for Whitecross Farmers' Market (the first Saturday of every month). The services start from Furze Park at 0925 (1015 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick. £1 reduction for concessions to all fares. To book, please telephone 01726 870826 after 9am

Service subject to driver availability and, of course, Government Guidelines



**First Saturday of every month, 10am–12.30pm,
at Whitecross Village Hall**

Saturdays: 1st February, 1st March, 5th April

Whitecross Market needs YOU!

Could you spare the odd hour or two (not every month, but just to fill in sometimes), helping out with teas and coffees in Brew with a View, or cooking pasties in the kitchen? Please have a chat with one of the team if you think you can help – thank you.

What’s new in February and March?

We had a very cosy and convivial mini market in January, with fewer stalls than usual so the tea tables could be brought inside the village hall. The hubbub was just like it used to be before Covid.

But all our regular stallholders should be back at the market in February and March. That does mean that the coffee and chatting moves back out into the Jubilee Shelter again, but the Village Hall Committee are kindly looking into buying some people-heaters to help keep the shelter warm through the worst of the Whitecross winter.



Kaye with fabulous fresh fish from the Looe day boats



Richard and Aileen fry up bacon from their rare Oxford Sandy and Black pigs

From February onwards, you’ll find Kaye back in her rightful position on stage with her fabulous range of **fresh fish and shellfish** from the sustainable fishery at Looe. We’ve been missing Lawrence and Rosea from the Padstow Cheese Co recently, but they should be able to return in March with lots of different varieties (in addition to their own delicious fresh cheese) from their newly opened specialist cheesemongers. In the meantime, Dave will be bringing a lovely selection of **local cheeses** to fill the gap.

Outside in the Jubilee Shelter, Richard and Aileen will be frying up their addictive **rare breed bacon** as always, but this spring they’ll also be selling mutton for the first time, from pasture-fed **Greyface Dartmoor** sheep (along with their regular hogget, brisket burgers and potatoes from their regenerative farm). Ask them about sheepskins too. Curry fans will know that mutton makes an amazing curry, and so too does **goat meat** – which luckily is also on sale at Whitecross, raised by Helen on her Coppergon Farm near Tywardreath.

What else will you usually find at Whitecross? Cakes, bakes, breads and quiches, Dexter beef, Ukranian treats, milk, butter and cream, sausages, ham, preserves, seasonal veg, ciders, beers and spirits, honeys, flowers (from March onwards), soaps, skincare and candles, cards, wood turning, bonsai, willow basketry, local charcoal and much more...

Don’t forget:

- **Adam’s pasties** from Liddicoat’s butchers in Lostwithiel are cooked in the Village Hall kitchen – and to avoid disappointment, you can order them in advance by texting **Kim on 07402 234386**.
- **Community buses** will bring you to the market from Fowey and Polruan.
- Please bring some **cash**, as not all the stallholders take cards.

Follow the market on Facebook and Instagram (whitecross local market) — thanks to Charlotte for doing all our social media.

Contact us by email: whitecrosslocalmarket@gmail.com or tel. Liz on 07900 668604.



So many different honeys come from Gerald and Aniele’s hives

News from Frogmore Farm from Gill Palmer

A rather late thank you to everyone who came to the Frogmore Nativity service. I hope everyone enjoyed it as much as we all did.

What weather over the New Year — rain, gales and more rain. I spent some time looking back into the old farm diaries; it was very surprising to learn how many years in the last thirty or so were exactly the same. I think looking back, our memories are usually focused on the good days, for instance I can only remember sunny days in my childhood!

The farm is always busy whatever the weather and each season brings its challenges. Just now it's baby animal time — lambs and calves. Lorna and Sophie were busy stocking the medicine cabinet ready for any emergency, including delivery gel for difficult births, iodine for umbilical cords and colostrum (to make sure each baby has enough early immunity from the many challenges they will face in the first few days of life).



Ben and his friend Adam sheared the rear ends of each ewe, as this helps to keep the area clean for Lorna and Sophie, should the ewe need help and also helps the lambs find its Mum's udder more easily to get that vital first drink of her rich milk that they need.

The little boys have had a lovely time helping to build a den by the lambing shed. They have a little table and chairs, a toy kitchen and lots of pretend features. This a safe area where the boys can play while Lorna and Sophie are busy with lambs. They can help feed any tame lambs too.

In the cow shed, I am pleased to report that the cow whose test for TB had been inconclusive sixty days ago, was retested and thankfully declared clear this time — such a relief.



While the vet was on the farm she removed some pregnant heifers' horns. We can never predict how a new mother will behave. Some are quite calm when you approach their calves but some, who are normally calm animals, can be very protective of their baby. So, for everyone's safety the horns had to come off.

Ben has been catching up with trimming some of our hedges. I know this is a controversial subject. The roads need to be done for all our safety, but not until the little birds have left their nests. The field hedges need to be stock proof and hedges left uncut for many years, grow straggly. That is not good for farm animals nor is it good for the wildlife either. Trimming hedges helps them to thicken up (like shrubs in the garden). The birds have more shelter and safer places to nest; more fruit and berries are produced in the following year and so, by selective cutting, wildlife has a safe home and plenty of food.



Sprout the turkey has grown his new feathers at last and he is now a very handsome bird. I wonder if we will have some turkey chicks in the Spring . . . ?

Our porch has been taken over again by wrens. As dusk is falling, we can hear them arguing over the best swallow's nest. They all pile in. If we put the light on and peep out lots of cross little birds bob up to see what's going on. We can't open the door, trying to catch twelve tiny birds and put them outside again is very difficult. One lucky little bird managed to spend the night in the kitchen. It must have hidden behind the curtain. As a thank you, we were left lots of little presents to clean up.

Polly Xmas Food Hamper project 2024

We have been overwhelmed by the incredible generosity of individuals and businesses in our village this year! The donations received made it possible for us to deliver a good number of hampers that made a huge difference to peoples' Christmas. All hampers were very gratefully received and messages of thanks passed on to everyone involved.

A big thank you goes to everyone who was a part of the Polly Xmas hamper team; from donating food, donating cash, box wrapping and packing, to food shoppers and the final delivery team.

Well done Polruan!



A very big thank you to Kat and the team at 'Kitty's Koffiji' who have taken over the Foodbank collection point in the village.

Please contact Norman and Angie on 01726 870747 regarding any cash donations

Many thanks to those who continue to contribute so generously during this time of great need for many families.

Please contact the Foodbank if you would benefit from their services or know of someone else who might need to:

liskeardlooe.foodbank.org.uk

liskeard.foodbank@gmail.com

Tel: 07512 011452



NEW

RURAL POP UP PROJECT

Presenting our newest initiative to support rural communities during challenging times. Here's a glimpse of how we can help:

- Distributing essential food supplies
 - Providing support on pension credits and benefits
 - Addressing energy-related concerns
- Keep an eye on our social media channels for updates on our upcoming visits to your area!

Registered Charity in England & Wales (1183375).

Lanteglos-by-Fowey Parish Council February 2024

from Rob Rooney, Chair Lanteglos-by-Fowey Parish Council

A disturbing incident occurred in Polruan on January 5 which exposed a worrying gap in NHS provision for the village.

Charles Clare-Dunbavand, a member of Lanteglos-by-Fowey Parish Council, came across an elderly man who had fallen and suffered a head injury. It was a freezing cold evening and the casualty was clearly in need of medical attention. With help, Charles managed to get the person home and a 999 call was made. Aware that Polruan's isolation made a long wait for an ambulance likely, Charles asked for a 'first responder', of which there are at least two in the village. The on-call responder was able and willing to attend but needed the go-ahead from the 999 dispatcher. Charles made another call. The reply was "that it would be for the dispatcher to decide and maybe they were being held back in case there was a more serious need".

What, you may ask, is the point of a first responder system if they are not allowed to respond? On further investigation it appears

that cost appears to be a factor. The first responders are attached to the fire and rescue service, which charges the ambulance service for callouts. It would appear, casualties reduced to items on a balance sheet.

This distressing experience is due to be discussed at Lanteglos-by-Fowey's January meeting on 14 January (after the deadline for this article). Also on the agenda is the future (or not) of Fowey Hospital which was the subject of a presentation by the relevant NHS Health Trust on 7 December.

I was present at this meeting and read about various innovations which render a resource like Fowey Hospital redundant – or so those responsible would have us believe. A system of first responders was among the innovations listed.

Hopefully, by the time you read this, your Parish Council will have a new Clerk about to take up position. Our current Clerk, Gillian Thompson, gave notice back in November and her final meeting will be in February.

As Chair for the last two years or so, I have had many dealings with Gillian and have realised how important it is to have a competent Clerk who is able to get on with different personalities. Gillian has been a pleasure to work with and I hope she can now forget about emails on her day off and late Planning Applications and enjoy her retirement.



Lanteglos-by-Fowey Planning Applications

from Gillian Thompson, Clerk to Lanteglos-by-Fowey Parish Council

(for full details see Parish Council minutes)

PA24/08832, 7 Battery Park Polruan – proposed variation to Planning Approval PA23/08294 - relocation of windows and additional window on West elevations. Members made no objection.

PA24/09272, 1 Moss Terrace East Street Polruan – single storey extension to the front elevation of the dwelling to accommodate larger living space to ground floor, replacement of existing balcony. Members made no objection.

PA24/09117, 11 Meadow Close Polruan – renovation of the exterior of the dwelling including new render and cladding, replacement of windows, terrace and raised balustrade, new sedum roof, air source heat pump and solar panels. Members made no objection.

PA24/09677, Ring A Bell Lanteglos – conversion and extension of existing traditional stone barns to a single dwelling

with associated parking without compliance with Condition 2 in respect of decision PA18/09637 dated 14.01.2019. Members made no objection.

PA24/098299, 9 Ocean View Polruan – non-material amendment in relation to decision notice PA21/07433 dated 15 November 2021 to replace part high level render and glazing with zinc cladding. Members felt the use of zinc as a roofing material was a contentious element of the original planning application PA21/07433 but at the time members agreed that as the proposed dwelling was not on main village street view it was on the margin of being out of character with the surrounding area and did not object. As the building of this property has progressed it is clear it is over sized for the plot and the large gable end fascias of zinc already have an industrial and dominating effect. Adding further zinc to the elevations will make the building look like

an industrial unit or supermarket and will appear over dominant and out of character with the surrounding area. Members feel that there is design creep going on as part of this application which is in danger of obfuscating the planning process. Members objected.

Planning Applications Approved by Cornwall Council

PA24/01013/PREAPP, 1 Moss Terrace, East Street Polruan – pre-application advice for single storey extension to front of dwelling. Members praised the detail contained in this pre-application Closed by CC and advice given.

PA24/00895/PREAPP, Land S of Chapel House, Chapel Lane, Polruan – pre-application advice for proposed new dwelling. Closed by CC and advice given.

News from Polruan Town Trust

from Beth Rigg, Chair

The Trustees are currently working with an architect for ideas and plans for the refurbishment of the toilets on the Quay, along with new plans for the Winkle Picker flat, for which the Trust hopes to get outside funding to help with the rebuild.



Routine maintenance continues on various Trust assets, including the children's playground.

The surface is in need of some remedial repairs, and it is hoped that this will take place in March (weather permitting!). The playground will be closed while work is carried out, but notices of the closure will be posted beforehand.

The car parking concession for both St Saviour's and Vevery car parks are out to tender. While the Trustees have increased car parking charges slightly, the Trust is continuing to protect local, long term resident parking charges, and these have not been increased.

Following last year's refurbishment, the Reading Room, with its fine collection of historic

local photos and information, is open and worth a visit.

Further information on the workings of the Trust is available on the website, via the clerk@polruantowntrust.org or by contacting any of the current trustees.



Lanreath Parish Council

Summary of draft Minutes

Meeting 19 November

Attendance by 8 Councillors. Chairman — Cllr P Seaman, Vice-Chairman — Cllr D Heard, Clerk — Mrs R Warren.

PCSO Cocks' emailed report had been circulated to Councillors. There had been two crimes reported in the Parish in October.

Matters arising were considered, including Planning Enforcement report EN23/00589 which had resulted in an Enforcement Notice. An appeal had been lodged. In the Parish works had been completed at the sharp bend on the lane to Stonerush Lakes; the landowner's consent was to be requested for work to improve the access to the Community Garden; the defibrillator box at the Millennium Building had been re-painted by a Parishioner; a new paper towel dispenser had been fitted in the Public Toilet; road closure information for work on the Looe landslip had been promulgated by Cllr Gundry; members of the community had tended to the overgrown Cornish hedge by the church; the Chairman confirmed that he had replaced the rotten board above the Public Toilet door. He will obtain quotes for replacement windows.

Correspondence was then dealt with, after which the Chairman reported to the meeting following his attendance at Cornwall Council (CC) Budget Update Briefing on 7 November. An increase in Council Tax of 5% has been approved.

The Clerk confirmed that she had circulated the slide pack from the CC planning training event she had attended on 7 November. The Clerk and Chairman had attended separate training events presented by the Central Digital and Data Office regarding a possible change of domain name to gov.uk. The Clerk was tasked with signing up to a helper event and report further.

The meeting went on to consider, amongst other things: Telecommunications Resilience Planning and a request from another Parish Council in Cornwall for assistance in lobbying CC regarding housing allocation policies – Councillors declined. Reports on Parish Assets, Lanreath Village Hall, the Community Area Partnership (SECCAP), and Climate Change were considered.



A draft Budget for 2025/26 had been circulated for consideration by Councillors, and after discussion, was approved. The Clerk was tasked with submitting the Precept request.

There was a brief discussion regarding a Parish Problem and with all agenda items having been considered, the meeting closed.

Extraordinary Meeting 10 December

Attendance by 8 Councillors, and one Parishioner. Chairman — Cllr P Seaman, Vice-Chairman – Cllr D Heard, Clerk – Mrs R Warren.










The Meeting considered Cornwall Council's proposed implementation of 20mph speed limits in Lanreath and other parishes on which consultation closes on 20 December. After discussion, a submission was agreed in terms that it was approved, subject to some alterations to the proposed 20mph and 30mph zones in Lanreath Village.

The meeting then considered the Government consultation closing on 19 December regarding remote meetings and proxy voting. The Meeting agreed that the Clerk should submit comments supporting the ability to hold remote meetings but indicating concern about possible predetermination if proxy voting is permitted.

All agenda items having been considered, the meeting closed.

Lanreath Parish Council meetings take place on the third Tuesday of the month (except in August and December) at Lanreath Village Hall at 6.30 pm.

Full details of dates of all meetings, agendas, and minutes can be found at www.lanreathparishcouncil.co.uk

Useful numbers		
	Emergency - not life threatening	111
	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Store	01726 870477
	Winkle Picker Post Office and shop	01726 870134
	Jam First Coffee shop	07875 293364
	The Russell Inn	01726 870707
	The Luggar Inn	01726 870567
	Travel Cornwall Bus service	
	Polruan Community Bus	01726 870826
	Citizen's Advice, St Austell	0808 8127156
	Lanteglos by Fowey Parish Council	01726 884024
	Rob Rooney, Parish Council Chair	
	Jim Candy, County Councillor	
	Trelawny Benefice Administrator	07399 563440
	The Foodbank, Liskeard and Looe	
	The Trussell Trust	07512 011452



To Advertisers and Contributors

from the Editor

We are very grateful for all the fantastic contributions received at The Parish News.

We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14th of the month preceding publication, otherwise the content will remain unchanged.

	www.cornwall.gov.uk/reportit Use this link to view a full list of things you can report online
	www.cornwall.gov.uk/reportroad Report a pothole, street works, electrical or highway problem
	www.cornwall.gov.uk/misssedcollection Report a missed waste collection
	www.cornwall.gov.uk/reportdog Report dog fouling
	www.cornwall.gov.uk/reportvehicle Report abandoned vehicle
	www.cornwall.gov.uk/reportgraffiti Report graffiti
	www.cornwall.gov.uk/flytipping Report flytipping
	www.cornwall.gov.uk/reportbreach Report breach of planning control
	www.cornwall.gov.uk/reportchange Report a change of circumstance



Friends of the Fowey Estuary

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website www.friendsofthefowey.org.uk or follow our Facebook Group.

Our events are Free to members and £2.50 for non-members, unless stated otherwise.

Love your Beach Day

Friends of Fowey Estuary get together to celebrate our lovely beach

12 noon, Saturday, 15 February

Meet at Readymoney Beach, Fowey SX117512. Car Park PL23 1DG

Ten years of Seals in St Austell Bay a talk by Rob Wells

7.30pm, Wednesday, 26 February

Gallants Sailing Club, PL23 1DA

Rob Wells' book available £9.99 cash

Pollinator talk and Bug House building workshop

Joint event with Golant Heritage Group (Donations welcomed)

11am for talk
2pm for workshop
Saturday, 22 March

Golant Village Hall

Booking Essential for bug house building only: Peter Edwards, 01726 833141 peterj.e.golant@gmail.com

AGM and

St Austell Bay Seagrass, Maerl beds

an update from Katie Bellman, Cornwall Wildlife Trust

Introduction to 'Tor to Shore' Project

by Oscar Miller, Cornwall Wildlife Trust

7.30pm, Wednesday, 26 March

Golant Village Hall

Events are open to all unless otherwise stated, and you are welcome to bring your friends and family along.

Events are FREE to members and £2.50 to non-members unless otherwise stated

Field trips – please bring appropriate footwear, clothing, waterproofs, a packed lunch or money for lunch.

Children under the age of 18 must be accompanied by an adult.



Fowey River Lions

We are delighted to welcome Ann Munford as a new member to Fowey River Lions, pictured below with Lion President, Steve Jones.



A very busy December. Not only did we hold a successful Senior Citizens Christmas party at Fowey River Academy but the following weekend we had a Santa's Grotto with entry by donation. Some 26 children came to see Santa in his grotto. Every child spoke with Santa and was given a bell to commemorate their visit.

Fowey River Lions were delighted to be asked to accompany Santa on his tour to Trecarrel Rest Home at Tywardreath. It was heart warming to see the delight on peoples' faces as they accepted their presents from Santa before having a very traditional Christmas tea party. It was an emotional afternoon. Santa certainly brought some cheer to the residents that afternoon. The Lions would like to express their gratitude to all the Care Home staff for the hard work they put in throughout the year, it is real dedication

Easter Eggs

Our Easter Egg Draw will be out in a Pub or Shop near you from early March. Please look out for them to support Fowey River Lions.



Treasurer required to join Board of Trustees

We are looking to build further, the Festival board of Trustees. In particular, we are looking for someone with an accountancy background to join as Treasurer. The role will oversee the finances of the charity, working closely with the Chair and Festival Director, to develop an annual budget. In addition, the Treasurer will provide monthly management accounts, ensuring the board has the information it requires to carry out strategic decisions. To find out more please get in touch by email lynn@foweyfestival.com

Bingo Night – coming soon!

Wednesday, 12 March at Haveners, Town Quay, Fowey

Please book in advance on 01726 834591

Join Fowey River Lions

If you would like to see what we do why not come along to one of our regular meetings. There is no obligation, but we would love to meet you. We meet on the first Monday of the month at 8pm in The Ship Inn, Polmear, Par.

We started in 1977 with a large group of like minded people helping their local community and helping to raise funds for local, national and international causes. Over the years we have donated to major charities such as Cancer Care, Motor Neurone Disease, RNLI, local charities, such as Children's Hospice SW and helped local people in need as well as encouraging and supporting young people in their development with smaller grants. It is not all hard work; in fact, it can be great fun and gives a great feeling of satisfaction. We hold monthly business meetings and have a monthly social event. We welcome anyone in the area to come and meet us and see what we do. We would love to meet you.

President: Lion Steve Jones

Treasurer: Lion Ruth Rouse

Secretary Lion Lynn Goold

email: foweyriverlions@gmail.com

facebook: foweyriverlions

Tel: 0345 833 7484



CROSSWORD ANSWERS	
1. Stabs	DOWN
2. Tonic	DOWN
3. Boycotts	DOWN
4. Alibi	DOWN
5. Nanny	DOWN
6. Tackler	DOWN
7. Factotem	DOWN
8. Steer	DOWN
9. Troublesome	DOWN
10. Believer	DOWN
11. Iron	DOWN
12. Radishes	DOWN
13. Nudging	DOWN
14. Venom	DOWN
15. Cycle	DOWN
16. Prays	DOWN
17. Nanny	ACROSS
18. Tackler	ACROSS
19. Factotem	ACROSS
20. Steer	ACROSS
21. Troublesome	ACROSS
22. Believer	ACROSS
23. Iron	ACROSS
24. Radishes	ACROSS
25. Nudging	ACROSS
26. Venom	ACROSS
27. Cycle	ACROSS
28. Prays	ACROSS

The du Maurier Fowey Literary Festival

Bingo Night
Wednesday, 19 February 2025
Haveners, Town Quay, Fowey
Eyes down 7.30pm

£10 per person payable in cash on the night

PLEASE book your space in advance by contacting Haveners 01726 834591

Come and join us at Haveners, for a fun night of Bingo with lots of good prizes. There will also be a raffle with even more lovely prizes. Please book your place in advance to avoid disappointment. Thank you to all the businesses who have kindly donated some of the prizes, we are very grateful for your support. We look forward to seeing you there.

Competition for young writers and artists

2025 theme: Making Waves

The aim of the Competition for Young Writers and Artists is to encourage young people to engage in visual arts and creative writing, to celebrate their creativity and originality. This year, each young artist and writer is invited to create a work of art or write a poem, story or report on the theme 'Making Waves'. The idea for the theme came from the festival's new logo.



The competition is open to all children living in Cornwall and the Isles of Scilly aged 4 to 16 on 31 August 2025. Thanks to generous sponsorship, entry is free and prizes are awarded in each category and age group. Additionally, a Young Writer and a Young Artist of the Year will be selected.

The challenge is to produce an original picture, poem, short story or piece of factual writing. The theme this year is 'Making Waves'. We want the theme to work for you. Perhaps use a dictionary to explore the meaning 'Making Waves'. The more you think about it, the wider the theme is. Have fun and we look forward to reading and viewing a wide range of interpretations of 'Making Waves'!

For Rules and guidance, independent and school entry forms please go to www.foweyfestival.com
Closing date 5 March 2025.

Adult Short Story Competition 2025

We are delighted to announce that once again, we will be running our Adult Short Story Competition. The title is 'Making Waves'. The story must be your own work and not previously published. Other than that, let your imagination roam and have fun 'Making Waves'. We are looking forward to hearing from all those budding authors who can let their creative mind wander, resulting in wonderful intriguing, and engaging short stories.

Entries must be your own work, no more than 1,500 words and must include the title, but the interpretation is entirely up to you.

The competition is open to all those over 16 years of age. Entry costs £10 per story. There will be a first prize of £200 and a second prize of £100.

All entries must be received by noon, on 28 March 2025. Winners will be announced in time for an award ceremony at the Festival in May.

For full details, please visit www.foweyfestival.com

Secret Gardens

Friday, 16 and Saturday 17 May 2025

Calling garden owners of Fowey, Polruan and Bodinnick!

Secret Gardens are returning once more to The du Maurier Fowey Literary Festival, welcoming visitors over two days on Friday, 16 and Saturday, 17 May 2025.

Is your garden a secret gem that you would be happy to share with members of the public? Then we would be delighted if you would be willing to open your garden on 16 and 17 May 2025, in aid of the Festival.

If your garden is in Fowey, Polruan or Bodinnick we would love to hear from you! Being part of Secret Gardens is a lot of fun. You will meet lots of interesting and friendly people from all walks of life. Sharing a much-loved garden with others is quite special, not only for the visitor but for the garden owner too. Please contact Celia, Celia@allbut.eu or call 07887 703 757 to find out more. She can talk you through what is involved and provide all the advice you need.

Friends: Becoming a Friend of the Festival is easy, simply head to: www.foweyfestival.com/friends where you can read about the different memberships and sign up online. By becoming a Friend, you will receive advance notice of the Festival programme, exclusive Friend's early bird ticket booking in addition to discounted tickets. A membership starts from as little as £30 and is a great way to support the Festival. The 2025 programme of events will be published in March, so start planning your break now. We look forward to you joining us.



Tammy Blee's Cabalistic Agency – Cornish Witchcraft and Folklore

A talk by Jason Semmens

Fowey Town Hall, 2pm

Saturday, 8 February 2025

This talk explores the historical reality of witch beliefs and folk magic in Cornwall and discusses some of the individuals caught up in such ideas: from malefactors to 'white witches', folklorists and historians.



Originally from West Cornwall, Jason is Director of the Museum of Military Medicine. He has a Master's degree in 'The History and Literature of Witchcraft' from the University of Exeter and has published widely on the subject.

Some stories about Cornish Church Building with special reference to the Fowey area

A talk by Joanna Mattingly

Fowey Town Hall, 2pm

Saturday, 8 March 2025



This talk will focus on some Cornish Churches with interesting construction stories. Joanna will look at the Churches of Fowey, Lansallos and St. Veep and explain why the typical Cornish Church is unfinished.

Joanna is a retired extra-mural lecturer and museum curator, who specialises in Medieval Cornish Church History and is the author of 'Churches of Cornwall'.

A date for your diary:'

Crossing the River – The History of the Fowey Ferries

A talk by Chris Braddish

Whitecross Village Hall

Saturday, 12 April at 2pm

Bookings can be made at Ticket Tailor

buytickets.at/foweyharbourheritagesociety

kathpearce@gmail.com

www.foweyharbourheritage.org.uk

Members free; Non-members £10;
with complementary tea and coffee

FHHS Annual Membership £18 or
£30 for two adults at the same address

Polruan Coastguard

from Des Libby,
Coastguard Rescue Officer (CRO)

At the end of the year, our Supervisory Officer (SO) carried out a Review of the number of call outs the Team here in Polruan have been involved in and made a comparison to previous years.

- Year 2024 call outs — 31
- Year 2023 call outs — 27
- Year 2022 call outs — 10
- Year 2021 call outs — 24
- Year 2020 call outs — 22

The Team's busiest month in 2024 was July and then surprisingly January and equally surprisingly, October. 2024 was the busiest year on record and the SO thanked the Team for their hard work and commitment. He continued by saying that after reading the post incident reports and with commendations from the rest of the Area Management Team (AMT) and a good reputation locally, it is clear that the Team continue to be an important, valued and positive force within Polruan and the wider community. Well done.

In November we welcomed our latest recruit to the Team, Robin Smith from Penpol. Over a number of weekends Robin completed the necessary qualifications, including rope rescue and water rescue at awareness level, plus search, first aid and much more. It wasn't long before he was tasked to his first shout with another more experienced CRO taking him under his wing. The Team were tasked to assist Looe Fire Brigade with the extraction of a person from an upstairs flat in Looe. Welcome to the team Robin.

The Team enjoyed their now regular Christmas social in December, this time held at the Jubilee Inn, Pelynt, where they were served up some excellent food, played some silly games and had a chance to socialise with the Team and their partners — a great evening.

From the Station Record

10 November 1608: Report of a person on rock, east of Vevery. The Team soon became aware it was simply a fisherman who made his own way to the footpath but thanked the first informant as its better to be safe than sorry.



26 November 0921: Report of person on foreshore in local area. No further details available.

31 December 1035: Tasked to assist Looe Fire Brigade and Southwest Ambulance Service (SWAS) to extract a person in difficulties from an upstairs flat in Looe.

Remember if you see anybody in difficulty along the coast line call 999 and ask for the Coastguard

RNLI Lifeboats

from Eric Lockyear

As I write this report, there are flurries of snow outside the window. We've got off lightly so far this winter compared with those further north, but the cold fronts have reminded most of us, who don't earn our living from the sea, of the wisdom of staying off the water. The upside of this, the reduced activity by sailors, rowers, paddle-boarders, swimmers, and so on, was that the last two months of 2024 passed without anyone in distress calling for help from the volunteers of the Fowey Lifeboat Station.

Time then, to view the year as a whole. In 2024, Fowey lifeboats launched 43 times, aiding 32 people. In addition, a total of 99 exercises were carried out afloat, to ensure preparedness for when the worst happens. National statistics are not yet available, as it naturally takes some time to collate the figures from the 238 lifeboat stations and more than 240 beach units around our coasts. On average, over 200 lives are saved annually, while a further 10,000 are aided, having been at risk of death or injury if not assisted.

Since the RNLI was founded 200 years ago, over 146,000 lives have been saved. This has been achieved entirely without Government funding and depends on voluntary donations and legacies. All the personnel in the Fowey Station, as elsewhere, work on a voluntary basis to maintain the round-the-clock service.

Our congratulations are due to Fowey Lifeboat Operations Manager, Chris Ogg, who has been awarded an RNLI 'Excellence in Volunteering Award' by the Council of the RNLI. The award was presented to Chris 'in recognition of his exemplary commitment to the RNLI through his role as Lifeboat



Olive 3 at speed

Operations Manager at Fowey Lifeboat Station'. The award certificate states:

"Chris' outstanding leadership, dedication and experience has been pivotal in both supporting the crew and maintaining a functioning lifeboat station during a difficult period. Chris has continuously displayed the RNLI values of being trustworthy, courageous, selfless and dependable. His contribution has helped the RNLI to save lives at sea."

Chris, who has been volunteering as the Lifeboat Operations Manager and Launch Authority for the past eight and a half years said:

"I am honoured to have received the award from the RNLI. We have a great team of volunteers here at Fowey lifeboat station, with a core of 32 crew, supported by dozens of people fundraising, running the shop and lifeboat tours, PR, launch authorities and support staff. Everyone gives up their time for free and it is a pleasure to work with and manage such a dedicated team of people, so that we can provide a 24/7 lifesaving service to our local community."

The RNLI is the charity that saves lives at sea.

Can you spare a few hours ?

If so, perhaps you will consider taking over or sharing distribution of the Parish News? Linda and Mark have been doing this for a few years now for which we are very grateful. But with commitments to the Regatta Committee increasing, they would like to stand aside.

The role involves collecting the Parish News from the Printer (normally at either Caffa Mill or Four Turnings), towards the end of the month preceding publication, then delivering these to the outlying areas of the Parish and finally to those who distribute in Polruan.

If you are interested or would like more information, please contact the Editor, Suzanne, for further details.

Thank you

A GIFT IN YOUR WILL IS OUR PROTECTION AT SEA

To find out more go to RNLI.org/Wills or call us on **0300 300 0062** and quote 'Parish News'

Lifeboats

Boatyard and Ferry News

from Jacqui Lewis

As we settle into the New Year it's a great opportunity to reflect on 2024.

The Boatyard has seen quite a few changes over the year; the hoist has been upgraded and now has the facility to take 260 tonnes, the slipway winch has been updated and can now haul 400 tonnes and our main shed has had a new roof which enables us to work on four vessels under cover at any one time.

During the year we had the pleasure of working alongside many familiar and new customers from the fishing fleets based throughout Cornwall, Devon and further afield. This work generally consists of annual maintenance or a more in-depth refit to upgrade and repair various aspects of the vessel. We also had a visit from the Cornwall Inshore Fisheries vessel 'St Piran', it was a great working alongside the crew during their general maintenance visit.

As part of Fowey Lifeboats' 200-year celebration, we were proud to not only sponsor the main event but also provide the pontoon for the fabulous firework display. Well done to all the lifeboat crew for keeping our coastline safe.

2024 was also an exciting year on the Ferries; Emily Nash became our first female Ferry Master. In May, both Emily and Jack Page achieved their MCA Boat Masters Licence, enabling them to drive our car ferries and the larger passenger ferries. In September, Tom Bowden joined us as our first apprentice on the ferries; working alongside SeaRegs training in Plymouth, he will undertake a variety of maritime courses whilst building his practical skills on the ferries.

During the summer we sponsored Polruan Academy, providing transport to enable pupils to attend a series of water sports sessions in Fowey. It was great to see them enjoying river-based activities.

In 2023 Bodinnick Ferry supported Kate Jones with her 'March for Bomber'. She set up a fundraising group to raise money for Cornwall Hospice Care, following her husband's battle with cancer. In 2024 she organised another 'March for Bomber', this time using the Polruan Ferry; in total, £25,000 has been raised for the hospice, well done Kate and the team.

Amongst other fund raising events supported by the ferries, were Anthony and Sally who raised £17,000 for the RNLI and Cornwall Air Ambulance on an epic 6,000 mile walk around the British Coastline; and also the Cornwall Section Vintage Motorcycle Club who were raising money for the Cornwall Air Ambulance; it was a fantastic sight to have the 50 strong group on board the ferry. Well done to all involved.

December saw the Annual Carol Service on the Bodinnick Ferry, hosted by the Rev'd Richard Allen. A joyous event enjoyed by all who participated, including the Ferry Crew!

Looking forward to this year, as part of the Fowey Food Week which runs from the 15 to 22 March, Polruan Ferry will be offering a delivery service throughout the week to get takeaway orders from local businesses to and from one side of the river to the other. Keep an eye on our Facebook page for more details nearer the time.

If you have a local event that you would like to advertise through our Polruan or Bodinnick Facebook pages, please let us know, we would be happy to support them. Please send the details to info@ctomsandson.co.uk



March for Bomber progressing via Jenack

C Toms and Son Ltd

Toms Yard, East Street
Polruan PL23 1PB
info@ctomsandson.co.uk



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Polruan Theatre Club Presents

Puss in Boots



A new pantomime written and directed by Tony Cottrell

***18th, 20th, 21st and 22nd February 2025
at 7:30pm in Polruan Village Hall***

***Tickets Adult £9.50 Child £4.50 from 01726 870666
and the Reading Room (17-21 February)***

Further information polruantheatreclub.co.uk

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